

The background of the entire image is filled with numerous light grey, hand-drawn style arrows. These arrows are of various sizes and orientations, some pointing in straight lines while others are curved, creating a sense of movement and direction.

YOUTH

DIRECTORY

**FOR BLUE EARTH & NICOLLET
COUNTIES**

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INTRODUCTION

This directory is a listing of resources for youth in Blue Earth and Nicollet counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College
Sara Carrigan, South Central WorkForce Council
Sarah Longtin, South Central WorkForce Council
Margy Hendrickson, Minnesota Valley Action Council
Christine Hendrickson, Vocational Rehabilitation Services
Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

For more information on child care contact:

Blue Earth County Human & Social Services	507-304-4222
410 S. Fifth Street	507-304-4319
Mankato, MN 56001	

Early Childhood Education – Mankato	507-625-4620
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Early Childhood Education – St. Peter	507-934-3048
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Families First of Minnesota	507-287-2020
Region 9 Office	800-462-1660
424 North Riverfront Dr., Suite 310	www.familiesfirstmn.org
Mankato, MN 56001	

Help Me Grow Program	1-866-693-4769
	www.helpmegrowmn.org

Ivy House	507-354-7626
New Ulm, MN 56073	Crisis Line 507-766-6925 ivyhousemn.org

Nicollet County Human Services	507-387-4556
2070 Howard Drive West North Mankato, MN 56003	

Nicollet County Human Services	507-934-8559
622 S Front St. St. Peter, MN 56082	

Parent Aware	888-291-9811 www.parentaware.org
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Child Care – Centers

Care Corner	507-386-7444
265 St. Andrews Dr. Mankato, MN 56001	

Children's House	507-389-1645
Minnesota State University – Mankato 228 Wiecking Center Mankato, MN 56001	

Creative Minds Early Learning Center LLC	507-345-5147
1641 Commerce Drive North Mankato, MN 56003	

Epiphany Preschool 605 Parkway Ave. P.O. Box 188 Eagle Lake, MN 56024	507-257-3502
Golden Heart Child Care Center 1825 Commerece Drive North Mankato, MN 56003	507-625-1454
Kid's Corner 600 S. 5th Street – Room 106 St. Peter, MN 56082	507-934-1002
Little Saints Day Care 605 4th St. Madison Lake, MN 56063	507-243-3010
Little Sprouts 708 Parkway Ave Eagle Lake, MN 56024	507-654-0155
Little Stars Early Learning Center 300 Madison Avenue Mankato, MN 56001	507-625-2141
Our Little World Daycare 121 Birkdale Dr. Mankato, MN 56001	507-344-0021
Pemberton Academic Learning Services, Inc. 143 4th Street Pemberton, MN 56078	507-869-3353

Pitter Patters Early Learning Center 608 Walnut St. Madison Lake, MN 56063	507-995-5451
Robyn's Nest 1759 Commerce Drive North Mankato, MN 56003	507-388-8595
Sam & Abes Childcare Learning and Dev. Center 160 St. Andrews Ct., Suite 100 Mankato, MN 56001	507-345-1451
St. John's Lutheran Day Care 137 Houk Street Good Thunder, MN 56037	507-278-3635
St. Peter Community Childcare Center, Inc. 600 South 5th St. Suite 125 St. Peter, MN 56082	507-934-3606
Trinity Christian Day-Care 1027 Sherman Street North Mankato, MN 56003	507-388-7761
Wellcome Kids 114 W. Pleasant Street Garden City, MN 56034	507-546-3295

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling – Autism

Autism Society of Minnesota	651-647-1083 https://ausm.org
Caravel Autism Health 1720 Bassett Drive Mankato, MN 56001	507-565-0150
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Fraser	612-767-7222 www.fraser.org
M Nelson Psychological Counseling 100 Warren St., Suite 331 Mankato, MN 56001	507-625-4442
Minnesota Autism Center (MAC) - New Ulm 11 N Minnesota Street New Ulm, MN 56073	952-767-4200

Minnesota Autism Center (MAC) - North Mankato	952-767-4200
2101 Rolling Green Lane	
North Mankato, MN 56003	

River Oaks Counseling Services	507-351-5185
931 Madison Ave	
Mankato, MN 56001	

Serenity Family Counseling LLC	507-338-5600
210 20th South St.	
New Ulm, MN 56073	

Counseling – Chemical Dependency

Addiction Recovery Technologies	507-345-4670
House of Hope	
houseofhopemn.com	
12 Civic Center Plaza, Suite 2116	
Mankato, MN 56001	

Adult, Child and Family Services, LLC	507-387-3777
125 St. Andrews Ct., Suite 204	
Mankato, MN 56001	

Blue Earth County Human & Social Services	507-304-4222
410 S. Fifth Street	
Mankato, MN 56001	

CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
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Counseling Services of Southern MN <i>2 locations in Mankato</i>	507-931-8040
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Counseling Services of Southern MN 1306 Marshall Street St. Peter, MN 56082	507-931-8040
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Hazelden Betty Ford Foundation	Youth 24-Hour Line 1-855-665-6746 Family Access Coordinator 1-833-653-9334 www.hazeldenbettyford.org
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House of Hope, Inc 1429 3rd Ave & 1618 3rd Ave. Mankato, MN 56001	507-625-4373
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Mayo Clinic Health System - Behavior Health Center 1025 Marsh Street Mankato, MN 56001	General 507-625-4031 Toll-Free 800-327-3721 Psychiatry & Psychology 507-594-4700
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Mayo Clinic Health System - Eastridge Clinic 101 Martin Luther King Jr. Dr. Mankato, MN 56001	Appointments 507-594-6500 1-877-412-7575 Psychiatry & Psychology 507-594-2541
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Mayo Clinic Health System – Fountain Centers	507-625-3372
101 Martin Luther King Jr. Dr. Mankato, MN 56001	

Nicollet County Human Services	507-387-4556
2070 Howard Drive West North Mankato, MN 56003	

Nicollet County Human Services	507-934-8559
622 S Front St. St. Peter, MN 56082	

PrairieCare	General 507-322-5464
120 E Main St.	Make a referral 888-915-4024
Mankato, MN 56001	

Stages of Change Center, LLC	507-519-2285
100 Warren Street Suite 300-132 Mankato, MN 56001	

Wellcome Manor Family Services	507-546-3295
114 Pleasant Street W	1-866-559-3295
Garden City, MN 56034	

Counseling – Domestic Abuse/Sexual Assault

Committee Against Domestic Abuse – CADA	507-625-8688
100 Stadium Court	Crisis Line 1-800-477-0466
Mankato, MN 56001	Text Line 507-233-4200

Stages of Change Center, LLC
100 Warren Street Suite 300-132
Mankato, MN 56001

507-519-2285

Counseling – Financial

Lutheran Social Service of Minnesota
710 S. 2nd Street
Mankato, MN 56001

The Reach **507-381-6670**
Youth **507-381-6670**
Financial Counseling **888-577-2227**

University of MN Extension-Regional
1961 Premier Drive, Suite 110
Mankato, MN 56001

Regional Office **507-258-8725**
Connect with Extension **612-624-1222**
rcmankato@umn.edu
<https://extension.umn.edu/home-and-financial-management>

Counseling – Gambling

Lutheran Social Service of Minnesota
710 S. 2nd Street
Mankato, MN 56001

The Reach **507-381-6670**
Youth **507-381-6670**
Financial Counseling **888-577-2227**

Minnesota Gambling Hotline

1-800-333-HOPE

Counseling – Legal

Blue Earth County Attorney

507-304-4600

401 Carver Rd

Mankato, MN 56001

Immigrant Law Center of Minnesota

Intake Line **1-800-223-1368**

Detention Intake **651-641-1011**

www.ilcm.org

Minnesota Disability Law Center

Disability Law Center **1-800-292-4150**

Intake Line **1-877-696-6529**

mylegalaid.org/about/our-work/disability-law

Nicollet County Attorney

507-934-7890

501 S Minnesota Ave

St. Peter, MN 56082

Southern MN Regional Legal Services

507-396-6815

12 Civic Center Plaza, Suite 3000

1-888-575-2954

Mankato, MN 56001

Volunteer Lawyers Network (VLN)

612-752-6655

600 Nicollet Mall Suite 390A

www.vlnmn.org

Counseling – LGBTQIA+ Support

CARE Counseling 612-223-8898

501 N Riverfront Dr
Mankato, MN 56001

LGBT Center 507-389-1535

MSU – Mankato
Centennial Student Union 194
Mankato, MN 56001

Planned Parenthood 507-387-5581

340 Stadium Road Suite 400
Mankato, MN 56001

1-800-230-7526

MN Telehealth 833-738-1829

Pride Counseling Services 507-246-2667

110 E Walnut St.
Mankato, MN 56001

River Oaks Counseling Services 507-351-5185

931 Madison Ave
Mankato, MN 56001

Counseling – Mental Health Services

Adult, Child and Family Services, LLC 507-387-3777

125 St. Andrews Ct., Suite 204
Mankato, MN 56001

ASC Psychological Services 11 Civic Center Plaza, Suite 205 Mankato, MN 56001	507-345-4679
Blue Earth County Mental Health Center 410 S. Fifth St. Mankato, MN 56001	507-304-4319
CARE Counseling 501 N Riverfront Dr Mankato, MN 56001	612-223-8898
Christian Family Solutions <i>Telehealth is available</i>	800-438-1772
Counseling Services of Southern MN <i>2 locations in Mankato</i>	507-931-8040
Counseling Services of Southern MN 1306 Marshall Street St. Peter, MN 56082	507-931-8040
Eunoia Family Resource Center 521 Pfau St. Mankato, MN 56001	507-779-7366
Fernbrook Family Center 421 E Hickory St, Suite 402 Mankato, MN 56001	507-769-0490
Hazelden Betty Ford Foundation Youth 24-Hour Line Family Access Coordinator	1-855-665-6746 1-833-653-9334

