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INTRODUCTION

This directory is a listing of resources for youth in Faribault and Martin counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College Sara Carrigan, South Central WorkForce Council Sarah Longtin, South Central WorkForce Council Margy Hendrickson, Minnesota Valley Action Council Christine Hendrickson, Vocational Rehabilitation Services Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

For more information on child care contact:

Families First of Minnesota

Region 9 Office

424 North Riverfront Dr., Suite 310

Applicate ANN 5 (201)

Www.familiesfirstmn.org

Mankato, MN 56001

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Health & Human Services of Faribault & Martin Counties 507-526-3265 412 N. Nicollet Blue Earth, MN 56013

Health & Human Services of Faribault & Martin Counties 507-238-4757 115 W. 1st Street Fairmont, MN 56031

Help Me Grow Program	1-866-693-4769 www.helpmegrowmn.org
Ivy House	507-354-7626
New Ulm, MN 56073	Crisis Line 507-766-6925 ivyhousemn.org
Options Pregnancy Center	General 507-238-233 0
322 E. Blue Earth Avenue	24/7 Hotline 800-712-4357
Fairmont, MN 56031	
Parent Aware	888-291-9811
	www.parentaware.org
Child Care — Centers	
Building Blocks Learning Center & Child	Care 507-235-5021

Little Giants

425 South Grove Blue Earth, MN 56013 507-526-5554

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling - Autism

Autism Society of Minnesota	651-647-1083 https://ausm.org
Caravel Autism Health 1720 Bassett Drive Mankato, MN 56001	507-565-0150
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Fraser	612-767-7222 www.fraser.org
M Nelson Psychological Counseling 100 Warren St., Suite 331 Mankato, MN 56001	507-625-4442
Minnesota Autism Center (MAC) - New Ulm 11 N Minnesota Street New Ulm, MN 56073	952-767-4200

Minnesota Autism Center (MAC) - North Mankato 2101 Rolling Green Lane North Mankato, MN 56003	952-767-4200
River Oaks Counseling Services 931 Madison Ave Mankato, MN 56001	507-351-5185
Serenity Family Counseling LLC 210 20th South St. New Ulm, MN 56073	507-338-5600 507-616-0273

Counseling - Chemical Dependency

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Addiction Recovery Technologies House of Hope 12 Civic Center Plaza, Suite 2116 Mankato, MN 56001	507-345-4670 houseofhopemn.com
Adult, Child and Family Services, LLC 411 South Grove Street, Suite 3 Blue Earth, MN 56013	507-387-3777
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898

Hazelden Betty Ford Foundation Youth 24-Hour Line 1-855-665-6746 Family Access Coordinator 1-833-653-9334 www.hazeldenbettyford.org

Health & Human Services of Faribault & Martin Counties 507-526-3265 412 N Nicollet Blue Earth, MN 56013 Health & Human Services of Faribault & Martin Counties 507-238-4757 115 W. 1st Street Fairmont, MN 56031 Mayo Clinic Health System - Fountain Centers 507-377-6411 408 W Fountain Street 1-800-533-1616 Albert Lea, MN 56007 Mayo Clinic Health System - Fountain Centers 507-238-4382 828 N. North Avenue Fairmont, MN 56031 Recovery in Motion 507-432-9740 1100 Indus St

Fairmont, MN 56031
Stages of Change Center, LLC
507-519-2285

100 Warren Street Suite 300-132 Mankato, MN 56001

Counseling — Domestic Abuse/Sexual Assault

Committee Against Domestic Abuse - CADA100 Stadium Court
507-625-8688
Crisis Line 1-800-477-0466

