



YOUTH



DIRECTORY

**FOR BROWN, SIBLEY, & WATONWAN
COUNTIES**

Table of Contents

CHILD CARE	4
COUNSELING	8
Counseling – Autism	9
Counseling – Chemical Dependency	10
Counseling – Domestic Abuse/Sexual Assault	11
Counseling – Financial	12
Counseling – Gambling	12
Counseling – Legal	13
Counseling – LGBTQIA+ Support	14
Counseling – Mental Health Services	14
Counseling – Pregnancy/Parenting	17
Counseling – Suicide Prevention	18
Counseling – Support Groups	19
DISABILITY SERVICES	21
EDUCATION	25
EMPLOYMENT	29
FOOD & NUTRITION	33
HEALTH SERVICES	36
HOUSING PROGRAMS	40
LIBRARIES	42
RECREATION AND LEISURE	45
THRIFT STORES	49
TRANSPORTATION	51
YOUTH ORGANIZATIONS	54
YOUTH SERVICES	55

INTRODUCTION

This directory is a listing of resources for youth in Brown, Sibley and Watonwan counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College
Sara Carrigan, South Central WorkForce Council
Sarah Longtin, South Central WorkForce Council
Margy Hendrickson, Minnesota Valley Action Council
Christine Hendrickson, Vocational Rehabilitation Services
Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

For more information on child care contact:

Brown County Family Services 1117 Center Street New Ulm, MN 56073	507-359-6500
Early Childhood Education – Comfrey	507-877-3491
Early Childhood Education – Gaylord	507-237-3388
Early Childhood Education – Gibbon/Fairfax/Winthrop	507-207-2236
Early Childhood Education – Madelia	507-642-3232 Ext. 1204
Early Childhood Education – New Ulm	507-233-8311
Early Childhood Education – River Bend Education District	507-359-8700

Early Childhood Education – Sleepy Eye	507-794-7904
Early Childhood Education – Springfield	507-723-4286
Early Childhood Education – St. James	507-375-4517
Families First of Minnesota	507-287-2020
Region 9 Office	800-462-1660
424 North Riverfront Dr., Suite 310	www.familiesfirstmn.org
Mankato, MN 56001	
Help Me Grow Program	1-866-693-4769
	www.helpmegrowmn.org
Ivy House	507-354-7626
New Ulm, MN 56073	Crisis Line 507-766-6925
	ivyhousemn.org
Parent Aware	888-291-9811
	www.parentaware.org
Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9965
Gaylord, MN 55334	
Watonwan County Human Services	507-375-3294
715 2nd Ave. S.	
St. James, MN 56081	

Child Care – Centers

Butterfield-Odin Public School Child Care Center 440 Hubbard Ave Butterfield, MN 56120	507-956-2771
Comfrey Public School Childcare 305 Ochre Street West Comfrey, MN 56019	507-877-3491
God's Treasures 608 Highland Drive Winthrop, MN 55396	507-647-4309
Kids Korner 609 N. Carver Winthrop, MN 55396	507-647-3575
Kids X-Cel Center 1506 7th St. N. New Ulm, MN 56073	507-354-4299
Kinder Haus 700 South Broadway St New Ulm, MN 56073	507-233-3470
Little Rascals 1924 N. Franklin New Ulm, MN 56073	507-354-1587

Little Sprouts Learning Center 500 4th Ave SW Sleepy Eye, MN 56085	507-794-8785
Martin Luther College - Early Childhood Learning Center 405 N. Highland New Ulm, MN 56073	507-233-9105
Noah's Ark Daycare 223 1st Street SE Madelia, MN 56062	507-642-3626
Shining Star Learning Center 417 High Avenue Gaylord, MN 55334	507-237-2804
St. James Community Childcare 500 3rd Ave. S St. James, MN 56081	507-375-4517
St. John's Grandkids 201 S. County Road 5 Springfield, MN 56087	507-723-3230
Stay and Play Child Care 114 N. State Street New Ulm, MN 56073	507-359-7372

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling – Autism

Autism Society of Minnesota	651-647-1083 https://ausm.org
Caravel Autism Health 1720 Bassett Drive Mankato, MN 56001	507-565-0150
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Fraser	612-767-7222 www.fraser.org
M Nelson Psychological Counseling 100 Warren St., Suite 331 Mankato, MN 56001	507-625-4442
Minnesota Autism Center (MAC) - New Ulm 11 N Minnesota Street New Ulm, MN 56073	952-767-4200

Minnesota Autism Center (MAC) - North Mankato	952-767-4200
2101 Rolling Green Lane North Mankato, MN 56003	

River Oaks Counseling Services	507-351-5185
931 Madison Ave Mankato, MN 56001	

Serenity Family Counseling LLC	507-338-5600
210 20th South St. New Ulm, MN 56073	

Counseling – Chemical Dependency

Addiction Recovery Technologies	507-345-4670
House of Hope 12 Civic Center Plaza, Suite 2116 Mankato, MN 56001	

Adult, Child and Family Services, LLC	507-387-3777
125 St. Andrews Ct., Suite 204 Mankato, MN 56001	

