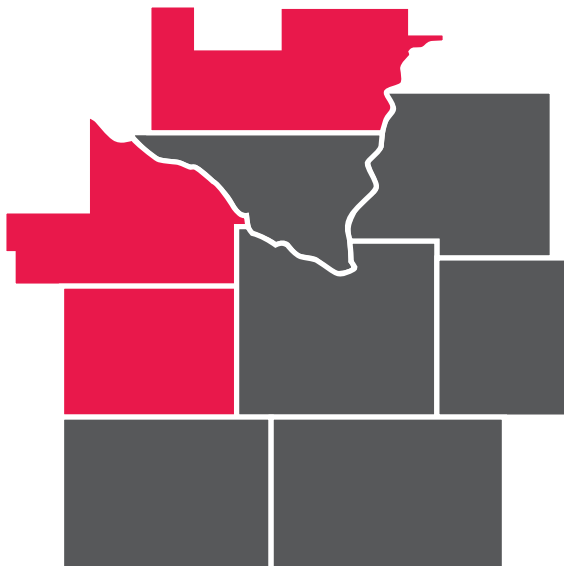


YOUTH DIRECTORY



For Brown, Sibley and Watonwan Counties

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INTRODUCTION

This directory is a listing of resources for youth in Brown, Sibley and Watonwan counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College
Sara Carrigan, South Central WorkForce Council
Abby Flantz, South Central WorkForce Council
Sarah McDonald, Minnesota Valley Action Council
Heather Sellner, Mankato Area Public Schools
Cody Smieja, Vocational Rehabilitation Services
Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

For more information on child care contact:

Brown County Family Services 1117 Center Street New Ulm, MN 56073	507-359-6500
Early Childhood Education – Comfrey	507-877-3491
Early Childhood Education – Gaylord	507-237-3379
Early Childhood Education – Gibbon/Fairfax/Winthrop	507-834-6501
Early Childhood Education – Madelia	507-642-3234
Early Childhood Education – New Ulm	507-233-8300
Early Childhood Education – River Bend Education District	507-359-8700

Early Childhood Education – Sleepy Eye	507-794-7873
Early Childhood Education – Springfield	507-723-4286
Early Childhood Education – St. James	507-375-3321
Ivy House New Ulm, MN 56073	507-766-6925 https://ivyhousemn.org/
Parent Aware	888-291-9811 www.parentaware.org
Sibley County Public Health and Human Services 111 8th St. Gaylord, MN 55334	507-237-4000 1-866-396-9963
Watonwan County Human Services 715 2nd Ave. S. P.O. Box 31 St. James, MN 56081	507-375-3294 1-888-299-5941

Child Care – Centers

Busy Bees 54526 Cty Road 1 Winthrop, MN 55396	507-276-4198
Butterfield-Odin Public School Child Care Center 440 Hubbard Ave Butterfield, MN 56120	507-956-2771

Comfrey Public School Childcare 305 Ochre Street West Comfrey, MN 56019	507-877-3491
God's Treasures 608 Highland Drive Winthrop, MN 55396	507-766-5752
Kids Connection 400 S. Payne New Ulm, MN 56073	507-359-2266
Kids Corner 609 N. Carver Winthrop, MN 55396	507-647-3575
Kids X-Cel Center 1506 7th St. N. New Ulm, MN 56073	507-354-4299
Little Rascals 1924 N. Franklin New Ulm, MN 56073	507-354-1587
Little Sprouts Learning Center 500 4th Ave SW Sleepy Eye, MN 56085	507-794-8785

Martin Luther College Early Childhood Learning Center 405 N. Highland New Ulm, MN 56073	507-233-9105
Noah's Ark Daycare 223 1st Street SE Madelia, MN 56062	507-642-3626
Shining Star Learning Center 417 High Avenue Gaylord, MN 55334	507-237-2804
St. James Community Childcare 500 8th Ave. S St. James, MN 56081	507-375-4517
St. John's Circle of Care 201 S. County Road 5 Springfield, MN 56087	507-723-3200
Stay and Play Child Care New Ulm, MN 56073	507-359-7372

