YOUTH DIRECTORY

For Le Sueur and Waseca Counties

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INTRODUCTION

This directory is a listing of resources for youth in Le Sueur and Waseca counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College Sara Carrigan, South Central WorkForce Council Abby Flantz, South Central WorkForce Council Sarah McDonald, Minnesota Valley Action Council Heather Sellner, Mankato Area Public Schools Cody Smieja, Vocational Rehabilitation Services Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

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Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

For more information on child care contact:

507-931-5953
507-665-4620
952-758-1674
507-934-3048
d 507-364-8116
507-835-2222
ysian- 507-362-4403
507-766-6925 https://ivyhousemn.org

Le Sueur County Human Services 88 S. Park Avenue Le Center, MN 56057	507-357-8288
Minnesota Prairie County Alliance 1000 West Elm Ave. Waseca, MN 56093	507-837-6600
Parent Aware	888-291-9811 www.parentaware.org
Child Care - Centers	
Building Blocks 890 Kingsway Dr. Le Sueur, MN 56058	507-665-9919
Grace Garden 300 E. Elm Ave Waseca, MN 56093	507-835-1709
Growing in Grace Child Care Center 719 E. Ferry Street Le Sueur, MN 56058	507-665-0054
Hansel & Gretel Preschool 801 4th Ave NE Waseca, MN 56093	507-833-2063

Sacred Heart Children's House 308 West Elm Ave. Waseca, MN 56093	507-835-2780
Takara's Kids Clubhouse Daycare Center & Preschool	507-835-5875
900 4th St SW	

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

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If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach

- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling - Autism	
ASC Psychological Services 12 Civic Center Plaza #1615 Mankato, MN 56001	507-345-4679
Cavel Autism Health 1720 Bassett Drive Mankato, MN 56001	507-399-7963

Five Rivers Mental Health Clinic 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Fraser	612-767-7222 www.fraser.org
M Nelson Psychological Counseling 142 Riverfront Dr Mankato, MN 56001	507-625-4442
River Oaks Counseling Services 931 Madison Ave Mankato, MN 56001	507-351-5185
Serenity Family Counseling LLC 15 South Minnesota Street New Ulm, MN 56073	507-338-5600
Stages of Change Center, LLC 100 Warren Street Suite 300-122 Mankato, MN 56001	507-519-2285
The Christopher Center 83 Navaho Av. Suite 27 Mankato, MN 56001	507-720-0570

Counseling - Chemical Dependency

Adolescent Treatment Center of Winnebago 620 1st Avenue SW P.O. Box 278 Winnebago, MN 56098	1-800-637-2460 507-893-3885
Catholic Charities 577 State Ave Owatonna, MN 55060	507-455-2008
Family Focus 634 W. Bridge Street Owatonna, MN 55060	507-451-0511
Hazelden Betty Ford Foundation 15251 Pleasant Valley Road Center City, MN 55012	1-877-793-5205
Mayo Clinic Health System - Fountain Centers 408 W. Fountain Street Albert Lea, MN 56007	507-377-6411 1-800-533-1616
Mayo Clinic Health System - Fountain Centers 101 Martin Luther King Jr. Dr. Mankato, MN 56001	507-625-3372
Mayo Clinic Health System - Fountain Centers 215 S. Oak Ave. Owatonna, MN 55060	507-451-0511

Mayo Clinic Health System - Fountain Centers 505 S. State Street Waseca, MN 56093	507-835-4342
Waseca County Court Services 307 N. State Street Waseca, MN 56093	507-308-7002

Counseling - Domestic Abuse/Sexual Assault	
CADA of Le Sueur/Nicollet County 322 South Minnesota Ave St. Peter, MN 56082	507-934-5583 Crisis Line 1-800-477-0466
CADA of Waseca County 105 S. State St. Waseca, MN 56093	507-835-7828 Crisis Line 1-800-477-0466
Committee Against Domestic Abuse - CADA 100 Stadium Court P.O. Box 466 Mankato, MN 56001	507-625-8688 Crisis Line 1-800-477-0466
Le Sueur County Human Services 88 S. Park Avenue Le Center, MN 56057	507-357-8288

Counseling - Financial

Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660 1-888-577-2227
University of MN Extension - Le Sueur Co 88 S. Park Le Sueur, MN 56057	507-357-8230
University of MN Extension - Waseca Co 900 3rd St. NE Waseca, MN 56093	507-835-0600