Leo A. Hoffmann Center, Inc. 1715 Sheppard Drive St. Peter, MN 56082	507-484-2400
Lighthouse on Marshall 1301 Marshall St. St. Peter, MN 56082	507-934-7200
Lutheran Social Service of Minnesota 710 S. 2nd Street Mankato, MN 56001	The Reach 507-381-6670 Youth 507-381-6670 Financial Counseling 888-577-2227
M Nelson Psychological Counseling 100 Warren St., Suite 331 Mankato, MN 56001	507-625-4442
Mankato Clinic – Madison East 1400 Madison Avenue Mankato, MN 56001	507-387-3195
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350
Mayo Clinic Health System - Behavior Health Center 1025 Marsh Street Mankato, MN 56001	General 507-625-4031 Toll-Free 800-327-3721 Psychiatry & Psychology 507-594-4700

Mayo Clinic Health System – Eastridge Clinic Appointments **507-594-6500**
1-877-412-7575

101 Martin Luther King Jr. Dr. Psychiatry & Psychology **507-594-2541**
Mankato, MN 56001

MN Mental Health Services **507-720-0464**

530 N Riverfront Dr. Suite 230
Mankato, MN 56001

Open Door Health Center Appointments **507-388-2120**

309 Holly Lane
Mankato, MN 56001

River Oaks Counseling Services **507-351-5185**

931 Madison Ave
Mankato, MN 56001

Serenity Family Counseling LLC **507-338-5600**

210 20th South St. **507-616-0273**
New Ulm, MN 56073

South Central Crisis Center & Mobile Team General **507-344-3360**

Horizon Homes, Inc. Warm/Crisis Line **1-877-399-3040**
825 S Front St
Mankato, MN 56001

Stages of Change Center, LLC **507-519-2285**

100 Warren Street Suite 300-132
Mankato, MN 56001

Counseling – Pregnancy/Parenting

Birthright of Mankato

330 Stadium Road, Suite 201B
Mankato, MN 56001

507-387-7818
National Hotline **1-800-550-4900**

Catholic Charities

201 N. Broad St., Suite 100
Mankato, MN 56001

507-387-5586

Early Childhood Family Education - Mapleton

507-524-3918 x101

Early Childhood Family Education – Mankato

507-625-4620

Early Childhood Family Education – St. Peter

507-934-4211

Help Me Grow Program

1-866-693-4769
www.helpmegrowmn.org

Lutheran Social Service of Minnesota

710 S. 2nd Street
Mankato, MN 56001

The Reach **507-381-6670**
Youth **507-381-6670**
Financial Counseling **888-577-2227**

Nicollet County Public Health

622 S. Front St.
St. Peter, MN 56082

507-934-8559
SHIP **507-934-7221**

Planned Parenthood

340 Stadium Road Suite 400
Mankato, MN 56001

507-387-5581
1-800-230-7526
MN Telehealth **833-738-1829**

Teenage Pregnancy & Parenting Program (TAPP)**507-387-3047**

110 Fulton St.
Mankato, MN 56001

Counseling – Suicide Prevention

Alcoholics Anonymous MN meeting locatoraaminnesota.org**South Central Crisis Center & Mobile Team**General **507-344-3360**

Horizon Homes, Inc.
825 S Front St
Mankato, MN 56001

Warm/Crisis Line **1-877-399-3040**

Yellow Ribbon Suicide Prevention

For immediate crisis, call or text: **988**
National Crisis Line **1-800-273-8255**

Counseling – Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous

National Hotline **844-915-3341**
aaminnesota.org

Autism Society of Minnesota

651-647-1083
<https://ausm.org>

Codependents AnonymousNational Line **888-444-2359**www.coda.orgwww.minncoda.org

Committee Against Domestic Abuse – CADA**507-625-8688**100 Stadium Court
Mankato, MN 56001Crisis Line **1-800-477-0466**Text Line **507-233-4200**

Journeys Life Groups**507-388-1766**Hosanna Church
105 Hosanna Drive
Mankato, MN 56001Journeys@hosanna.church*Support groups for recovery, divorce, grief, mental health, caregivers, and more.*

LGBT Center**507-389-1535**MSU – Mankato
Centennial Student Union 194
Mankato, MN 56001

Life-Work Planning Center**507-345-1577**127 S. 2nd St., Suite 210
Mankato, MN 56001**1-800-369-5166***Women in transition - personal growth & career development*

Mayo Clinic Health SystemGeneral **507-625-4031**Support Groups
Mankato, MN 56001Cancer Support Group **507-594-2929**

Minnesota Brain Injury Force**507-228-8161**www.mnbif.org

NAMI

National Alliance on Mental Illness

Local **651-645-2948**

Toll-Free **1-888-626-4435**

Helpline **651-645-2948 Ext. 117**

www.namimn.org

PrairieCare

120 E Main St.

Mankato, MN 56001

General **507-322-5464**

Make a referral **888-915-4024**

Serenity Family Counseling LLC

210 20th South St.