CARE Counseling	612-223-8898
501 N Riverfront Dr Mankato, MN 56001	

Hazelden Betty Ford Foundation Youth 24-Hour Line **1-855-665-6746**
Family Access Coordinator **1-833-653-9334**
www.hazeldenbettyford.org

Mayo Clinic Health System – Fountain Centers **507-625-3372**
101 Martin Luther King Jr. Dr.
Mankato, MN 56001

New Ulm Medical Center Main Line **507-217-5000**
1324 5th Street N. Toll Free **1-800-795-1211**
New Ulm, MN 56073 Mental Health Services **866-603-0016**

Stages of Change Center, LLC **507-519-2285**
100 Warren Street Suite 300-132
Mankato, MN 56001

Counseling – Domestic Abuse/Sexual Assault

CADA of Brown/Sibley County **507-233-6663**
5 North Minnesota St. Crisis Line **1-800-477-0466**
New Ulm, MN 56073

CADA of Watonwan County **507-375-3040**
55 8th St. S. Crisis Line **1-800-477-0466**
St. James, MN 56081

Committee Against Domestic Abuse – CADA **507-625-8688**
100 Stadium Court Crisis Line **1-800-477-0466**
Mankato, MN 56001 Text Line **507-233-4200**

Stages of Change Center, LLC
100 Warren Street Suite 300-132
Mankato, MN 56001

507-519-2285

Counseling – Financial

Lutheran Social Service of Minnesota
710 S. 2nd Street
Mankato, MN 56001

The Reach **507-381-6670**
Youth **507-381-6670**
Financial Counseling **888-577-2227**

University of MN Extension-Regional
1961 Premier Drive, Suite 110
Mankato, MN 56001

Regional Office **507-258-8725**
Connect with Extension **612-624-1222**
rcmankato@umn.edu
<https://extension.umn.edu/home-and-financial-management>

Counseling – Gambling

Lutheran Social Service of Minnesota
710 S. 2nd Street
Mankato, MN 56001

The Reach **507-381-6670**
Youth **507-381-6670**
Financial Counseling **888-577-2227**

Minnesota Gambling Hotline

1-800-333-HOPE

Counseling – Legal

Brown County Attorney

507-233-6688

1 S State St
New Ulm, MN 56073

Immigrant Law Center of Minnesota

Intake Line **1-800-223-1368**

Detention Intake **651-641-1011**

www.ilcm.org

Minnesota Disability Law Center

Disability Law Center **1-800-292-4150**

Intake Line **1-877-696-6529**

mylegalaid.org/about/our-work/disability-law

Sibley County Attorney

507-237-4144

400 Court Avenue
Gaylord, MN 55334

Southern MN Regional Legal Services

507-396-6815

12 Civic Center Plaza, Suite 3000
Mankato, MN 56001

Volunteer Lawyers Network (VLN)

612-752-6655

600 Nicollet Mall Suite 390A
Minneapolis, MN 55402

Watonwan County Attorney

507-375-3373

710 2nd Ave S
St. James, MN 56081

Counseling – LGBTQIA+ Support

CARE Counseling 612-223-8898

501 N Riverfront Dr
Mankato, MN 56001

Planned Parenthood 507-387-5581

340 Stadium Road Suite 400
Mankato, MN 56001

1-800-230-7526

MN Telehealth 833-738-1829

Pride Counseling Services 507-246-2667

110 E Walnut St.
Mankato, MN 56001

River Oaks Counseling Services 507-351-5185

931 Madison Ave
Mankato, MN 56001

Counseling – Mental Health Services

Allina Health Springfield Clinic 507-723-6201

625 N. Jackson Ave.
Springfield, MN 56087

ASC Psychological Services 507-345-4679

11 Civic Center Plaza, Suite 205
Mankato, MN 56001

Brown County Family Services	507-359-6500
1117 Center Street New Ulm, MN 56073	

Christian Family Solutions	800-438-1772
<i>Telehealth is available</i>	

Eunoia Family Resource Center	507-359-2080
1226 S. Broadway New Ulm, MN 56073	

Greater MN Family Service Agency	Office 320-214-9692
2320 E. Hwy. 12, Suite Two Circle of Courage Youth Program 320-235-3664	
Willmar, MN 56201	

Hazelden Betty Ford Foundation	Youth 24-Hour Line 1-855-665-6746
	Family Access Coordinator 1-833-653-9334
	www.hazeldenbettyford.org

Leo A. Hoffmann Center, Inc.	507-484-2400
1407 S State St New Ulm, MN 56073	

Life Dimensions	507-375-5688
116 7th Street S. St. James, MN 56081	

Lutheran Social Service of Minnesota	The Reach 507-381-6670
710 S. 2nd Street	Youth 507-381-6670
Mankato, MN 56001	Financial Counseling 888-577-2227

Mankato Psychology Clinic	507-387-1350
209 S. Second Street, Suite 306 Mankato, MN 56001	

MN Mental Health Services	507-720-0464
530 N Riverfront Dr. Suite 230 Mankato, MN 56001	

New Ulm Medical Center	Main Line 507-217-5000
1324 5th Street N.	Toll Free 1-800-795-1211
New Ulm, MN 56073	Mental Health Services 866-603-0016