Mankato, MN 56001 Text Line **507-233-4200**

Martin County Victim/Witness Program

507-238-3209

201 Lake Avenue MN 24-Hour Crime Victim Support Line **866-385-2699**

Security Building Room 245 Fairmont, MN 56031

Stages of Change Center, LLC

507-519-2285

100 Warren Street Suite 300-132

Mankato, MN 56001

Counseling - Financial

Lutheran Social Service of Minnesota710 S. 2nd Street

The Reach **507-381-6670**Youth **507-381-6670**

Mankato, MN 56001 Financial Counseling 888-577-2227

University of MN Extension-Regional Regional Office 507-258-8725

1961 Premier Drive, Suite 110 Connect with Extension 612-624-1222

Mankato, MN 56001 rcmankato@umn.edu

https://extension.umn.edu/home-and-financial-management

Counseling - Gambling

Lutheran Social Service of Minnesota710 S. 2nd Street

The Reach **507-381-6670**Youth **507-381-6670**

Mankato, MN 56001 Financial Counseling 888-577-2227

Minnesota Gambling Hotline 1-800-333-HOPE

Counseling - Legal

Faribault County Attorney 125 W 2nd St Blue Earth, MN 56013	507-526-4564
Immigrant Law Center of Minnesota	Intake Line 1-800-223-1368 Detention Intake 651-641-1011 www.ilcm.org
Martin County Attorney 123 Downtown Plaza Fairmont, MN 56031	507-238-1594
Martin County Victim/Witness Program 201 Lake Avenue MN 24-Hour Crime Security Building Room 245 Fairmont, MN 56031	n 507-238-3209 e Victim Support Line 866-385-2699
•	sability Law Center 1-800-292-4150 Intake Line 1-877-696-6529 aid.org/about/our-work/disability-law
Southern MN Regional Legal Services 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	507-396-6815 1-888-575-2954
Volunteer Lawyers Network (VLN) 600 Nicollet Mall Suite 390A Minneapolis, MN 55402	612-752-6655 www.vlnmn.org

Counseling - LGBTQIA+ Support

CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Planned Parenthood 340 Stadium Road Suite 400 Mankato, MN 56001	507-387-5581 1-800-230-7526 MN Telehealth 833-738-1829
Pride Counseling Services 110 E Walnut St. Mankato, MN 56001	507-246-2667
River Oaks Counseling Services 931 Madison Ave Mankato, MN 56001	507-351-5185
Counseling — Mental Healt	h Services
Adult, Child and Family Services, LLC 411 South Grove Street, Suite 3 Blue Earth, MN 56013	507-387-3777
ASC Psychological Services 11 Civic Center Plaza, Suite 205 Mankato, MN 56001	507-345-4679

Bonnie-Lyn II Mental Health Clinic 112 W. 1st Street, Suite 103 Fairmont, MN 56031	507-235-8807
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Christian Family Solutions Telehealth is	800-438-1772 available
Eunoia Family Resource Center 1420 N. State Street Fairmont, MN 56031	507-235-6070 1-855-935-6463
	Youth 24-Hour Line 1-855-665-6746 Access Coordinator 1-833-653-9334 www.hazeldenbettyford.org
Health & Human Services of Faribaul 412 N. Nicollet Blue Earth, MN 56013	t & Martin Counties 507-526-3265
Health & Human Services of Faribaul 115 W. 1st Street Fairmont, MN 56031	t & Martin Counties 507-238-4757
Lutheran Social Service of Minnesota 710 S. 2nd Street Mankato, MN 56001	The Reach 507-381-6670 Youth 507-381-6670 Financial Counseling 888-577-2227

M Nelson Psychological Counselin 100 Warren St., Suite 331 Mankato, MN 56001	ng 507-625-4442
Mayo Clinic Health System - Fairn 800 Medical Center Drive Fairmont, MN 56031	nont General 507-238-8100 Toll-Free 1-800-234-6141 Psychiatry & Psychology 507-594-2540
Open Door Health Center 309 Holly Lane Mankato, MN 56001	Appointments 507-388-2120
River Oaks Counseling Services 931 Madison Ave Mankato, MN 56001	507-351-5185
Serenity Family Counseling LLC 210 20th South St. New Ulm, MN 56073	507-338-5600 507-616-0273
South Central Crisis Center & Mok Horizon Homes, Inc. 825 S Front St Mankato, MN 56001	oile Team General 507-344-3360 Warm/Crisis Line 1-877-399-3040
Stages of Change Center, LLC 100 Warren Street Suite 300-132 Mankato, MN 56001	507-519-2285
United Hospital District 1950 Center Creek Drive Fairmont, MN 56031	507-238-1287
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Counseling - Pregnancy/Parenting