Counseling - Gambling

Lutheran Social Service	507-625-7660
710 S. 2nd Street	1-888-577-2227
Mankato, MN 56001	
Minnesota Gambling Hotline	1-800-333-HOPE

Counseling - Legal

Immigrant Law Center of Minnesota	1-800-223-1368 651-641-1011 www.ilcm.org
Le Sueur County Attorney 65 S. Park Avenue Le Center, MN 56057	507-357-2278
Le Sueur County Victim Witness Program 88 S. Park Avenue Le Center, MN 56057	507-357-8512
Minnesota Disability Law Center mylegalaid.org/abo	1-800-292-4150 out/our-work/disability-law
Southern MN Regional Legal Services 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	507-396-6815 1-888-575-2954
Volunteer Lawyers Network (VLN) 600 Nicollet Mall Suite 390A Minneapolis, MN 55402	612-752-6655 www.vlnmn.org
Waseca County Attorney 307 N. State Street Waseca, MN 56093	507-835-0520

Counseling - LGBTQIA+ Support

Planned Parenthood of MN/ND/SD 201 N Victory Dr. Suite 211 Mankato, MN 56001	507-387-5581
Pride Counseling Services 100 Warren St. Suite 324 Mankato, MN 56001	507-246-2667
River Oaks Counseling Services 931 Madison Av. Mankato, MN 56001	507-351-5185

Counseling - Mental Health Services

5 Rivers Mental Health Clinic 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Adult, Child and Family Services, LLC 103 N. Broad Street Mankato, MN 56001	507-387-3777
Associates in Psychiatry & Psychology 422 Heritage Place	507-333-5044

Faribault, MN 55021

Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
Compassionate Counseling Services 207 North State Street Suite 1 Waseca, MN 56093	507-310-1321
Counseling Services of Southern MN 1306 Marshall Street St. Peter, MN 56082	507-931-8040
Fernbrook Family Center 111 S. State St. Waseca, MN 56093	507-201-2568
Leo A. Hoffmann Center, Inc. 1715 Sheppard Drive, P.O. Box 60 St. Peter, MN 56082	507-934-6122
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
Lutheran Social Service St. John's Lutheran Church 401 3rd Ave NE Waseca, MN 56093	507-835-4301

Mankato Clinic - Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350
Mayo Clinic Health System - Albert Lea Medical Center 404 W. Fountain Albert Lea, MN 56007	507-373-2384 1-888-999-2386
Mental Health Professionals, Inc 209 East Main Street Suite A Owatonna, MN 55060	507-446-8123
Minnesota Prairie County Alliance 1000 West Elm Ave. Waseca, MN 56093	507-837-6600
MN Mental Health Services 530 N Riverfront Dr. Suite 140 Mankato, MN 56001	507-242-8014
Open Door Health Center 309 Holly Lane Mankato, MN 56001	507-388-2120
Philip Psychological Clinic 526 S. Second Street, Suite 3 Mankato, MN 56001	507-345-5049

Secure Base Counseling Center 301 E. Main St. New Prague, MN 56071	507-301-3412
South Central Crisis Center/Mobile Team 2100 Bassett Drive Mankato, MN 56001	507-344-0621 (info) 1-877-399-3040 (crisis)
South Central Human Relations Center 610 Florence Avenue Owatonna, MN 55060	507-451-2630 1-800-722-0590
South Central Human Relations Center 204 2nd Street NW Waseca, MN 56093	507-835-7064

Counseling — Pregnancy/Parenting

Early Childhood Family Education -	e Sueur 507-665-462
Early Childhood Family Education –	Cleveland 507-931-595
Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-558 1-800-222-585
Birthright of Mankato 330 Stadium Road, Suite 201B Mankato, MN 56001	507-387-781 National Hotline 1-800-550-490