New Ulm, MN 56073

507-338-5600

507-616-0273

The Arc Minnesota

501 S. 2nd St.

Mankato, MN 56001

Mankato Office **507-345-4223**

Regional Toll-Free **866-502-4082**

Statewide **833-450-1494**

DISABILITY SERVICES

The Center for Advancing Policy on Employment for Youth has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

1. School-Based Preparatory Experiences
2. Career Preparation and Work Based Learning Experiences
3. Youth Development in Leadership
4. Connecting Activities
5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

For more information on disability services contact:

School-Based Preparatory Experiences

Secondary

District #77 Transition Program (INSITE)	507-387-1818
Minnesota Valley Education District (MVED)	507-934-5420

Post-Secondary

Bethany Lutheran College	Admissions 507-344-7000 Disability Services 507-344-7730
Gustavus Adolphus College	Admissions 507-933-8000 Disability Services 507-933-7227
Iowa Lakes Community College	Admissions 800-242-5106 Estherville 712-362-2601 Accommodations & Disability Services 712-362-7990
Minnesota State University – Mankato	Admissions 507-389-1822 Accessibility Resources 507-389-2825

MN West Technical College	Admissions 800-658-2330
	Accessibility & Disability Services 507-847-7970

Rasmussen University	Mankato 507-625-6556
	General 888-754-5781
	Campus Accommodations Coordinator 507-625-6556

South Central College-North Mankato	507-389-7200
	Academic Support Center 507-389-7222

South Central College-Faribault	507-332-5800
	Academic Support Center 507-332-5847

Career Preparation and Work Based Learning Experiences

Connecting Activities

LEEP - Leisure Education for Exceptional People	507-387-5122
1315 Stadium Rd., Suite 101	
Mankato, MN 56001	

Family Involvement and Supports

AmeriCare Mobility Van

307 Pine Street
Mankato, MN 56001

507-625-6741
1-800-963-7233

Non-emergency medical transportation for individuals with disabilities.

Autism Society of Minnesota

651-647-1083
<https://ausm.org>

Disability Hub MN

1-866-333-2466
www.disabilityhubmn.org

Minnesota Disability Law Center

Disability Law Center **1-800-292-4150**
Intake Line **1-877-696-6529**
mylegalaid.org/about/our-work/disability-law

NAMI

National Alliance on Mental Illness

Local **651-645-2948**
Toll-Free **1-888-626-4435**
Helpline **651-645-2948 Ext. 117**
www.namimn.org

PACER

8161 Normandale Blvd.
Minneapolis, MN 55437

952-838-9000

REM

210 Thomas Drive
Mankato, MN 56001

507-387-3181

SMILES Center for Independent Living	507-345-7139
709 S. Front St. Suite 7	
Mankato, MN 56001	

Social Security Administration	1-877-457-1734
12 Civic Center Plaza, Suite 1550	
Mankato, MN 56001	

State of MN Deaf and Hard of Hearing Services	507-344-2840
12 Civic Center Plaza, Suite 1670	
Mankato, MN 56001	

State Services for the Blind	507-389-6070
12 Civic Center Plaza, Suite 1600B	
Mankato, MN 56001	

The Arc Minnesota	Mankato Office 507-345-4223
501 S. 2nd St.	Regional Toll-Free 866-502-4082
Mankato, MN 56001	Statewide 833-450-1494

VINE Faith in Action	507-387-1666
421 E. Hickory St.	
Mankato, MN 56001	

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In

high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

District #77 Transition Program (INSITE)	507-387-1818
Grace Christian School	507-388-9355
Immanuel-Lutheran High School	507-345-3027
Kato Public Charter School	507-387-5524
Lake Crystal-Wellcome Memorial High School	507-726-2110
Loyola Catholic School	507-388-0600
Mankato Central High School	507-387-3047
Mankato East High School	507-387-5671
Mankato West High School	507-387-3461

Maple River High School	507-524-3918
Minnesota Valley Education District (MVED)	507-934-5420
Nicollet High School	507-232-3411
Rock Bend ALC	507-934-5892 Ext. 1026
St. Clair High School	507-245-3027
St. Peter High School	507-934-4212

Post-Secondary Schools

Bethany Lutheran College	Admissions 507-344-7000 Disability Services 507-344-7730
Gustavus Adolphus College	Admissions 507-933-8000 Disability Services 507-933-7227
Iowa Lakes Community College	Admissions 800-242-5106 Estherville 712-362-2601 Accommodations & Disability Services 712-362-7990
Martin Luther College	Admissions 507-354-8221
Minnesota State University - Mankato	Admissions 507-389-1822 Accessibility Resources 507-389-2825
MN West Technical College	Admissions 800-658-2330 Accessibility & Disability Services 507-847-7970

Rasmussen University	Mankato 507-625-6556 General 888-754-5781 Campus Accommodations Coordinator 507-625-6556
Riverland Community College	Albert Lea 507-379-3300 Austin 507-433-0600 Owatonna 507-455-5880
South Central College–North Mankato	507-389-7200 Academic Support Center 507-389-7222
South Central College–Faribault	507-332-5800 Academic Support Center 507-332-5847