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling – Autism

ASC Psychological Services 12 Civic Center Plaza #1615 Mankato, MN 56001	507-345-4679
Cavel Autism Health 1720 Bassett Drive Mankato, MN 56001	507-399-7963
Five Rivers Mental Health Clinic 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Fraser	612-767-7222 www.fraser.org
M Nelson Psychological Counseling 142 Riverfront Dr Mankato, MN 56001	507-625-4442

River Oaks Counseling Services	507-351-5185
931 Madison Ave Mankato, MN 56001	

Serenity Family Counseling LLC	507-338-5600
15 South Minnesota Street New Ulm, MN 56073	

Stages of Change Center, LLC	507-519-2285
100 Warren Street Suite 300-122 Mankato, MN 56001	

The Christopher Center	507-720-0570
83 Navaho Av. Suite 27 Mankato, MN 56001	

Counseling – Chemical Dependency

Adolescent Treatment Center of Winnebago	1-800-637-2460
620 1st Avenue SW P.O. Box 278 Winnebago, MN 56098	

Hazelden Betty Ford Foundation	1-877-793-5205
15251 Pleasant Valley Road Center City, MN 55012	

Mayo Clinic Health System – Fountain Centers	507-625-3372
101 Martin Luther King Jr. Dr.	
Mankato, MN 56001	

New Ulm Medical Center	507-217-5000
1324 5th Street N.	1-800-795-1211
New Ulm, MN 56073	

Counseling – Domestic Abuse/Sexual Assault

CADA of Brown/Sibley County	507-233-6663
PO Box 671	1-800-477-0466
New Ulm, MN 56073	

CADA of Watonwan County	507-375-3040
PO Box 254	
St. James, MN 56081	

Committee Against Domestic Abuse – CADA	507-625-8688
100 Stadium Court	Crisis Line 1-800-477-0466
P.O. Box 466	
Mankato, MN 56001	

Counseling – Financial

Catholic Charities 507-387-5586

201 N. Broad St., Suite 100
Mankato, MN 56001

Lutheran Social Service 507-625-7660

710 S. 2nd Street 1-888-577-2227
Mankato, MN 56001

University of MN Extension – Brown Co 507-794-7993

300 2nd Ave SW
Sleepy Eye, MN 56085

University of MN Extension – Watonwan Co 507-375-1275

108 8th St. S., Suite 1
St. James, MN 56081

University of MN Extension–Sibley Co 507-237-4100

Sibley County Service Center
111 8th Street
Gaylord, MN 55334

Counseling – Gambling

Lutheran Social Service 507-625-7660

710 S. 2nd Street 1-888-577-2227
Mankato, MN 56001

Minnesota Gambling Hotline 1-800-333-HOPE

Counseling – Legal

Immigrant Law Center of Minnesota	1-800-223-1368 651-641-1011 www.ilcm.org
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Minnesota Disability Law Center	1-800-292-4150 mylegalaid.org/about/our-work/disability-law
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Southern MN Regional Legal Services	507-396-6815
12 Civic Center Plaza, Suite 3000	1-888-575-2954
Mankato, MN 56001	

Volunteer Lawyers Network (VLN)	612-752-6655
600 Nicollet Mall Suite 390A	www.vlnmn.org
Minneapolis, MN 55402	

Counseling – LGBTQIA+ Support

Planned Parenthood of MN/ND/SD	507-387-5581
201 N Victory Dr. Suite 211	
Mankato, MN 56001	

Pride Counseling Services	507-246-2667
100 Warren St. Suite 324	
Mankato, MN 56001	

River Oaks Counseling Services	507-351-5185
931 Madison Av.	
Mankato, MN 56001	

Counseling – Mental Health Services

5 Rivers Mental Health Clinic 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Adult, Child and Family Services, LLC 103 N. Broad Street Mankato, MN 56001	507-387-3777
Brown County Family Services 1117 Center Street New Ulm, MN 56073	507-359-6500
Catholic Charities - Diocese of New Ulm 1421 6th St N New Ulm, MN 56073	866-670-5163
Cornerstone Christian Counseling 5 South German Street New Ulm, MN 56073	507-354-1147
Eunoia Family Resource Center 1226 S. Broadway New Ulm, MN 56073	507-359-2080
Eunoia Family Resource Center 120 7th Street S. St. James, MN 56081	1-855-935-6463