Open Door Health Center	Appointments 507-388-2120
309 Holly Lane Mankato, MN 56001	

Serenity Family Counseling LLC	507-338-5600
210 20th South St.	507-616-0273
New Ulm, MN 56073	

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9965
Gaylord, MN 55334	

South Central Crisis Center & Mobile Team	General 507-344-3360
Horizon Homes, Inc.	Warm/Crisis Line 1-877-399-3040
825 S Front St Mankato, MN 56001	

Counseling – Pregnancy/Parenting

Birthright	National Hotline 1-800-550-4900
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Brown County Family Services	507-359-6500
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1117 Center Street
New Ulm, MN 56073

Catholic Charities	507-387-5586
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201 N. Broad St., Suite 100
Mankato, MN 56001

Early Childhood Family Education – Gaylord/Arlington	507-237-3367
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Early Childhood Family Education – Gibbon/Fairfax/Winthrop	507-207-2236
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Early Childhood Family Education – Madelia	507-642-3232 Ext. 1204
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Early Childhood Family Education – New Ulm	507-233-8308
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Early Childhood Family Education – St. James	507-375-4517
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First Choice Pregnancy Service	Office 507-359-9800
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1223 S. Broadway New Ulm, MN 56073	Text 507-766-5300
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Help Me Grow Program	1-866-693-4769
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www.helpmegrowmn.org

Lutheran Social Service of Minnesota	The Reach 507-381-6670
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710 S. 2nd Street	Youth 507-381-6670
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Mankato, MN 56001	Financial Counseling 888-577-2227
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Planned Parenthood	507-387-5581
340 Stadium Road Suite 400	1-800-230-7526
Mankato, MN 56001	MN Telehealth 833-738-1829

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9965
Gaylord, MN 55334	

Teenage Pregnancy & Parenting Program (TAPP)	507-387-3047
110 Fulton St.	
Mankato, MN 56001	

Watonwan County Public Health	507-375-3294
715 Second Ave. S	
St. James, MN 56081	

Counseling – Suicide Prevention

Alcoholics Anonymous MN meeting locator	aaminnesota.org
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South Central Crisis Center & Mobile Team	General 507-344-3360
Horizon Homes, Inc.	Warm/Crisis Line 1-877-399-3040
825 S Front St	
Mankato, MN 56001	

Yellow Ribbon Suicide Prevention	For immediate crisis, call or text: 988
	National Crisis Line 1-800-273-8255

Counseling – Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous

National Hotline **844-915-3341**
aaminnesota.org

Autism Society of Minnesota

651-647-1083
<https://ausm.org>

CADA of Brown/Sibley County

5 North Minnesota St.
New Ulm, MN 56073

507-233-6663
Crisis Line **1-800-477-0466**

CADA of Watonwan County

55 8th St. S.
St. James, MN 56081

507-375-3040
Crisis Line **1-800-477-0466**

Codependents Anonymous

National Line **888-444-2359**
www.coda.org

www.minncoda.org

Committee Against Domestic Abuse – CADA

100 Stadium Court
Mankato, MN 56001

507-625-8688
Crisis Line **1-800-477-0466**
Text Line **507-233-4200**

Compassionate Friends

Redeemer Church
700 South Broadway
New Ulm, MN 56073

507-233-3470
tcfsouthcentralmn@gmail.com
tcf-sc-mn.org

Bereaved parents, siblings, grandparents and other family members

Journeys Life Groups

Hosanna Church
105 Hosanna Drive
Mankato, MN 56001

507-388-1766

Journeys@hosanna.church

Support groups for recovery, divorce, grief, mental health, caregivers, and more.

Life-Work Planning Center

127 S. 2nd St., Suite 210
Mankato, MN 56001

507-345-1577**1-800-369-5166**

Women in transition - personal growth & career development

Mayo Clinic Health System

Support Groups
Mankato, MN 56001

General 507-625-4031**Cancer Support Group 507-594-2929**

Minnesota Brain Injury Force**507-228-8161**

www.mnbif.org

NAMI

National Alliance on Mental Illness

Local 651-645-2948**Toll-Free 1-888-626-4435****Helpline 651-645-2948 Ext. 117**

www.namimn.org

New Ulm Medical Center

1324 5th Street N.
New Ulm, MN 56073

Main Line 507-217-5000**Toll Free 1-800-795-1211****Mental Health Services 866-603-0016**

Serenity Family Counseling LLC

210 20th South St.
New Ulm, MN 56073

507-338-5600**507-616-0273**

The Arc Minnesota
501 S. 2nd St.
Mankato, MN 56001

Mankato Office **507-345-4223**
Regional Toll-Free **866-502-4082**
Statewide **833-450-1494**

DISABILITY SERVICES

The Center for Advancing Policy on Employment for Youth has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

1. School-Based Preparatory Experiences
2. Career Preparation and Work Based Learning Experiences
3. Youth Development in Leadership
4. Connecting Activities
5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

For more information on disability services contact:

School-Based Preparatory Experiences

Secondary

Minnesota Valley Education District (MVED)