Birthright	National Hotline	e 1-800-550-4900
Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001		507-387-5586
Early Childhood Family Education	- Blue Earth	507-526-5552
Early Childhood Family Education	– Fairmont	507-235-6205
Family Services Collaborative of Fa Counties 115 W. 1st Street Fairmont, MN 56031	ribault & Martin	507-238-4757
Help Me Grow Program	www.h	1-866-693-4769 elpmegrowmn.org
Lutheran Social Service of Minneso 710 S. 2nd Street Mankato, MN 56001	You	nch 507-381-6670 uth 507-381-6670 ng 888-577-2227
Options Pregnancy Center 322 E. Blue Earth Avenue Fairmont, MN 56031		ral 507-238-2330 ine 800-712-4357
Planned Parenthood 340 Stadium Road Suite 400 Mankato, MN 56001	MN Telehea	507-387-5581 1-800-230-7526 lth 833-738-1829

Teenage Pregnancy & Parenting Program (TAPP)	507-387-3047
110 Fulton St.	

Mankato, MN 56001

Alcoholics Anonymous MN meeting locator	aaminnesota.org
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South Central Crisis Center & Mobile Team General 507-344-3360
Horizon Homes, Inc. Warm/Crisis Line 1-877-399-3040

825 S Front St

Mankato, MN 56001

Yellow Ribbon Suicide Prevention For immediate crisis, call or text: 988

National Crisis Line **1-800-273-8255**

Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

Autism Society of Minnesota	651-647-1083	
	aaminnesota.org	
Alcoholics Anonymous	National Hotline 844-915-3341	

https://ausm.org

Codependents Anonymous

National Line 888-444-2359

www.coda.org

www.minncoda.org

Committee Against Domestic Abuse - CADA

507-625-8688

100 Stadium Court Mankato, MN 56001 Crisis Line 1-800-477-0466 Text Line 507-233-4200

Journeys Life Groups

507-388-1766

Hosanna Church

Journeys@hosanna.church

105 Hosanna Drive

Mankato, MN 56001

Support groups for recovery, divorce, grief, mental health, caregivers, and more.

Life-Work Planning Center

507-345-1577

127 S. 2nd St., Suite 210

1-800-369-5166

Mankato, MN 56001

Women in transition - personal growth & career development

Mayo Clinic Health System Support Groups

General 507-238-8100 Cancer Support Group 507-238-8515

800 Medical Center Drive

Diabetes Support **507-238-8500**

Fairmont, MN 56031

General 507-625-4031

Support Groups Mankato, MN 56001

Cancer Support Group **507-594-2929**

Minnesota Brain Injury Force

Mayo Clinic Health System

507-228-8161

www.mnbif.org

NAMI	Local 651-645-2948
National Alliance on Mental Illness	Toll-Free 1-888-626-4435
National Amarice on Mental Inness	
	Helpline 651-645-2948 Ext. 117
	www.namimn.org
Serenity Family Counseling LLC	507-338-5600
210 20th South St.	507-616-0273
New Ulm, MN 56073	
The Arc Minnesota	Mankato Office 507-345-4223
501 S. 2nd St.	Regional Toll-Free 866-502-4082
Mankato, MN 56001	Statewide 833-450-1494
United Hospital - United Hands Hospic Grief Support Group	e 507-526-7970

DISABILITY SERVICES

125 S. Main St. Blue Earth, MN 56013

The Center for Advancing Policy on Employment for Youth has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

- 1. School-Based Preparatory Experiences
- 2. Career Preparation and Work Based Learning Experiences
- 3. Youth Development in Leadership

- 4. Connecting Activities
- 5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas

For more information on disability services contact:

School-Based Preparatory Experiences

Secondary

Southern Plains Education Cooperative	507-238-1472

Post-Secondary

Dathamy Lythaway Callana	Adminsions 507 244 7000
Bethany Lutheran College	Admissions 507-344-7000
	Disability Services 507-344-7730
Gustavus Adolphus College	Admissions 507-933-8000
. •	Disability Services 507-933-7227
Iowa Lakes Community College	Admissions 800-242-5106
, ,	Estherville 712-362-2601
Accomodatio	ns & Disability Services 712-362-7990

Admissions 507-389-1822 Minnesota State University - Mankato Accessibility Resources 507-389-2825 MN West Technical College Admissions 800-658-2330 Accessibility & Disability Services 507-847-7970 Rasmussen University Mankato 507-625-6556 General 888-754-5781 Campus Accommodations Coordinator 507-625-6556 South Central College-North Mankato 507-389-7200 Academic Support Center 507-389-7222 South Central College-Faribault 507-332-5800 Academic Support Center 507-332-5847

Career Preparation and Work Based Learning Experiences

Connecting Activities

LEEP - Leisure Education for Exceptional People
1315 Stadium Rd., Suite 101
Mankato, MN 56001
507-387-5122

Family Involvement and Supports

 AmeriCare Mobility Van
 507-625-6741

 307 Pine Street
 1-800-963-7233

Mankato, MN 56001

Non-emergency medical transportation for individuals with disabilities.