Community Education

Adult Basic Education/GED - St. Peter	507-665-4626
Adult Basic Education/GED - Mankato	507-345-5222
Lake Crystal-Wellcome Memorial Community Education	507-726-2673
Lincoln Community Center (GED Testing)	507-345-5222
Mankato Community Education	507-387-5501
Maple River Community Education	507-524-3918
Nicollet Community Education	507-232-3411 x3104
St. Clair Community Education	507-245-3027

Educational Instruction

Mathnasium**507-345-3276**

521 Hope St.
Mankato, MN 56001

Head Start

MN Valley Action Council – Blue Earth Co.**507-345-3565**

Headstart
820 Hubbell Avenue
Mankato, MN 56001

MN Valley Action Council – Blue Earth Co.**507-995-8717**

Headstart
104 Main St. NE
Mapleton, MN 56065

MN Valley Action Council – Nicollet Co.**507-934-5224**

Headstart
600 S. Fifth Street, Room 121
St. Peter, MN 56082

Humphrey Job Corps Center

1480 N. Snelling Avenue
St. Paul, MN 55108

651-642-1133

1-800-733-5627

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn.com). To see available jobs go to minnesotaworks.net.

For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
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CareerForce in Mankato 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622
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CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
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Life-Work Planning Center 127 S. 2nd St., Suite 210 Mankato, MN 56001	507-345-1577 1-800-369-5166
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Women in transition - personal growth & career development

MN Valley Action Council – Blue Earth Co. 706 N. Victory Drive Mankato, MN 56001	507-345-6822 1-800-767-7139
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Must be income eligible for some programs.

MN Valley Action Council – Nicollet Co. St. Peter Community Center 600 S. 5th Street St. Peter, MN 56082	507-934-5224
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Must be income eligible for some programs.

Staffing Agencies

Aerotek 921 Madison Ave, Suite 101 Mankato, MN 56001	507-601-5046
Doherty Staffing Solutions 1400 E. Madison Ave., Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
Jeane Thorne 1600 E Madison Ave., Suite 104 Mankato, MN 56001	507-625-8800
Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 624 N. Victory Dr. Mankato, MN 56001	507-229-0300
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246

Spherion 504 S Riverfront Dr. Mankato, MN 56001	507-432-2430
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Volt Workforce Solutions New Ulm, MN 56073	651-435-8132
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FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Blue Earth County Human & Social Services 410 S. Fifth Street Mankato, MN 56001	507-304-4222 507-304-4319
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Centenary United Methodist Church 501 S. 2nd St. Mankato, MN 56001	507-225-6370
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Monday - Saturday breakfast at 9-10AM.

ECHO Food Shelf 1014 South Front Street Mankato, MN 56001	507-345-7508
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Fare for All	507-388-1766
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Hossanna Lutheran Church
105 Hosanna Dr.
Mankato, MN 56001

Monthly on a Monday from 3:30-5:30PM

Fare for All Food & Resource Exchange	763-450-3860 1-800-582-4291
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Feeding Our Communities Partners	507-385-3627
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Backpack Food Program
North Mankato, MN 56003

For students K-8

Food for All	507-625-7228
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Goodrich Construction
1700 3rd Ave
Mankato, MN 56001

2nd Saturday of each month at 9AM

Maple River Loaves and Fishes	507-524-3046
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104 Central Ave N.
Mapleton, MN 56065

Tues. 3-5PM & Sat. 9-NOON

Nicollet County Human Services	507-387-4556
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2070 Howard Drive West
North Mankato, MN 56003

Nicollet County Human Services	507-934-8559
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622 S Front St.
St. Peter, MN 56082

**Salvation Army - Southeastern
Extension**

Service Area Manager **651-746-3566**

Services vary from county to county

Second Harvest Heartland Food Bank

651-209-7980
866-844-3663

St. Peter Area Food Shelf

507-934-9641

201 B South 3rd St.

St. Peter, MN 56082

The Salvation Army Kitchen - Mankato

507-345-7840

700 S. Riverfront Drive

507-344-9265

Mankato, MN 56001

Mon.-Fri. Noon-1PM

University of MN Extension-Regional

Regional Office **507-258-8725**

1961 Premier Drive,

Connect with Extension **612-624-1222**

Suite 110

rcmankato@umn.edu

Mankato, MN 56001

<https://extension.umn.edu/food-health-and-nutrition>

Women, Infants & Children (WIC) - Blue Earth Co

507-304-4163

410 S. 5th St.

Mankato, MN 56001

Women, Infants & Children (WIC) - Nicollet Co

507-934-8262

622 S. Front St.

St. Peter, MN 56082

Clinic locations available in St. Peter & North Mankato

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Blue Earth County Public Health
410 S. 5th Street (Lower level)
Mankato, MN 56001