507-934-5420

River Bend Education District**507-359-8700**

Post-Secondary

Bethany Lutheran CollegeAdmissions **507-344-7000**
Disability Services **507-344-7730**

Gustavus Adolphus CollegeAdmissions **507-933-8000**
Disability Services **507-933-7227**

Iowa Lakes Community CollegeAdmissions **800-242-5106**
Estherville **712-362-2601**
Accommodations & Disability Services **712-362-7990**

Minnesota State University - MankatoAdmissions **507-389-1822**
Accessibility Resources **507-389-2825**

MN West Technical CollegeAdmissions **800-658-2330**
Accessibility & Disability Services **507-847-7970**

Rasmussen UniversityMankato **507-625-6556**
General **888-754-5781**
Campus Accommodations Coordinator **507-625-6556**

South Central College-North Mankato**507-389-7200**
Academic Support Center **507-389-7222**

South Central College-Faribault**507-332-5800**
Academic Support Center **507-332-5847**

Career Preparation and Work Based Learning Experiences

Connecting Activities

Adaptive Recreation Services

600 North German St
New Ulm, MN 56073

507-217-0383

arsnu@newulmtel.net

LEEP – Leisure Education for Exceptional People

1315 Stadium Rd., Suite 101
Mankato, MN 56001

507-387-5122

Family Involvement and Supports

AmeriCare Mobility Van

307 Pine Street
Mankato, MN 56001

507-625-6741

1-800-963-7233

Non-emergency medical transportation for individuals with disabilities.

Autism Society of Minnesota

651-647-1083

<https://ausm.org>

Disability Hub MN

1-866-333-2466

www.disabilityhubmn.org

Minnesota Disability Law Center

Disability Law Center **1-800-292-4150**

Intake Line **1-877-696-6529**

mylegalaid.org/about/our-work/disability-law

NAMI

National Alliance on Mental Illness

Local **651-645-2948**Toll-Free **1-888-626-4435**Helpline **651-645-2948 Ext. 117**www.namimn.org

PACER8161 Normandale Blvd.
Minneapolis, MN 55437

952-838-9000**SMILES Center for Independent Living**1618 S. Broadway
New Ulm, MN 56073

507-354-7106**Social Security Administration**12 Civic Center Plaza, Suite 1550
Mankato, MN 56001

1-877-457-1734**507-345-5389****State of MN Deaf and Hard of Hearing Services**12 Civic Center Plaza, Suite 1670
Mankato, MN 56001

507-344-2840TTY **866-266-2461****State Services for the Blind**12 Civic Center Plaza, Suite 1600B
Mankato, MN 56001

507-389-6070**The Arc Minnesota**501 S. 2nd St.
Mankato, MN 56001

Mankato Office **507-345-4223**Regional Toll-Free **866-502-4082**Statewide **833-450-1494**

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

Butterfield High School	507-956-2771
Comfrey High School	507-877-3491
Gibbon-Fairfax-Winthrop High School	507-834-6501
Madelia High School	507-642-3232
Minnesota Valley Education District (MVED)	507-934-5420
MN New Country School	507-248-3353

MN Valley Lutheran High School	507-354-6851
New Ulm Cathedral High School	507-354-4511
New Ulm Public High School	507-233-6400
River Bend Education District	507-359-8700
Sibley East High School	507-964-8280
Sleepy Eye High School	507-794-7904
Sleepy Eye St. Mary's Catholic School	507-794-4121
Springfield High School	507-723-4288
St. James High School	507-375-3381

Post-Secondary Schools

Bethany Lutheran College	Admissions 507-344-7000 Disability Services 507-344-7730
Gustavus Adolphus College	Admissions 507-933-8000 Disability Services 507-933-7227
Iowa Lakes Community College	Admissions 800-242-5106 Estherville 712-362-2601 Accommodations & Disability Services 712-362-7990
Martin Luther College	Admissions 507-354-8221

Minnesota State University – Mankato	Admissions 507-389-1822
	Accessibility Resources 507-389-2825

MN West Technical College	Admissions 800-658-2330
	Accessibility & Disability Services 507-847-7970

Rasmussen University	Mankato 507-625-6556
	General 888-754-5781
	Campus Accommodations Coordinator 507-625-6556

Riverland Community College	Albert Lea 507-379-3300
	Austin 507-433-0600
	Owatonna 507-455-5880

South Central College–North Mankato	507-389-7200
	Academic Support Center 507-389-7222

South Central College–Faribault	507-332-5800
	Academic Support Center 507-332-5847

Community Education

Adult Basic Education/GED/ESL - St. James	507-375-4517
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Butterfield Community Education	507-956-2771
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Comfrey Community Education	507-877-3491
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GFW Community Education	507-207-2200
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Lincoln Community Center (GED Testing)	507-345-5222
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Madelia Community Education	507-642-3232 Ext. 1204
New Ulm Community Education	507-233-8307
Sibley East Community Education	507-964-2292
Sleepy Eye Community Education	507-794-7873
Springfield Community Education	507-723-4283
St. James Community Education	507-375-4517

Educational Instruction

Mathnasium 521 Hope St. Mankato, MN 56001	507-345-3276
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Head Start

MN Valley Action Council – Brown Co. Family Advocate Office 1618 South Broadway New Ulm, MN 56073	507-380-8354
MN Valley Action Council – Brown Co. Headstart 910 14th Street North New Ulm, MN 56073	507-380-8354

MN Valley Action Council – Sibley Co.**507-934-5225**

Headstart

318 4th Street

P.O. Box 705

Gaylord, MN 55334

MN Valley Action Council – Watonwan Co.**507-380-8354**

Headstart

705 2nd Avenue S.