Autism Society of Minnesota 651-647-1083

https://ausm.org

Community Options and Resources 507-764-4612

330 1/2 Fox Lake Ave. P.O. Box 333

Sherburn, MN 56171

Disability Hub MN 1-866-333-2466

www.disabilityhubmn.org

Minnesota Disability Law Center Disability Law Center 1-800-292-4150
Intake Line 1-877-696-6529

mylegalaid.org/about/our-work/disability-law

NAMI Local 651-645-2948
National Alliance on Mental Illness Toll-Free 1-888-626-4435

Toll-Free **1-888-626-4435** Helpline **651-645-2948 Ext. 117**

response 031-043-2740 Ext. 117

www.namimn.org

PACER 952-838-9000

8161 Normandale Blvd. Minneapolis, MN 55437

DEM	507.000.0000
REM 202 Downtown Plaza Fairmont, MN 56537	507-238-9932
SMILES Center for Independent Living 301 Downtown Plaza Suite 3 Fairmont, MN 56031	507-235-3488
Social Security Administration 400 S. State St., Suite 70 Fairmont, MN 56031	1-877-405-0414
State of MN Deaf and Hard of Hearing S 12 Civic Center Plaza, Suite 1670 Mankato, MN 56001	TY 866-266-2461
State Services for the Blind 12 Civic Center Plaza, Suite 1600B Mankato, MN 56001	507-389-6070
The Arc Minnesota 501 S. 2nd St.	Mankato Office 507-345-4223 Regional Toll-Free 866-502-4082
Mankato, MN 56001	Statewide 833-450-1494

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In

high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

Blue Earth Area High School	507-526-3201
Fairmont High School	507-238-4411
Genesis Classical Academy	507-893-3600
Granada Huntley-East Chain High School	507-447-2211
Martin County West High School	507-764-4661
Martin Luther High School	507-436-5249
Southern Plains Education Cooperative	507-238-1472
Truman High School	507-776-2111
United South Central High School	507-553-5819

Post-Secondary Schools

Bethany Lutheran College	Admissions 507-344-7000 Disability Services 507-344-7730
Gustavus Adolphus College	Admissions 507-933-8000 Disability Services 507-933-7227
lowa Lakes Community College Accomodations &	Admissions 800-242-5106 Estherville 712-362-260 1 Disability Services 712-362-799 0
Martin Luther College	Admissions 507-354-822 1
Minnesota State University - Mankato Acc	Admissions 507-389-1822 essibility Resources 507-389-2825
MN West Technical College Accessibility &	Admissions 800-658-2330 Disability Services 507-847-7970
Rasmussen University Campus Accommod	Mankato 507-625-6556 General 888-754-578 1 dations Coordinator 507-625-655 6
Riverland Community College	Albert Lea 507-379-3300 Austin 507-433-0600 Owatonna 507-455-5880
South Central College-North Mankato Acade	507-389-7200 mic Support Center 507-389-7222

South Central College-Faribault		507-332-5800
	Academic Support Center	507-332-5847
Community Education		
Adult Basic Education/GED - Blue	Earth	507-526-3172
Blue Earth Community Education 315 E 6th St. Blue Earth, MN 56013		507-526-3172
Fairmont Community Education		507-235-3141
Granada Huntley-East Chain Com	munity Education	507-447-2211
Lincoln Community Center (GED T	esting)	507-345-5222
Martin County West Community E	ducation	507-764-2336
Truman Community Education		507-776-2111
United South Central Community	Education	507-553-5823
Educational Instruction		
Mathnasium 521 Hope St.		507-345-3276