Early Childhood Family Education – New Prague	952-758-1674
Early Childhood Family Education – St. Peter	507-934-3048
Early Childhood Family Education – Tri-City United	507-364-8116
Early Childhood Family Education – Waseca	507-835-5222
Early Childhood Family Education – Waterville-Elysian- Morristown	507-362-4403
Exchange Club Center for Family Unity 1850 Austin Rd., Ste. 100 Owatonna, MN 55060	507-455-1190
Help Me Grow Program 501 E. Elm Waseca, MN 56093	1-866-693-4769
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660 1-888-205-3769
Planned Parenthood of MN/ND/SD Belle Mar Center 201 N. Victory Dr., Ste. 211 Mankato, MN 56001	507-387-5581 1-800-230-7526
Teenage Pregnancy & Parenting Program (TAPP) 110 Fulton St. Mankato, MN 56001	507-387-3047

Counseling - Suicide Prevention

Alcoholics Anonymous MN meeting	locator	https://aaminnesota.org
South Central Crisis Center Warm/C	ral Crisis Center Warm/Crisis Line	
Yellow Ribbon Suicide Prevention	507-387-50 . National Crisis Line 1-800-273-82	

Text "Help" to 741741

Counseling - Support Groups

Alcoholics Anonymous Waseca, MN	507-234-5842
Cancer Support Group Mayo Clinic Health System – Albert Lea Medical Center 404 Fountain Street – Lower Level Albert Lea, MN 56007	507-668-2050
Life-Work Planning Center 127 S. 2nd St., Suite 210	507-345-1577

Mankato, MN 56001 Women in transition - personal growth & career development

Mayo Clinic Health System Support Group Programs 507-385-2691

Mayo Clinic Health System 1025 Marsh Street Mankato, MN 56001	Cancer Support Group 507-594-2929
Minnesota Brain Injury Force	507-228-8161 www.mnbif.org
NAMI National Alliance on Mental Illness	651-645-2948 1-888-626-4435 www.namimn.org
The Well 1100 N. 4th St. Le Sueur, MN 56057	507-593-9001

DISABILITY SERVICES

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

- 1. School-Based Preparatory Experiences
- 2. Career Preparation and Work Based Learning Experiences
- 3. Youth Development in Leadership
- 4. Connecting Activities
- 5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

For more information on disability services contact:

Waseca Integrated Therapy Hub 110 2nd Avenue SE Suite B

507-237-6336

School-Based Preparatory Experiences

Secondary

Waseca, MN 56093

Minnesota Valley Education District (MVED)

507-934-5420

811 Davis St. St. Peter, MN 56031

Post-Secondary

Bethany Lutheran College

507-344-7577

Student Support/Academic Resources 700 Luther Dr. Mankato, MN 56001

Gustavus Adolphus College Disability Services Johnson Student Union 204 St. Peter, MN 56031	507-933-7227
Minnesota State University - Mankato Office of Accessibility Resources 132 Memorial Library Mankato, MN 56001	507-389-2825
Rasmussen University Campus Accommodations Coordinator 1400 Madison Avenue Mankato, MN 56001	507-625-6556
South Central College Academic Support Center 1900 Lee Boulevard North Mankato, MN 56003	507-389-7222
Career Preparation and Work Based Learning Experiences	
Jobs Plus, Inc 200 16th Ave SE	507-835-5004

Waseca, MN 56093

Lifeworks	507-625-7522
424 N. Riverfront Drive Suite 300	612-702-9861
Mankato, MN 56001	
MN Valley Action Council Waseca Co.	507-835-8240
108 10th Ave. SE	1-800-767-7139
Waseca, MN 56093	
MN Valley Action Council - Le Sueur Co.	507-357-4246
125 E Minnesota St.	1-800-767-7139
Le Center, MN 56057	
MRCI WorkSource	507-386-5600
1750 Energy Drive	1-800-829-7110
Mankato, MN 56001	
Vocational Rehabilitation Services	507-344-2622
12 Civic Center Plaza, Suite 1600C	
Mankato, MN 56001	
Connecting Activities	
LEEP - Leisure Education for Exceptional People	507-387-5122

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929 N. 4th Street Mankato, MN 56001

Family Involvement and Supports

Advocates for Developmental Disabilities Steele/Waseca Counties 1301 Lincoln Ave. South Owatonna, MN 55060	507-451-9769
AmeriCare Mobility Van 307 Pine Street Mankato, MN 56001	507-625-6741
Arc of Minnesota 501 S. 2nd St. Mankato, MN 56001	507-345-4223
Autism Society of Minnesota 2380 Wycliff St. #102 St. Paul, MN 55114	651-647-1083 www.ausm.org
Minnesota Disability Law Center mylegalaid.org	1-800-292-4150 /about/our-work/disability-law
NAMI National Alliance on Mental Illness	1-888-626-4435 www.namimn.org
PACER 8161 Normandale Blvd. Minneapolis, MN 55437	952-838-9000
SMILES Center for Independent Living 709 S. Front St. Suite 7 Mankato, MN 56001	507-345-7139