St. James, MN 56081

Job Corps

Humphrey Job Corps Center**651-642-1133**

1480 N. Snelling Avenue

1-800-733-5627St. Paul, MN 55108

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn.com). To see available jobs go to minnesotaworks.net.

For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
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CareerForce in Mankato 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622
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CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
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Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210	1-800-369-5166
Mankato, MN 56001	

Women in transition - personal growth & career development

MN Valley Action Council – Brown Co.	507-508-4041
1618 S. Broadway, Suite 203	
New Ulm, MN 56073	

Must be income eligible for some programs.

MN Valley Action Council – Sibley Co.	507-237-2981
110 Sixth Street	
Gaylord, MN 55334	

Must be income eligible for some programs.

MN Valley Action Council – Watonwan Co	507-375-5748
705 2nd Avenue S.	1-800-767-7139
St. James, MN 56081	

Must be income eligible for some programs.

Watonwan County Employment & Training	507-375-1262
108 8th St. S., Suite 4	
St. James, MN 56081	

Staffing Agencies

Aerotek	507-601-5046
921 Madison Ave, Suite 101	
Mankato, MN 56001	

Doherty Staffing Solutions 1400 E. Madison Ave., Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
Jeane Thorne 1600 E Madison Ave., Suite 104 Mankato, MN 56001	507-625-8800
Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 210 20th South Street #119 New Ulm, MN 56073	507-413-7401
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246
Volt Workforce Solutions New Ulm, MN 56073	651-435-8132

FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Brown County Family Services	507-359-6500
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1117 Center Street
New Ulm, MN 56073

Fare for All Food & Resource Exchange	763-450-3860 1-800-582-4291
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Food for All	507-625-7228
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Goodrich Construction
1700 3rd Ave
Mankato, MN 56001

2nd Saturday of each month at 9AM

Madelia Food Shelf	507-642-8853
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423 Dill Ave SW
Madelia, MN 56062

4th Wednesday of each month 3:30-5:30PM

New Ulm Food Shelf	507-354-7668
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1305 South Valley Street
New Ulm, MN 56073

Salvation Army - Southeastern Extension	Service Area Manager 651-746-3566
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Services vary from county to county

Salvation Army - Southwestern Extension	Service Area Manager 507-258-3923
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Services vary from county to county

Second Harvest Heartland Food Bank	651-209-7980 866-844-3663
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Sibley County Food Share	507-237-5253
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111 Industrial Ave. P.O. Box 676
Gaylord, MN 55334

Sibley County Public Health and Human Services	507-237-4000 1-866-396-9965
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111 8th St.
Gaylord, MN 55334

Sleepy Eye Food Shelf	507-794-5969
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115 2nd Ave NE, PO Box 492
Sleepy Eye, MN 56085

Springfield Area Food Shelf	507-723-3663
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625 N Jackson Ave
Springfield, MN 56087

University of MN Extension-Regional	Regional Office 507-258-8725
1961 Premier Drive, Suite 110 Mankato, MN 56001	Connect with Extension 612-624-1222 rcmankato@umn.edu https://extension.umn.edu/food-health-and-nutrition

Watonwan County Food Shelf	507-375-2527
113 7th St S St. James, MN 56081	
Watonwan County Human Services	507-375-3294
715 2nd Ave. S. St. James, MN 56081	
Watonwan County Weekend Backpack Program	507-375-3325
St. James, MN 56081	
Women, Infants & Children – Brown County	507-233-6800
1117 Center Street New Ulm, MN 56073	
<i>Clinic locations available in New Ulm, Sleepy Eye, & Springfield</i>	
Women, Infants & Children – Sibley County	507-237-4000
111 8th Street Gaylord, MN 55334	
Women, Infants & Children – Watonwan County	507-375-3294
715 2nd Ave. S. St. James, MN 56081	
<i>Clinic locations available in St. James & Madelia</i>	

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Brown County Public Health Department

1117 Center Street
New Ulm, MN 56073

507-233-6820

SHIP 507-934-7221

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9965
Gaylord, MN 55334	

Watonwan County Public Health	507-375-3294
715 Second Ave. S	
St. James, MN 56081	

Medical Clinics/Hospitals

Allina Health Springfield Clinic	507-723-6201
625 N. Jackson Ave.	
Springfield, MN 56087	

Glencoe Regional Health Services	320-864-3121
1805 Hennepin Avenue N	1-888-526-4242
Glencoe, MN 55336	

Hutchinson Health	320-234-5000
1095 Hwy. 15 S.	
Hutchinson, MN 55350	

Madelia Community Hospital & Clinic	507-642-3255
121 Drew Ave SE	
Madelia, MN 56062	