Mankato, MN 56001

Head Start

MN Valley Action Council - Faribault Co. Headstart 17 1st Avenue SW Wells, MN 56097	507-995-8717
MN Valley Action Council - Martin Co. Headstart 303 South Lake Street PO Box 338 Sherburn, MN 56171	507-764-6955
MN Valley Action Council - Faribault Co. Headstart 301 N. Main Street Blue Earth, MN 56013	507-357-4246
MN Valley Action Council - Martin Co. Headstart 625 Johnson Street Fairmont, MN 56031	507-508-9307

Job Corps

Humphrey Job Corps Center	651-642-1133
1480 N. Snelling Avenue	1-800-733-5627
St. Paul, MN 55108	

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn. com). To see available jobs go to minnesotaworks.net.

For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
CareerForce in Mankato	507-344-2622
12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	

CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
Life-Work Planning Center 127 S. 2nd St., Suite 210 Mankato, MN 56001 Women in transition - personal growth & career develo	507-345-1577 1-800-369-5166 pment
MN Valley Action Council - Faribault Co 301 N. Main Street Blue Earth, MN 56013 Must be income eligible for some programs.	507-526-5291
MN Valley Action Council - Martin Co 820 Winnebago Ave. Suite 3 Fairmont, MN 56031 Must be income eligible for some programs.	507-238-1663
Staffing Agencies	
Aerotek 921 Madison Ave, Suite 101 Mankato, MN 56001	507-601-5046
Aventure 209 Downtown Plaza Fairmont, MN 56031	507-399-2027

Doherty Staffing Solutions 1400 E. Madison Ave., Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
Jeane Thorne 1600 E Madison Ave., Suite 104 Mankato, MN 56001	507-625-8800
Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 624 N. Victory Dr. Mankato, MN 56001	507-229-0300
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246
Volt Workforce Solutions New Ulm, MN 56073	651-435-8132

FOOD & NUTRITION

Fairmont Salvation Army

Blue Earth, MN 56013

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

303 Downtown Plz	
Fairmont, MN 56031	
Serves people in crisis, providing basic needs.	
Fare for All Food & Resource Exchange	763-450-3860
•	1-800-582-4291
Faribault County Food Shelf	507-526-7222
415 South Grove St. Suite 6 1/2	

507-238-9797

Health & Human Services of Faribault & Martin Counties 507-526-3265 412 N. Nicollet Blue Earth, MN 56013

Health & Human Services of Faribault & Martin Counties 507-238-4757 115 W. 1st Street Fairmont, MN 56031

Heaven's Table Food Shelf 507-238-5424 909 Winnebago Ave. heavenstable.org Fairmont, MN 56031 Tues & Thurs 5-7PM & Sat 9-11AM Heaven's Table Food Shelf 507-238-5424 106 N Prairie St heavenstable.org Sherburn, MN 56171 Open 3 days per month **Hope Shop** 507-235-5535 St. John Vianney 901 S Prairie Ave Fairmont, MN 56031 Mon. 4-6PM & Fri. 10AM-1PM Fast Chain 507-773-4404 Ruby's Pantry Ruby's Pantry 651-674-0009 East Chain Evangelical Church 507 280th Avenue Granada, MN 56039 Ruby's Pantry RWC 507-764-7491 Regional Worship Center (RWC) Ruby's Pantry 651-674-0009 2 Crossroads Drive rubysherburnrwc@gmail.com

Salvation Army - Southeastern Extension

Sherburn, MN 56171

Service Area Manager 651-746-3566

Services vary from county to county

Salvation Army - Southwestern Extension	Service Area Manager 507-258-3923	
Services vary from county to county		
The Shepherd's In Soup Kitchen 105 E 4th St Fairmont, MN 56031	507-236-5362 theshephersin@gmail.com	
University of MN Extension-Region 1961 Premier Drive, Suite 110 Mankato, MN 56001 https://extens	nal Regional Office 507-258-8725 Connect with Extension 612-624-1222 rcmankato@umn.edu sion.umn.edu/food-health-and-nutrition	
Wells Area Food Shelf 10 1st Ave SW Wells, MN 56097	507-525-2193	
Winnebago Food Shelf First Presbyterian Church of Winneba 127 Main Street North Winnebago, MN 56098	507-893-3197 go	
Women, Infants & Children - Fariba 412 North Nicollet Blue Earth, MN 56013	ault Co 507-526-3265	
Women, Infants & Children - Marti 115 West First Street Fairmont, MN 56031	n Co 507-238-4757	