507-304-4117

Nicollet County Public Health

622 S. Front St.
St. Peter, MN 56082

507-934-8559
SHIP 507-934-7221

Medical Clinics/Hospitals

Madelia Health - Lake Crystal Clinic

200 E. Prince St.
Lake Crystal, MN 56055

507-726-2136

Mankato Clinic - Adams Street

1809 Adams Street
Mankato, MN 56001

507-385-4075

Mankato Clinic - Daniels Health Center

1901 N. Old Minnesota Ave.
St. Peter, MN 56082

507-934-2325

Mankato Clinic - Lake Crystal

221 South Murphy Street
Lake Crystal, MN 56055

507-726-2136

Mankato Clinic - Madison East

1400 Madison Avenue
Mankato, MN 56001

507-387-3195

Mankato Clinic - Main Street

1230 E. Main Street
Mankato, MN 56001

507-625-1811

Mankato Clinic – Mapleton	507-524-3835
305 Main Street NE Mapleton, MN 56065	
Mankato Clinic – North Mankato	507-625-5027
1575 Lookout Drive North Mankato, MN 56003	
Mankato Clinic – Sleep Center	507-389-8520
120 North Augusta Court, Suite 100 Mankato, MN 56001	
Mankato Clinic – Wickersham Health Campus	800-657-6944
1421 Premier Drive Mankato, MN 56001	
Mayo Clinic Health System – Eastridge Clinic	Appointments 507-594-6500 1-877-412-7575
101 Martin Luther King Jr. Dr. Mankato, MN 56001	Psychiatry & Psychology 507-594-2541
Mayo Clinic Health System – Hospital & Clinic	507-625-4031 1-800-327-3721 1-877-412-7575
1025 Marsh Street Mankato, MN 56001	
Mayo Clinic Health System – Madison East	507-388-9353 1-877-412-7575
1400 Madison Ave. Mankato, MN 56001	

Mayo Clinic Health System – Northridge Clinic 1695 LorRay Drive North Mankato, MN 56003	507-385-5700 1-877-412-7575
Mayo Clinic Health System – St. Peter 1900 Sunrise Drive, Suite 200 St. Peter, MN 56082	507-931-2110 1-877-412-7575
Minnesota State University Dental Clinic 150 South Road Mankato, MN 56001	507-389-2147
Open Door Health Center 309 Holly Lane Mankato, MN 56001	Appointments 507-388-2120
Pediatric & Adolescent Dentistry 212 Star Street Mankato, MN 56001	507-387-4078
Rivers Edge Hospital & Clinic 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
Student Health Services/Medical Clinic Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001	507-389-6276

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

Connections Shelter

Overnight Shelter - 220 E. Hickory St.

Drop In Center - 800 S Front St.

Mankato, MN 56001

Overnight Shelter **507-995-4952**

Drop In Center **507-720-6907**

Please call to check availability of beds and set up an intake appointment.

Habitat for Humanity **507-388-6682**

Mankato Restore
1730 Bassett Drive
Mankato, MN 56001

Home improvement outlet with building supplies open to the public.

Housing Choice Voucher Program (Section 8 Program) **507-387-8600**
Blue Earth Co.

City of Mankato - Intergovernmental Center
10 Civic Center Plaza
Mankato, MN 56001

Lutheran Social Service of Minnesota The Reach **507-381-6670**
710 S. 2nd Street Youth **507-381-6670**
Mankato, MN 56001 Financial Counseling **888-577-2227**

Minnesota Housing Finance Agency **651-296-7608**
<https://mnhousing.gov/>

MN Valley Action Council **1-800-767-7139**
Locations in Mankato & St. Peter.

Partners for Housing **507-387-2115**
514 South Riverfront Drive
Mankato, MN 56001
Transitional housing

Salvation Army - Southeastern Extension Service Area Manager **651-746-3566**
Services vary from county to county

South Central MN Multi-County HRA

422 Belgrade Ave. Suite 102

North Mankato, MN 56003

507-345-1977**1-800-733-9564**

Two Rivers Habitat for HumanityRochester, MN **507-252-0849**General Questions **507-361-4012***www.tworivershabitat.org/homeownershipapp*

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Blue Earth County Library**507-304-4001**

100 E. Main Street

Mankato, MN 56001

Lake Crystal Public Library**507-726-2726**

100 Robinson Street

Lake Crystal, MN 56055

Mapleton Public Library**507-524-3513**

104 First Avenue NE, P.O. Box 405

Mapleton, MN 56065

North Mankato Taylor Public Library	507-345-5120
1001 Belgrade Avenue North Mankato, MN 56003	

St. Peter Public Library	507-934-7420
601 S. Washington Avenue St. Peter, MN 56082	

Library Systems

SMILE Library System	507-625-7555
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Traverse Des Sioux Library System	833-837-5422
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RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

410 Project: Community Art Space Mankato, MN	the410project.com
All Seasons Arena 1251 Monks Ave Mankato, MN 56001	507-387-6552
Arts Center of St. Peter 315 S. Minnesota Avenue St. Peter, MN 56082	507-931-3630
Carnegie Art Center 120 S Broad Street Mankato, MN 56001	507-625-2730
Caswell Youth Sports	www.caswellsports.com/youthsports
Cinemark Movies 8 River Hills Mall 1850 Adams Street Mankato, MN 56001	507-625-1929
Dance Conservatory of So. MN 1400 Madison Avenue, Suite 318 Mankato, MN 56001	507-625-2005
Dance Express 2105 N. Broad Court Mankato, MN 56001	507-625-3865