Madelia Health - St. James Clinic	507-942-6475
501 1st Ave. S.	
St. James, MN 56081	

Mankato Clinic – Daniels Health Center 1901 N. Old Minnesota Ave. St. Peter, MN 56082	507-934-2325
Mankato Clinic – Lake Crystal 221 South Murphy Street Lake Crystal, MN 56055	507-726-2136
Mankato Clinic – Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811
Mayo Clinic Health System – Hospital & Clinic 1025 Marsh Street Mankato, MN 56001	507-625-4031 1-800-327-3721 1-877-412-7575
Mayo Clinic Health System – Northridge Clinic 1695 LorRay Drive North Mankato, MN 56003	507-385-5700 1-877-412-7575
Mayo Clinic Health System – St. James 1101 Moulton and Parsons Dr. St. James, MN 56081	507-375-3261 1-877-412-7575
Mayo Clinic Health System – St. Peter 1900 Sunrise Drive, Suite 200 St. Peter, MN 56082	507-931-2110 1-877-412-7575
New Ulm Medical Center 1324 5th Street N. New Ulm, MN 56073	Main Line 507-217-5000 Toll Free 1-800-795-1211 Mental Health Services 866-603-0016

Open Door Health Center 309 Holly Lane Mankato, MN 56001	Appointments 507-388-2120
Ridgeview Sibley Medical Center – Arlington Clinic & Hospital 601 W. Chandler St. Arlington, MN 55307	507-964-2271
Ridgeview Sibley Medical Center – Gaylord 660 Third Street Gaylord, MN 55334	507-237-5523
Ridgeview Sibley Medical Center – Henderson 505 Main Street, P.O. Box 97 Henderson, MN 56044	507-964-8509
Ridgeview Sibley Medical Center – Winthrop 202 County Rd. 33 Winthrop, MN 55396	507-964-8512
Rivers Edge Hospital & Clinic 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
Sleepy Eye Medical Center 400 4th Ave. NW Sleepy Eye, MN 56085	507-794-3691 1-800-794-3691

Winthrop Area Clinic
211 West Second Street
Winthrop, MN 55396

507-647-8000
1-800-795-1211

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

City of New Ulm EDA Housing
100 N. Broadway
New Ulm, MN 56073

507-359-8227

Habitat for Humanity **507-388-6682**

Mankato Restore
1730 Bassett Drive
Mankato, MN 56001

Home improvement outlet with building supplies open to the public.

Lutheran Social Service of Minnesota The Reach **507-381-6670**

710 S. 2nd Street Youth **507-381-6670**
Mankato, MN 56001 Financial Counseling **888-577-2227**

Minnesota Housing Finance Agency **651-296-7608**

<https://mnhousing.gov/>

MN Valley Action Council **1-800-767-7139**

Locations in Gaylord, New Ulm, and St. James

Must be income eligible for some programs.

NUMAS Haus **507-359-2202**

PO Box 291
New Ulm, MN 56073

Partners for Housing **507-387-2115**

514 South Riverfront Drive
Mankato, MN 56001

Transitional housing

Salvation Army - Southeastern Extension Service Area Manager **651-746-3566**

Services vary from county to county

**Salvation Army - Southwestern
Extension**

Service Area Manager **507-258-3923**

Services vary from county to county

South Central MN Multi-County HRA

507-345-1977

422 Belgrade Ave. Suite 102

1-800-733-9564

North Mankato, MN 56003

Two Rivers Habitat for Humanity

Rochester, MN **507-252-0849**

General Questions **507-361-4012**

www.tworivershabitat.org/homeownershipapp

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Arlington Public Library

507-964-2490

321 W. Main Street

Arlington, MN 55307

Butterfield Public Library

507-956-2361

111 Second Street N

Butterfield, MN 56120

Comfrey Community Library 306 Brown Street West Comfrey, MN 56019	507-877-6600
Darfur Public Library 200 N. Adrian Street Darfur, MN 56022	507-877-5010
Dyckman Free Library 345 Main Street W. Sleepy Eye, MN 56085	507-794-7655
Gaylord Public Library 428 Main Avenue Gaylord, MN 55334	507-237-2280
Gibbon Public Library 1050 Adams Library Gibbon, MN 55335	507-834-6640
Hanska Community Library 201 Broadway P.O. Box 91 Hanska, MN 56041	507-439-7323
Henderson Public Library 110 S. 6th Street Henderson, MN 56044	507-479-3732
Lewisville Public Library 105 Lewis Street W. Lewisville, MN 56060	507-435-2761

Madelia Public Library 23 1st Street NW Madelia, MN 56062	507-642-3511
New Ulm Public Library 17 N. Broadway New Ulm, MN 56073	507-359-8331
Springfield Public Library 120 N. Cass Ave. Springfield, MN 56087	507-723-3510
Watonwan County Library & Multicultural Learning Center 125 5th Street S. St. James, MN 56081	507-375-1278
Winthrop Public Library 305 N. Main Street Winthrop, MN 55396	507-647-5308