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Health & Human Services of Faribault & Martin Counties 507-526-3265 412 N. Nicollet Blue Earth, MN 56013

Health & Human Services of Faribault & Martin Counties 507-238-4757 115 W. 1st Street Fairmont, MN 56031

Medical Clinics/Hospitals

Center for Primary Care – Fairmont	507-238-9533
717 S. State Street Suite 800	888-974-6636
Fairmont, MN 56031	24/7 Hotline 507-779-9634
Center for Specialty & Primary Care - Blu-	e Earth 507-526-5191
435 S. Grove St. Suite 3	888-974-6636
Blue Earth, MN 56013	24/7 Hotline 507-779-9634
Center for Specialty Care – Fairmont	507-238-4949
717 S. State St. Suite 900	888-974-6636
Fairmont, MN 56031	24/7 Hotline 507-779-9634
Cornerstone Clinic	507-399-2100
410 Downtown Plaza	
Fairmont, MN 56031	
Madelia Health - Truman Clinic	507-776-8783
401 N 4th Ave. E.	
Truman, MN 56088	
	/ 4044
Mankato Clinic - Main Street	507-625-1811
1230 E. Main Street	
Mankato, MN 56001	

Mayo Clinic Health System - Blue Earth 411 S. Grove St., Suite 3 Blue Earth, MN 56013	507-526-4642
Mayo Clinic Health System - Fairmont 800 Medical Center Drive Fairmont, MN 56031 Psychiatr	General 507-238-8100 Toll-Free 1-800-234-6141 ry & Psychology 507-594-2540
Mayo Clinic Health System - Hospital & Clir 1025 Marsh Street Mankato, MN 56001	nic 507-625-4031 1-800-327-3721 1-877-412-7575
Mayo Clinic Health System – Sherburn Mobile Health Clinic on Mondays and Wednes 21 E 1st. Street Sherburn, MN 56171	507-238-8500 idays
Mayo Clinic Health System - Wells 301 S. Broadway Wells, MN 56097	507-553-6341
Open Door Health Center 309 Holly Lane Mankato, MN 56001	Appointments 507-388-2120
United Hospital District 515 S. Moore St. Blue Earth, MN 56013	Clinic 507-526-7388 Hospital 507-526-327 3

United Hospital District 1950 Center Creek Drive Fairmont, MN 56031	507-238-1287
United Hospital District Clinic 55 First Street SE Wells, MN 56097	507-553-6550
United Hospital District Clinic 1 Main St. N. Winnebago, MN 56098	507-893-3399

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

Habitat for Humanity

507-388-6682

Mankato Restore

1730 Bassett Drive

Mankato, MN 56001

Home improvement outlet with builiding supplies open to the public.

Lutheran Social Service of Minnesota

The Reach **507-381-6670** Youth **507-381-6670**

710 S. 2nd Street Mankato, MN 56001

Financial Counseling 888-577-2227

Minnesota Housing Finance Agency

651-296-7608

https://mnhousing.gov/

MN Valley Action Council - Faribault Co

507-526-5291

301 N. Main Street Blue Earth, MN 56013

Must be income eligible for some programs.

MN Valley Action Council - Martin Co

507-238-1663

820 Winnebago Ave. Suite 3

Fairmont, MN 56031

Must be income eligible for some programs.

Partners for Housing

507-387-2115

514 South Riverfront Drive Mankato, MN 56001

Transitional housing

Salvation Army - Southeastern	Service Area Manager 651-746-3566
Extension	

Services vary from county to county

Salvation Army - Southwestern Service Area Manager **507-258-3923** Extension

Services vary from county to county

Section 8 Rental Assistance - Faribault Co. MVAC Office 507-526-5291 Minnesota Valley Action Council General 1-800-767-7139 301 N. Main Street

Blue Earth, MN 56013

South Central MN Multi-County HRA 507-345-1977 422 Belgrade Ave. Suite 102 1-800-733-9564 North Mankato, MN 56003