Darts & Pool League 1840 Commerce Drive North Mankato, MN 56003	507-387-7986
Heather Curling Club - Mapleton 315 Silver St. W Mapleton, MN 56065	507-524-3733 hccmapleton@gmail.com
K & G Gymnastics 19288 MN 22 Mankato, MN 56001	507-720-6399
Lake Crystal Area Recreation Center 621 W. Nathan Street Lake Crystal, MN 56055	507-726-6730
LEEP – Leisure Education for Exceptional People 1315 Stadium Rd., Suite 101 Mankato, MN 56001	507-387-5122
Mankato Area Gymnastics School 161 W. Lind Ct Mankato, MN 56002	507-625-6260
Mankato Area Youth Symphony Orchestra	507-399-1489 info@mayso.net
Mankato Ballet Company 1650 Tullamore Street Mankato, MN 56001	507-625-7716

Mankato Community Education	507-387-5501
Mankato Curling Club 600 Hope Street Mankato, MN 56002	507-388-3335
Mankato Family YMCA 1401 S. Riverfront Drive Mankato, MN 56001	507-387-8255
Mankato Figure Skating Club	Mankatofsc@yahoo.com
Mankato United Soccer Club	staff@mankatounited.org mankatosoccer.org
Mankato Walking Sculpture Tour	507-508-7165
Maverick Bullpen 220 Centennial Student Union Mankato, MN 56001	507-389-1321
Mount Kato Ski Area 20461 Hwy. 66 Mankato, MN 56001	507-625-3363
Nicollet Community Education 1 Pine Street Nicollet, MN 56074	507-232-3411 x3104
Project G.E.M. Mankato & St. Peter <i>Arts-based education program for students age 6-18 with social & learning disabilities.</i>	507-726-6047 projectgem94@gmail.com

Spotlight Dance Company	507-720-6025
360 St. Andrews Dr Mankato, MN 56001	

Spotlight Theatres - CineGrand Mankato 4	229-271-9353
Mankato Place Mall 12 Civic Center Plaza, Suite 1640 Mankato, MN 56001	

St. Peter Recreation & Leisure Services	507-934-0667
600 S. 5th Street, Suite 200 St. Peter, MN 56082	

St. Peter Soccer Club	President@saintpetersoccer.org
<i>saintpetersoccer.org</i>	

Twin Rivers Council for the Arts
PO Box 293 Mankato, MN 56001
<i>www.twinriversarts.org</i>

Victory Bowl	507-387-7991
203 S. Victory Drive Mankato, MN 56001	

Wow!Zone Family Entertainment Center	507-625-2695
2030 Adams Street Mankato, MN 56001	

YMCA**507-387-8255**

1401 S. Riverfront Drive
Mankato, MN 56001

Leadership development and recreation

YMCA Marlins Swim Team**507-387-8255**

Mankato Family YMCA
1401 S. Riverfront Drive
Mankato, MN 56001

Additional information can also be found on school district and chamber of commerce websites.

THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

AGAIN Thrift & More**507-345-2409**

706 N. Victory Drive
Mankato, MN 56001

Church of St. Peter Thrift 401 S. Minnesota Ave. St. Peter, MN 56082	507-931-9150
Finders Keepers Thrift Store 817 N Minnoesta Ave. St. Peter, MN 56082	507-934-0011
Goodwill - Mankato 2024 Adams St. Mankato, MN 56001	507-344-0955
Habitat for Humanity Mankato Restore 1730 Bassett Drive Mankato, MN 56001 <i>Home improvement outlet with building supplies open to the public.</i>	507-388-6682
Lake Crystal Grace 101 S. Main St. Lake Crystal, MN 56055	507-726-6881
Mankato Vintage Market 1630 N Riverfront Dr Mankato, MN 56001	612-756-0796
Neighborhood Thrift Store 105 W. Lind St. Mankato, MN 56001	507-625-7228

New 2 You Family Thrift 1838 Commerce Drive North Mankato, MN 56003	507-385-1455
Riverside Thrift Shop of Saint Peter 323 S Front St. St. Peter, MN 56082	507-317-7864
The Salvation Army - Thrift Store 201 Star St. Mankato, MN 56001	507-345-7074
Vagabond Village 723 North Riverfront Drive Mankato, MN 56001	507-317-5593
VINE Home Thrift Store 77 Star St. Mankato, MN 56001	507-387-2699

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's Education

Driver & Vehicle Services

Minnesota Department of Public Safety

<https://dps.mn.gov/divisions/dvs/license-and-id/driver-education>

List of public, private, and community education driver's education programs available.