Social Security Administration 12 Civic Center Plaza, Suite 1550 Mankato, MN 56001	1-877-457-1734 507-345-5389
State of MN Deaf and Hard of Hearing Services 12 Civic Center Plaza, Suite 1670 Mankato, MN 56001	507-344-2840 ∏Y 866-266-2461
State Services for the Blind 12 Civic Center Plaza, Suite 1600B Mankato, MN 56001	507-389-6070

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools	
Cleveland High School	507-931-5953
Janesville-Waldorf-Pemberton HS	507-234-5181
Le Sueur-Henderson High School	507-665-5800
MN New Country School (Charter)	507-248-3353
New Richland-Hartland-Ellendale-Geneva HS	507-465-3205
Tri-City United High School	507-364-8111
Waseca Area Learning Center	507-835-5588
Waseca High School	507-835-5470
Waterville-Elysian-Morristown HS	507-362-4431
Ziebarth Alternative Learning Center	507-665-4640
Post-Secondary Schools	
Bethany Lutheran College	507-344-7000
Gustavus Adolphus College	507-933-8000
Martin Luther College	507-354-8221
Minnesota State University, Mankato	507-389-1866

Rasmussen University - Mankato	1-800-657-6767
•	507-625-6556
Riverland Community College	Albert Lea 507-379-3300
	Austin 507-433-0600
	Owatonna 507-455-5880
South Central College	Mankato 507-389-7200
	Faribault 507-332-5800
Cleveland Community Education	507-931-5953
Janesville-Waldorf-Pemberton HS	507-231-7777
Le Sueur Adult Basic Education/GED	507-665-4626
Lincoln Community Center (GED Testing)	507-345-5222

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507-417-2667

507-934-3048

507-364-8107

507-835-5626

507-362-4403

New Richland-Hartland-Ellendale-Geneva HS

Waterville-Elysian-Morristown Community Ed

St. Peter Adult Basic Education/GED

Tri-City United Community Education

Waseca Community Education

Head Start

MN Valley Action Council - Le Sueur County 125 E. Minnesota Street Le Center, MN 56057	507-357-4246
MN Valley Action Council - Waseca County 108 10th Ave. SE	507-835-8240
Waseca, MN 56093	

Job Corps

Humphrey Job Corps Center	651-642-1133
1480 N. Snelling Avenue	1-800-733-5627
Ct Paul MN 55108	

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn. com). To see available jobs go to minnesotaworks.net.

For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
CareerForce in Faribault 201 S. Lyndale Avenue, Suite 1 Faribault, MN 55021	507-333-2088
CareerForce in Mankato 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622
CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
MN Valley Action Council - Le Sueur Co 125 E. Minnesota Street Le Center, MN 56057	507-357-4246

MN Valley Action Council - Waseca Co 108 10th Ave. SE Waseca, MN 56093	507-835-8240
Staffing Agencies	
Aerotek 921 Madison Ave, Suite 101 Mankato, MN 56001	507-601-5046
Doherty Staffing 113 N. Main St. Le Sueur, MN 56058	507-665-3720
Doherty Staffing 1400 E. Madison Ave, Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
Jeane Thorne 1600 Madison Ave. Suite 104 Mankato, MN 56001	507-625-8800
Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201

Masterson Staffing Solutions 627 S. Front St. Mankato, MN 56001	507-720-6556
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246
TEAM Personnel 627 S. Front Street Mankato, MN 56001	507-720-6556
Volt Workforce Solutions 2030 Lookout Dr. North Mankato, MN 56003	507-304-6514

FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Cleveland Food Shelf	507-931-5989
205 4th Street	
Cleveland, MN 56017	