Rochester, MN 507-252-0849 Two Rivers Habitat for Humanity General Ouestions 507-361-4012

www.tworivershabitat.org/homeownershipapp

LIBR ARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Blue Earth Community Library 124 W. 7th Street Blue Earth, MN 56013	507-526-5012
Elmore Public Library 107 E. Willis St. Elmore, MN 56027	507-943-3150
Martin County Library: Fairmont 110 N. Park Street Fairmont, MN 56031	507-238-4207
Sherburn Public Library 27 N. Main Street Sherburn, MN 56171	507-764-7611
Trimont Public Library 190 Main Street W. Trimont, MN 56176	507-639-2571
Truman Public Library 101 E. Ciro Street Truman, MN 56088	507-776-2717
Wells Public Library 54 1st Street SW Wells, MN 56097	507-553-3702
Winnebago Muir Library 36 N. Main Street Winnebago, MN 56098	507-893-3196

Library Systems

SMILE Library System	507-625-7555
Traverse Des Sioux Library System	833-837-5422

RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

Blue Earth Community Education 315 E 6th St. Blue Earth, MN 56013	507-526-3172
Blue Earth Gymnastics Center Inc.	507-317-4833
515 W. 1st St.	
Blue Earth, MN 56013	

Blue Earth Pool 111 W. 14th St. Blue Earth, MN 56013	Pool 507-526-2715 Office 507-526-3376
Bowlmor Lanes 617 S. State Street Fairmont, MN 56031	507-235-5719
Cutting Edge Fitness Center 1130 Spruce Street Fairmont, MN 56031	507-238-2966
Fairmont Aquatic Park 1400 S. Prairie Avenue Fairmont, MN 56031	507-238-9292
Fairmont Community Education	507-235-3141
Fairmont Community Theater 45 Downtown Plaza Fairmont, MN 56031	507-238-4900
Faribault Co. Fitness Center 320 White Oak Road Blue Earth, MN 56013	507-526-3376
Flame Theatre 125 S. Broadway Wells, MN 56097	507-553-5713

LEEP - Leisure Education for Exceptional People 1315 Stadium Rd., Suite 101 Mankato, MN 56001	507-387-5122
Live Fit Sport & Wellness Center 1215 N State St. Suite 2 Fairmont , MN 56031	507-399-2049
Lucky Lanes 37 First Avenue SE Winnebago, MN 56098	507-893-4311
Martin County Ice Arena Martin County Fairgrounds 1300 N Bixby Road Fairmont, MN 56031	507-238-1995
Sherburn MX Park 1010 70th Avenue Sherburn, MN 56171	507-236-4900
Sherburn Theatre 116 N. Main Street Sherburn, MN 56171	507-847-4360
The Lighthouse - Martin Co. Youth For Christ 213 Downtown Plaza Fairmont, MN 56031	507-235-6016

United South Central Community Education	507-553-5823
Truman, MN 56088	
302 N. 2nd Ave. E	
Truman Pool	507-776-8561

Additional information can also be found on school district and chamber of commerce websites.

THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

Garage Sale Store 1119 Lake Ave.	507-236-8811
Fairmont, MN 56031	
Giddy Up Boutique	507-236-1977
ciady op bodilque	307-230-1777
105 Downtown Plaza	307-230-1777

Habitat for Humanity	507-388-6682
Mankato Restore	
1730 Bassett Drive	
Mankato, MN 56001	
Home improvement outlet with builiding	g supplies open to the public.
R & M Deals	507-525-7614
28 W. Franklin St.	
Wells, MN 56097	
The Clothes Closet	507-553-2040
	507-555-2040
112 S Broadway	
Wells, MN 56097	
Treasure Chest	507-526-2017
107 N. Main St.	
Blue Earth, MN 56013	
Twelve Baskets Re-Sale	507-235-6195
210 Downtown Plaza	
Fairmont, MN 56031	
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TRANSPORTATION

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A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's Education

Chain of Lakes Driver's Training	Brad Johnson 507-236-9382
Fairmont, MN 56031	Jared Thompson 507-236-9323

Driver & Vehicle Services

Midwest Driving School

25258 621ct Ava

Minnesota Department of Public Safety

https://dps.mn.gov/divisions/dvs/license-and-id/driver-education List of public, private, and community education driver's education programs available.