Library Systems

SMILE Library System	507-625-7555
Traverse Des Sioux Library System	833-837-5422

RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

Code 3 Bowling & Party	507-834-7077
510 E 13th St. Gibbon, MN 55335	

Concordia Lanes	507-354-2923
416 19th North Street New Ulm, MN 56073	

El Toro Lanes	507-237-5111
112 High Avenue E. Gaylord, MN 55334	

Flandrau State Park	507-233-1260
1300 Summit Avenue New Ulm, MN 56073	

Gaylord Aquatic Center	507-237-2266
515 Recreation Road Gaylord, MN 55334	
LEEP – Leisure Education for Exceptional People	507-387-5122
1315 Stadium Rd., Suite 101 Mankato, MN 56001	
Madelia Community Education	507-642-3232 Ext. 1204
Madelia Golf Course	507-642-3608
519 Christensen Dr Madelia, MN 56062	
Madelia Lanes	507-642-3322
416 1st Street SE Madelia, MN 56062	
Madelia Swimming Pool & Waterslide	507-642-8952
Watona Park 519 Dill Ave SW Madelia, MN 56062	
Madelia Theater	507-642-3333
117 W. Main Street Madelia, MN 56062	
New Ulm Area Football Association	newulmareayouthfootball@gmail.com

New Ulm Area Gymnastics Academy	507-354-1168
122 S. Garden Street New Ulm, MN 56073	
New Ulm Basketball Association	newulmbb@gmail.com www.newulmbasketball.com
New Ulm Community Education	507-233-8307
New Ulm Country Club	507-354-8896
1 Golf Drive Club House New Ulm, MN 56073	
New Ulm Figure Skating Club	nufclub@gmail.com www.nufsc.org
1212 N Franklin Street New Ulm, MN 56073	
New Ulm Park & Recreation	507-359-8344
122 S. Garden Street New Ulm, MN 56073	
New Ulm Tennis Association	507-359-1160
New Ulm Vogel Fieldhouse/Indoor Pool	507-359-8347
122 S. Garden St. New Ulm, MN 56073	
New Ulm Youth Soccer Association	newulmunitedsoccer@gmail.com www.newulmsoccer.org
New Ulm/Sleepy Eye Hockey Association	nusecommunications@gmail.com

Princess Theater 505 1st Ave. S. St. James, MN 56081	507-375-4370
River Valley BMX 316 3rd St. S New Ulm, MN 56073	507-276-3078 rivervalleybmxnewulm@gmail.com
Sleepy Eye Community Education	507-794-7873
Sleepy Eye Family Aquatic Center 201 Burnside St. SE Sleepy Eye, MN 56085	507-794-9501
Sleepy Eye Golf Club 27898 US Highway 14 W Sleepy Eye, MN 56085	507-794-5249
Springfield Community Swimming Pool Riverside Park Springfield, MN 56087	507-723-3516
Springfield Golf Club 651 S O'Connell Ave Springfield, MN 56087	507-723-5888
Springfield Outdoor Rink 14 Ray Ave. Springfield, MN 56087	507-723-3514
St. James Community Education	507-375-4517

St. James Golf Course 77818 State Highway 60 St. James, MN 56081	507-375-7484
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St. James Municipal Pool 111 Tiell Dr. St. James, MN 56081	507-375-1271
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The Garage & Springfield Lanes 7 N. Cass Ave. Springfield, MN 56087	507-723-6000
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Additional information can also be found on school district and chamber of commerce websites.

THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

Circle of Friends Thrift Store 802 6th St. W Winthrop, MN 55396	612-309-2176
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Collectibles and Thrift	507-621-8295
606 1st Ave. South St. James, MN 56081	
Enterprise Thrift Shoppe	507-642-3660
6 E. Main St. Madelia, MN 56062	
Habitat for Humanity	507-388-6682
Mankato Restore 1730 Bassett Drive Mankato, MN 56001	
<i>Home improvement outlet with building supplies open to the public.</i>	
MRCI Bargains	507-354-3289
1702 Westridge Road New Ulm, MN 56073	
MVAC Thrift Store	507-359-8009
1607 S. Broadway New Ulm, MN 56073	
Next Tu Nu II	507-794-5881
205 Main St. E. Sleepy Eye, MN 56085	
Sibley County Seconds	507-964-2199
431 W Main St. Arlington, MN 55307	

Treasure House Inc**507-354-6108**

1700 S. Broadway
New Ulm, MN 56073

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's Education

Driver & Vehicle Services

Minnesota Department of Public Safety

<https://dps.mn.gov/divisions/dvs/license-and-id/driver-education>

List of public, private, and community education driver's education programs available.