Food @ Faith Faith United Methodist Church 801 4th Ave. NE Waseca, MN 56093	507-835-3167
Grace Lutheran Church 300 Elm Ave Waseca, MN 56093	507-835-1709
Le Center Food Shelf 15 S. Park Avenue Le Center, MN 56057	507-357-4076
Le Sueur County Human Services 88 S. Park Avenue Le Center, MN 56057	507-357-8288
Le Sueur Food Shelf 890 Kingsway Drive (mailing) 427 S. 5th St. (pick-up/donations) Le Sueur, MN 56058	507-665-2615
Minnesota Prairie County Alliance 1000 West Elm Ave. Waseca, MN 56093	507-837-6600
Montgomery Food Shelf 105 3rd Street NW Montgomery, MN 56069	507-364-7321

New Richland Food Shelf 101 S. Broadway	507-463-3421
New Richland, MN 56072	
Second Harvest Heartland Food Bank	651-209-7980 1-888-339-3663
Trinity Lutheran Church 412 N. Main Janesville, MN 56048	507-231-5189
University of MN Extension – Le Sueur Co. 88 S. Park Avenue Le Center, MN 56057	507-357-8230
University of MN Extension - Waseca Co. 900 3rd St. NE Waseca, MN 56093	507-835-0600
Waseca Area Neighborhood Service Center Food Shelf 203 Third Avenue NW Waseca, MN 56093	507-833-4119
Waterville/Elysian Food Shelf 202 E. Main Street Elysian, MN 56028	507-267-4486
Women, Infants & Children - Le Sueur Co 88 South Park Avenue Le Center, MN 56057	507-357-8246

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Waseca, MN 56093

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parents' permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Le Sueur County Public Health 88 S. Park Avenue Le Center, MN 56057	507-357-8246
Waseca County Public Health 1000 W. Elm Avenue Waseca, MN 56093	507-835-0685
Medical Clinics/Hospitals	
Mankato Clinic - Daniels Health Cent 1901 N. Old Minnesota Ave. St. Peter, MN 56082	ter 507-934-2325
Mankato Clinic - Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811 Psychiatry Department 507-387-3195
Mayo Clinic Health System - Eastridg 101 Martin Luther King Jr. Dr. Mankato, MN 56001	e 507-594-6500
Mayo Clinic Health System - Janesvi 312 N. Main Street Janesville, MN 56048	lle 507-231-5118 (appointments) 1-877-412-7575
Mayo Clinic Health System - Le Sueu 625 S. 4th Street Le Sueur, MN 56058	507-665-6299 (appointments) 1-877-412-7575

Mayo Clinic Health System - Mankato	507-625-4031
1025 Marsh Street Mankato, MN 56001	1-800-327-3721 (appointments) 1-877-412-7575
Mayo Clinic Health System - Montgom	-
501 Fourth Street NW	(appointments) 1-952-758-9355
Montgomery, MN 56069	
Mayo Clinic Health System - New Prage	ue Clinic 952-758-4461
212 County Road 37	(appointments) 1-952-758-9355
New Prague, MN 56071	
Mayo Clinic Health System - New Prage	ue Hospital 952-758-4431
301 Second St. NE	1-800-584-6667
New Prague, MN 56071	(appointments) 1-952-758-9355
Mayo Clinic Health System - New Richl	and 507-465-3216
318 1st Street SW	1-877-238-4040
New Richland, MN 56072	
Mayo Clinic Health System - Northridg	e Clinic 507-385-5700
1695 LorRay Drive	(appointments) 1-877-412-7575
North Mankato, MN 56003	(1)
Mayo Clinic Health System - St. Peter	507-931-2110
1900 Sunrise Drive, Suite 200	(appointments) 1-877-412-7575
St. Peter, MN 56082	(appointments) 1 077 112 7070
Mayo Clinic Health System - Waseca	507-835-1210
501 N. State Street	(appointments) 1-877-412-7575
Waseca, MN 56093	(T)

Mayo Clinic Health System - Waterville	507-362-4221
212 E. Lake Street	(appointments) 1-877-412-7575
Waterville, MN 56096	
Open Door Health Center 309 Holly Lane Mankato, MN 56001	507-388-2120
Provides medical and	dental services
Ridgeview Le Sueur Medical Center 621 South 4th Street Le Sueur, MN 56058	507-665-4017
Rivers Edge Hospital & Clinic 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
Student Health Services/Medical Clinic Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001	507-389-6276