Gibbon, MN 55335	https://mwdschool.net/
Safety & Respect Driving School LLC	507-382-8986
1961 Premier Dr. Suite 267	info@safetyandrespectmn.com
Mankato, MN 56001	https://www.safetyandrespectmn.com/

Driver's License Road & Knowledge Test Sites

	3
Driver's License Exam Station	507-526-6234
415 S Grove St.	651-201-7900
Blue Earth, MN 56013	
Driver's License Exam Station	507-238-3222
282 S State St. Suite 280	651-201-7900
Fairmont, MN 56031	

612-709-2226

midwectdrivingmn@amail.com

Drivers with Disabilities

Adaptive Experts 651-324-0791

4807 Kings Crossing N www.adaptiveexperts.com
Brooklyn Park, MN 55443

Driver Evaluation and Training for People with Disabilities

Safety & Respect Driving School LLC 507-382-8986

1961 Premier Dr. Suite 267 info@safetyandrespectmn.com Mankato, MN 56001 https://www.safetyandrespectmn.com/

Transportation Services

AmeriCare Mobility Van 507-625-6741

307 Pine Street 1-800-963-7233

Mankato, MN 56001

Non-emergency medical transportation for individuals with disabilities.

FAST Ride Share LLC 507-236-1242

Ride share and non-emergency medical transportation in Fairmont and Mankato.

National Run Away Safeline	1-800-RUN-AWAY
Must be youth initiated between the ages 12-20	1-800-786-2929
Prairie Lakes Transit	507-235-5558
Serves Faribault and Martin Counties.	1-800-382-7433

Royalty Rides 507-848-3748

Provides transportation for special events in the Fairmont area.

Salvation Army - Southeastern Service Area Manager 651-746-3566
Extension

Services vary from county to county

Salvation Army - Southwestern Service Area Manager 507-258-3923
Extension

Services vary from county to county

Wheel Get There - MVAC

Sells personal vehicles to low-income people at a discount.

507-345-0446

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H University of MN Extension - Faribault Co	507-526-6240
AgCenter Plaza	307 320 3240
435 S. Grove St. Suite 1C	
Blue Earth, MN 56013	
4-H University of MN Extension – Martin Co	507-235-3341

1300 N Bixby Rd. Fairmont, MN 56031

Girl Scouts River Valleys	1-800-845-0787
Mankato, MN 56001	
810 Madison Avenue	
Twin Valley Council	
Boy Scouts of America	507-387-3123

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Health & Human Services of Faribault & Martin Counties 507-526-3265 412 N. Nicollet

Blue Earth, MN 56013

Health & Human Services of Faribault & Martin Counties 507-238-4757 115 W 1st Street

Fairmont, MN 56031

507-387-5122 LEEP - Leisure Education for Exceptional People

1315 Stadium Rd., Suite 101 Mankato, MN 56001

Life-Work Planning Center

127 S. 2nd St., Suite 210

507-345-1577 1-800-369-5166

Mankato, MN 56001

Women in transition - personal growth & career development

Lutheran Social Service of Minnesota 710 S. 2nd Street The Reach **507-381-6670**Youth **507-381-6670**

Mankato, MN 56001

Financial Counseling 888-577-2227

MN Valley Action Council - Faribault Co

507-526-5291

301 N. Main Street Blue Earth, MN 56013

Must be income eligible for some programs.

MN Valley Action Council - Martin Co

507-238-1663

820 Winnebago Ave. Suite 3 Fairmont, MN 56031

Must be income eligible for some programs.

Salvation Army - Southeastern Extension

Service Area Manager **651-746-3566**

Services vary from county to county

Salvation Army - Southwestern Extension

Service Area Manager **507-258-3923**

Services vary from county to county

SMILES Center for Independent Living

507-235-3488

301 Downtown Plaza Suite 3 Fairmont, MN 56031

The REACH Drop-In Center	507-381-6670
Lutheran Social Service	
125 E. Liberty St. Mankato, MN 56001	
Vocational Rehabilitation Services	507-295-5894
400 S. State St., Suite 180	651-259-7366
Fairmont, MN 56031	800-328-9095





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This Directory will help you find information about:

Child Care
Counseling
Disability Services
Education
Food & Nutrition
Health Services
Counseling
Libraries
Recreation
Thrift Stores
Transportation
Youth Organizations

Scan this QR code with your smartphone to link to the youth directory online.