Midwest Driving School

612-709-2226

25358 631st Ave

midwestdrivingmn@gmail.com

Gibbon, MN 55335

<https://mwdschool.net/>

Safety & Respect Driving School LLC

507-382-8986

1961 Premier Dr. Suite 267

info@safetyandrespectmn.com

Mankato, MN 56001

<https://www.safetyandrespectmn.com/>

Superior School of Driving

507-625-5172

604 N. Riverfront Drive

superiordriving97@gmail.com

Mankato, MN 56001

<https://www.superiorschoolofdriving.com/>

Driver's License Road & Knowledge Test Sites

Driver's License Exam Station

507-931-6800

Nicollet County Courthouse

651-201-7900

501 S. Minnesota Avenue

St. Peter, MN 56082

Driver's License Exam Station

651-201-7900

2161 Bassett Drive

651-201-7900

Mankato, MN 56001

Drivers with Disabilities

Adaptive Experts

4807 Kings Crossing N
Brooklyn Park, MN 55443

651-324-0791

www.adaptiveexperts.com

Driver Evaluation and Training for People with Disabilities

Safety & Respect Driving School LLC

1961 Premier Dr. Suite 267
Mankato, MN 56001

507-382-8986

info@safetyandrespectmn.com

<https://www.safetyandrespectmn.com/>

Transportation Services

AmeriCare Mobility Van

307 Pine Street
Mankato, MN 56001

507-625-6741

1-800-963-7233

Non-emergency medical transportation for individuals with disabilities.

Blue Earth Taxi

BEC Enterprises

507-388-2227

Taxi services, non-emergency medical transportation, and luxury services.

FAST Ride Share LLC

Ride share and non-emergency medical transportation in Fairmont and Mankato.

Lyft

[lyft.com](https://www.lyft.com)

Mankato Transit System

Serving the Mankato area.

507-387-8600

Minnesota River Valley Transit	1-888-880-4696
Dial-a-Ride	

Serving Mankato, St. Peter, Kasota, and Le Sueur

National Run Away Safeline	1-800-RUN-AWAY
	1-800-786-2929

Must be youth initiated between the ages 12-20

Salvation Army - Southeastern Extension	Service Area Manager 651-746-3566
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Services vary from county to county

True Transit	507-388-8783
Vine Faith In Action	1-800-560-1575

Serving Blue Earth, Le Sueur, and Nicollet County

Uber	uber.com
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Wheel Get There - MVAC	507-345-0446
<i>Sells personal vehicles to low-income people at a discount.</i>	

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H University of MN Extension – Blue Earth Co	507-304-4325
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Blue Earth County Historic Courthouse
204 S. Fifth Street, Suite 330
Mankato, MN 56001

4-H University of MN Extension – Nicollet Co	507-934-7828
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Government Center
501 S. Minnesota Avenue
St. Peter, MN 56082

Boy Scouts of America	507-387-3123
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Girl Scouts River Valleys	1-800-845-0787
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Maple River Serteens	507-524-3492
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Mapleton, MN 56065

MY Place	507-720-6898
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1315 Stadium Rd
Mankato, MN 56001

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Blue Earth County Human & Social Services	507-304-4222
410 S. Fifth Street	507-304-4319
Mankato, MN 56001	

LEEP - Leisure Education for Exceptional People	507-387-5122
1315 Stadium Rd., Suite 101	
Mankato, MN 56001	

Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210	1-800-369-5166
Mankato, MN 56001	

Women in transition - personal growth & career development

Lutheran Social Service of Minnesota	The Reach 507-381-6670
710 S. 2nd Street	Youth 507-381-6670
Mankato, MN 56001	Financial Counseling 888-577-2227

MN Valley Action Council – Blue Earth Co.	507-345-6822
706 N. Victory Drive	1-800-767-7139
Mankato, MN 56001	

Must be income eligible for some programs.

MN Valley Action Council – Nicollet Co.	507-934-5224
St. Peter Community Center	
600 S. 5th Street	
St. Peter, MN 56082	

Must be income eligible for some programs.

Nicollet County Social Services	507-934-8559
2070 Howard Drive	
N. Mankato, MN 56003	

Nicollet County Social Services	507-934-8559
622 S. Front St.	
St. Peter, MN 56082	

Project G.E.M.	507-726-6047
Mankato & St. Peter	projectgem94@gmail.com
<i>Arts-based education program for students age 6-18 with social & learning disabilities.</i>	

Salvation Army - Southeastern Extension	Service Area Manager 651-746-3566
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Services vary from county to county

SMILES Center for Independent Living	507-345-7139
709 S. Front St. Suite 7	
Mankato, MN 56001	

St. Peter Community and Family Education	507-934-3048
600 S. Fifth Street, Suite 207 St. Peter, MN 56082	
The REACH Drop-In Center	507-381-6670
Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001	
Vocational Rehabilitation Services	507-344-2622
12 Civic Center Plaza, Suite 1600C Mankato, MN 56001	651-259-7366 800-328-9095
YWCA	507-345-4629
127 S. 2nd St. Suite 200 Mankato, MN 56001	



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This Directory will help you find information about:

Child Care	Housing Programs
Counseling	Libraries
Disability Services	Recreation
Education	Thrift Stores
Employment	Transportation
Food & Nutrition	Youth Organizations
Health Services	Youth Services

**Scan this QR code with your smartphone
to link to the youth directory online.**