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

Habitat for Humanity	507-388-2081
1730 Bassett Drive	
Mankato, MN 56001	
Minnesota Housing Finance Agency	651-296-7608
Minnesota Valley Action Council - Le Sueur Co	507-357-4246
125 E. Minnesota Street	
Le Center, MN 56057	

Must be income eligible

Minnesota Valley Action Council - Waseca Co 108 10th Ave. SE	507-835-8240
Waseca, MN 56093	
Must be income eligible	
Partners for Housing	507-387-2115
12 Civid Center Plaza Suite 2145	
Mankato, MN 56001	
Transitional housing	
Salvation Army	507-345-7840
201 Star Street	
Mankato, MN 56001	
Salvation Army & Food Shelf	507-364-7321
105 3rd St. NW	
Montgomery, MN 55069	
Salvation Army of Waseca & Steele Co.	507-455-2023
1810 Cedar Ave.	
Owatonna, MN 55060	
Section 8 Rental Assistance	1-800-767-7139
Minnesota Valley Action Council	
706 N. Victory Drive	
Mankato, MN 56001	
South Central MN Multi-County HRA	507-345-1977
422 Belgrade Ave. Suite 102	1-800-733-9564
North Mankato, MN 56003	

The REACH Drop-In Center

507-720-0331

Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001

Homeless youth

Two Rivers Habitat for Humanity

507-252-0849

1530 Greenview Dr SW Suite 107 Rochester, MN 55902

*Serves Waseca County

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Blue Earth County Library

507-304-4001

100 E. Main Street Mankato, MN 56001

Elysian Public Library 132 Main Street East P.O. Box 10 Elysian, MN 56028	507-267-4411
Henderson Public Library 110 S. 6th Street Henderson, MN 56044	507-248-3880
Janesville Public Library 102 W. 2nd Street Janesville, MN 56048	507-234-6605
Le Center Public Library 10 W. Tyrone Street Le Center, MN 56057	507-357-6792
Le Sueur Public Library 118 E. Ferry Street Le Sueur, MN 56058	507-665-2662
Montgomery Public Library 104 Oak Avenue SE Montgomery, MN 56069	507-364-7615
New Prague Public Library 400 Main Street E. New Prague, MN 56071	952-496-8026

New Richland Public Library 129 S. Broadway New Richland, MN 56072	507-465-3708
North Mankato Taylor Public Library 1001 Belgrade Avenue North Mankato, MN 56003	507-345-5120
St. Peter Public Library 601 S. Washington Avenue St. Peter, MN 56082	507-934-7420
Waldorf Public Library 119 S. Main Street Waldorf, MN 56091	507-239-2248
Waseca-Le Sueur Regional Library - Waseca 408 N. State Street Waseca, MN 56093	507-835-2910
Waterville Public Library 210 E. Paquin Street Waterville, MN 56096	507-362-8462
Library Systems	
SMILE Library System	507-625-7555
Traverse Des Sioux Library System	507-625-6169

RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

300 Club Bowling Alley 504 N. Main Street Le Sueur, MN 56058		507-665-6015
Cleveland Community E 400 6th St Cleveland, MN 56017	Education	507-931-5953
Hoot Lanes 204 Hwy. 13 North Waterville, MN 56096		507-330-4176
Janesville Bowl 307 N. Minnesota Janesville, MN 56048	September – May only	507-231-5247

Janesville Community Education 110 E. 3rd Janesville, MN 56048	507-231-7777
Le Center Swimming Pool 205 E. Derrynane Street Le Center, MN 56057	507-357-6344
Le Sueur Community Center 821 E. Ferry Street Le Sueur, MN 56058	507-665-3325
Le Sueur Community Education 821 E. Ferry Street Le Sueur, MN 56058	507-665-4626
Montgomery National Golf Club 900 Rogers Drive Montgomery, MN 56069	507-364-5602
New Prague Community Ed 410 Central Avenue N. Suite 300 New Prague, MN 56071	952-758-1734
New Richland-Hartland-Ellendale-Geneva Community Education 306 Ash Ave. S. New Richland, MN 56072	507-684-3107

PLA-Mor Lanes 314 First Street S. Montgomery, MN 56069	507-364-7762
Prairie Ridge Golf Course 2000 N. Main St. Janesville, MN 56048	507-234-5505
Tri-City United Community Ed 101 2nd St. NE Suite 2 Montgomery, MN 56069	507-364-8107
Waseca Arts Center 200 N. State St. Waseca, MN 56093	507-835-1701
Waseca Community Arena 1501 2nd Street NW Waseca, MN 56093	507-835-3251
Waseca Community Education 501 E. Elm Avenue Waseca, MN 56093	507-835-5626
Waseca Water Park 200 26th Ave. NE Waseca, MN 56093	507-833-0210

Waterville-Elysian-Morristown
Community Education
500 E. Paquin
Waterville, MN 56096

507-362-4403

Additional information can also be found on school district and chamber of commerce websites.

THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

Common Thread 126 2nd Street S Waterville, MN 56096	507-362-8469
Hands of Friendship 27980 Koeper Ave NE New Prague, MN 56071	952-758-5114
Lady Bug Thrift Store 116 Broadway Ave S. New Richland, MN 56072	507-463-3443

Peace Center 313 Columbus Ave. N New Prague, MN 56071	952-758-4688
Salvation Army 1810 S. Cedar Ave Owatonna, MN 55060	507-455-2023
Simply Saved Thrift Store 107 W. 1st St. Janesville, MN 56048	
SS Boutique 110 North 5th Stree Door F7 Mankato, MN 56001	952-688-6623
St. Mary's Thrift Store 69 E. Minnesota St. Le Center, MN 56057	507-357-4838
Treasures in Town 206 S. Main St. Le Sueur, MN 56058	507-665-4923
Waseca Area Neighborhood Service Center Thrift Store 203 Third Avenue NW Waseca, MN 56093	507-833-4119

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's License Road & Knowledge Test Sites

Driver's Exam Station

507-357-2251

Courthouse 88 S Park Avenue Le Center, MN 56057

Driver's Fxam Station

507-835-0625

County East Annex Building 300 N. State Street Waseca, MN 56093

Transportation Services

AmeriCare Mobility Van

507-625-6741

307 Pine Street

1-800-963-7233

Mankato, MN 56001

Non-emergency medical transportation for individuals with disabilities

National Run Away Safeline	1-800-RUN-AWAY
Le Sueur, MN 56058	
601 S. Fifth Street	1-888-880-4696
Minnesota River Valley Transit	507-665-6211

Must be youth initiated between the ages 12-20

SMART Bus 855-762-7821

105 3rd Ave. NE Waseca, MN 56093

 True Transit
 507-388-8783

 Vine Faith In Action
 1-800-560-1575

421 East Hickory Street Mankato, MN 56001

Serving Blue Earth, Le Sueur, and Nicollet County

507-345-0446

Wheel Get There - MVAC 706 N. Victory Drive Mankato, MN 56001

Cars/car repair assistance

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H University of MN Extension – Le Sueur Co. 88 S. Park Avenue Le Center, MN 56057-1620	507-357-8230
4-H University of MN Extension – Waseca Co. 300 North State Street Waseca, MN 56093-2933	507-835-0600
Boy Scouts of America 810 Madison Avenue Mankato, MN 56001	507-387-3123
Girl Scouts River Valleys	1-800-845-0787

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Le Sueur County Social Services 88 S. Park Avenue Le Center, MN 56057	507-357-8288
Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210 Mankato, MN 56001	1-800-369-5166
Lutheran Social Service	507-625-7660
710 S. 2nd Street Mankato, MN 56001	1-888-577-2227
Independent living skills	
Minnesota Prairie County Alliance 1000 West Elm Ave. Waseca, MN 56093	507-837-6600
MN Valley Action Council - Le Sueur Co.	507-357-4246
125 E. Minnesota St. Le Center, MN 56057	1-800-767-7139
MN Valley Action Council – Waseca Co.	507-835-8240
108 10th Ave. SE	1-800-767-7139
Waseca, MN 56093	
Vocational Rehabilitation Services	507-344-2622
12 Civic Center Plaza #1600C	
Mankato, MN 56001 Individuals with disabilities	
individuals with disabilities	





This Directory will help you find information about:

Child Care Housing Programs

Counseling Libraries
Disability Services Recreation
Education Thrift Stores

Employment Transportation
Food & Nutrition Youth Organiza

Food & Nutrition Youth Organizations
Health Services Youth Services

Artwork on cover provided by: Taylor Lawrenz

Scan this QR code with your smartphone to link to the youth directory online.