Midwest Driving School

612-709-2226

25358 631st Ave
Gibbon, MN 55335

midwestdrivingmn@gmail.com
<https://mwdschool.net/>

Pike Driving School

507-276-7548

206 North Minnesota St.
New Ulm, MN 56073

<https://www.pikedriving.com>

Safety & Respect Driving School LLC

1961 Premier Dr. Suite 267

Mankato, MN 56001

507-382-8986

info@safetyandrespectmn.com

<https://www.safetyandrespectmn.com/>

Driver's License Road & Knowledge Test Sites

Driver's License Exam Station

400 Court Avenue

Gaylord, MN 55334

507-237-4068**651-201-7900**

Driver's License Exam Station

Watsonwan County Courthouse

710 Second Avenue S.

St. James, MN 56081

507-375-1219**651-201-7900**

Driver's License Exam Station

1900 N. Franklin St.

New Ulm, MN 56073

507-359-6570**651-201-7900**

Drivers with Disabilities

Adaptive Experts

4807 Kings Crossing N

Brooklyn Park, MN 55443

651-324-0791www.adaptiveexperts.com*Driver Evaluation and Training for People with Disabilities*

Courage Kenny Rehabilitation Institute - New Ulm	612-262-7855
1324 5th St N	CKRIDrivingService@allina.com
New Ulm, MN 56073	

Safety & Respect Driving School LLC	507-382-8986
1961 Premier Dr. Suite 267	info@safetyandrespectmn.com
Mankato, MN 56001	https://www.safetyandrespectmn.com/

Transportation Services

AmeriCare Mobility Van	507-625-6741
307 Pine Street	1-800-963-7233
Mankato, MN 56001	
<i>Non-emergency medical transportation for individuals with disabilities.</i>	

Brown County Heartland Express	1-800-707-2717
Hermann Express	507-359-2717
<i>Serving New Ulm, Sleepy Eye, Essig, Evan, Cobden, Springfield, Comfrey, and Hanska.</i>	

National Run Away Safeline	1-800-RUN-AWAY
	1-800-786-2929
<i>Must be youth initiated between the ages 12-20</i>	

Salvation Army - Southeastern Extension	Service Area Manager 651-746-3566
<i>Services vary from county to county</i>	

Salvation Army - Southwestern Extension	Service Area Manager 507-258-3923
<i>Services vary from county to county</i>	

Trailblazer Transit**320-864-1000
1-888-743-3828***Serving Sibley, McLeod, and Wright Counties.*

Watonwan Take Me There (TMT)**507-375-7835***Serving Watonwan County and South Central Minnesota.*

Wheel Get There – MVAC**507-345-0446***Sells personal vehicles to low-income people at a discount.*

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H University of MN Extension – Brown Co**507-794-7993**

300 2nd Ave. SW

Sleepy Eye, MN 56085

4-H University of MN Extension – Sibley Co**507-237-4100**

111 8th Street

Gaylord, MN 55334

4-H University of MN Extension – Watonwan Co.	507-375-1275
108 8th Street S., Suite 1 St. James, MN 56031	
Boy Scouts of America	507-387-3123
Girl Scouts River Valleys	1-800-845-0787
Watonwan County Youth Council	St. James/Butterfield 507-375-4517 Madelia 507-647-3232

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Brown County Family Services	507-359-6500
1117 Center Street New Ulm, MN 56073	
Families First Children's Collaborative	507-233-6828
New Ulm, MN 56073	

LEEP – Leisure Education for Exceptional People 507-387-5122
1315 Stadium Rd., Suite 101
Mankato, MN 56001

Life-Work Planning Center 507-345-1577
127 S. 2nd St., Suite 210 1-800-369-5166
Mankato, MN 56001
Women in transition - personal growth & career development

Lutheran Social Service of Minnesota The Reach 507-381-6670
710 S. 2nd Street Youth 507-381-6670
Mankato, MN 56001 Financial Counseling 888-577-2227

MN Valley Action Council – Brown Co. 507-508-4041
1618 S. Broadway, Suite 203
New Ulm, MN 56073
Must be income eligible for some programs.

MN Valley Action Council – Sibley Co. 507-237-2981
110 Sixth Street
Gaylord, MN 55334
Must be income eligible for some programs.

MN Valley Action Council – Watonwan Co 507-375-5748
705 2nd Avenue S. 1-800-767-7139
St. James, MN 56081
Must be income eligible for some programs.

Pro Kinship for Kids National Mentoring Program 507-359-2445
1400 S. State Street 1-800-642-5779
New Ulm, MN 56073

Salvation Army - Extension	SE Service Area Manager 651-746-3566 SW Service Area Manager 507-258-3923
<i>Services vary from county to county</i>	

Sibley County Children's Collaborative	507-237-4000
111 Eighth Street	1-866-396-9965
Gaylord, MN 55334	

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9965
Gaylord, MN 55334	

SMILES Center for Independent Living	507-354-7106
1618 S. Broadway	
New Ulm, MN 56073	

The REACH Drop-In Center	507-381-6670
Lutheran Social Service	
125 E. Liberty St.	
Mankato, MN 56001	

Vocational Rehabilitation Services	507-354-3138
1618 S. Broadway, Suite 203	651-259-7366
New Ulm, MN 56073	800-328-9095

Watonwan County Family Services Collaborative	507-375-3294
715 2nd Ave S.	
St. James, MN 56081	

NOTES



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This Directory will help you find information about:

Child Care	Housing Programs
Counseling	Libraries
Disability Services	Recreation
Education	Thrift Stores
Employment	Transportation
Food & Nutrition	Youth Organizations
Health Services	Youth Services

**Scan this QR code with your smartphone
to link to the youth directory online.**