Greater MN Family Service Agency 2320 E. Hwy. 12 Willmar, MN 56201	320-214-9692
Life Dimensions 116 7th Street S. St. James, MN 56081	507-375-5688
Mankato Clinic – Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350
Mayo Clinic Health System – Springfield Medical Center 625 N. Jackson Avenue Springfield, MN 56087	507-723-6201
MN Mental Health Services 530 N Riverfront Dr. Suite 140 Mankato, MN 56001	507-242-8014
New Ulm Medical Center 1324 5th Street N. New Ulm, MN 56073	507-217-5000 1-800-795-1211
Open Door Health Center 309 Holly Lane Mankato, MN 56001	507-388-2120

Philip Psychological Clinic	507-345-5049
526 S. Second Street, Suite 3	
Mankato, MN 56001	

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	1-866-396-9963
Gaylord, MN 55334	

South Central Crisis Center/Mobile Team	507-344-0621 (info)
2100 Bassett Drive	1-877-399-3040 (crisis)
Mankato, MN 56001	

Southern MN Behavioral Health	507-354-3181
1407 S. State St.	24 hr. Crisis Line 1-800-247-2809
New Ulm, MN 56073	

Counseling – Pregnancy/Parenting

Birthright of Mankato	507-387-7818
330 Stadium Road, Suite 201B	National Hotline 1-800-550-4900
Mankato, MN 56001	

Brown County Public Health	507-233-6820
1117 Center Street	
New Ulm, MN 56073	

Catholic Charities	507-387-5586
201 N. Broad St., Suite 100	1-800-222-5859
Mankato, MN 56001	

Community Education Youth Development 500 8th Avenue S. St. James, MN 56081	507-375-4517
Early Childhood Family Education – Gaylord/Arlington 500 Court St. Gaylord, MN 55334	507-964-8293
Early Childhood Family Education – Gibbon/Fairfax/ Winthrop 323 E 11th Street Gibbon, MN 55335	507-207-2236
Early Childhood Family Education – Madelia 121 E. Main Street Madelia, MN 56062	507-642-3234
Early Childhood Family Education – New Ulm 400 S. Payne New Ulm, MN 56073	507-233-8300
Early Childhood Family Education – St. James 1273 10th Ave N P.O. Box 509 St. James, MN 56081	507-375-3325
First Choice Pregnancy Service 1223 S. Broadway New Ulm, MN 56073	507-359-9800

Help Me Grow of Brown/Sibley/Watonwan Co.	507-359-8700
1315 S. Broadway New Ulm, MN 56073	

Lutheran Social Service	507-625-7660
710 S. 2nd Street Mankato, MN 56001	

Planned Parenthood of MN/ND/SD	507-387-5581
Belle Mar Center	
201 N. Victory Dr., Suite 211	
Mankato, MN 56001	

Sibley County Public Health and Human Services	507-237-4000
111 8th St.	
Gaylord, MN 55334	

Southern MN Behavioral Health	507-354-3181
1407 S. State Street	24 hr. Crisis Line 1-800-247-2809
New Ulm, MN 56073	

Watonwan County Public Health	507-375-3294
715 Second Ave. S. P.O. Box 31	
St. James, MN 56081	

Counseling – Suicide Prevention

Alcoholics Anonymous MN meeting locator	https://aaminnesota.org
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South Central Crisis Center Warm/Crisis Line	1-877-399-3040
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Yellow Ribbon Suicide Prevention	507-387-5020
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National Crisis Line	1-800-273-8255
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Text "Help" to 741741

Counseling – Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous – Arlington	507-964-5413
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Alcoholics Anonymous – Henderson	507-248-3550
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Alcoholics Anonymous – New Ulm	507-354-4264
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Alcoholics Anonymous/Alanon Madelia, MN	507-642-3459
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CADA of Brown/Sibley County PO Box 671 New Ulm, MN 56073	507-233-6663 1-800-477-0466
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CADA of Watonwan County PO Box 254 St. James, MN 56081	507-375-3040
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Compassionate Friends	507-359-2737
Redeemer Church 700 South Broadway New Ulm, MN 56073	
<i>Bereaved parents, siblings, grandparents and other family members</i>	

Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210 Mankato, MN 56001	
<i>Women in transition - personal growth & career development</i>	

Mayo Clinic Health System Support Group Programs	507-385-2691
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Minnesota Brain Injury Force	507-228-8161
	www.mnbif.org

NAMI	651-645-2948
National Alliance on Mental Illness	1-888-626-4435
	www.namimn.org

New Ulm Medical Center	507-217-5000
1324 5th St. N. New Ulm, MN 56073	

Southern MN Behavioral Health	507-354-3181
1407 S. State Street New Ulm, MN 56073	24 hr. Crisis Line 1-800-247-2809
<i>Sexual assault victims</i>	

DISABILITY SERVICES

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

1. School-Based Preparatory Experiences
2. Career Preparation and Work Based Learning Experiences
3. Youth Development in Leadership
4. Connecting Activities
5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

For more information on disability services contact:

School-Based Preparatory Experiences

Secondary

River Bend Education District

507-359-8700

1315 South Broadway

New Ulm, MN 56073

Post-Secondary

Bethany Lutheran College Student Support/Academic Resources 700 Luther Dr. Mankato, MN 56001	507-344-7577
Gustavus Adolphus College Disability Services Johnson Student Union 204 St. Peter, MN 56031	507-933-7227
Martin Luther College 1995 Luther Court New Ulm, MN 56073	507-354-8221
Minnesota State University – Mankato Office of Accessibility Resources 132 Memorial Library Mankato, MN 56001	507-389-2825
Rasmussen University Campus Accommodations Coordinator 1400 Madison Avenue Mankato, MN 56001	507-625-6556
South Central College Academic Support Center 1900 Lee Boulevard North Mankato, MN 56003	507-389-7222

Career Preparation and Work Based Learning Experiences

Lifeworks 424 N. Riverfront Drive Suite 300 Mankato, MN 56001	507-625-7522 612-702-9861
MN Valley Action Council – Brown Co. 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138 1-800-767-7139
MN Valley Action Council – Sibley Co. 110 6th Street Gaylord, MN 55334-0087	507-237-2981 1-800-767-7139
MN Valley Action Council – Watonwan Co 705 2nd Avenue S. St. James, MN 56081	507-375-5748 1-800-767-7139
MRCI WorkSource 2100 N. Broadway P.O. Box 894 New Ulm, MN 56073	507-386-5600
Vocational Rehabilitation Services 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138

Connecting Activities

LEEP - Leisure Education for Exceptional People 929 N. 4th Street Mankato, MN 56001	507-387-5122
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Family Involvement and Supports

AmeriCare Mobility Van 307 Pine Street Mankato, MN 56001	507-625-6741
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Arc of Minnesota 501 S. 2nd St. Mankato, MN 56001	507-345-4223
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Autism Society of Minnesota 2380 Wycliff St. #102 St. Paul, MN 55114	651-647-1083 www.ausm.org
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Minnesota Disability Law Center mylegalaid.org/about/our-work/disability-law	1-800-292-4150
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NAMI National Alliance on Mental Illness	1-888-626-4435 www.namimn.org
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PACER 8161 Normandale Blvd. Minneapolis, MN 55437	952-838-9000
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SMILES Center for Independent Living	507-354-7106
1618 S. Broadway	
New Ulm, MN 56073	

Social Security Administration	1-877-457-1734
12 Civic Center Plaza, Suite 1550	507-345-5389
Mankato, MN 56001	

State of MN Deaf and Hard of Hearing Services	507-344-2840
12 Civic Center Plaza, Suite 1670	TTY 866-266-2461
Mankato, MN 56001	

State Services for the Blind	507-389-6070
12 Civic Center Plaza, Suite 1600B	
Mankato, MN 56001	

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

Butterfield High School	507-956-2771
Comfrey High School	507-877-3491
Gibbon-Fairfax-Winthrop High School	507-647-5382
Madelia High School	507-642-3232
MN New Country School (Charter)	507-248-3353
MN Valley Lutheran High School	507-354-6851

New Ulm Cathedral High School	507-354-4511
New Ulm High School	507-233-6400
River Bend ALC - New Ulm	507-359-8700
River Bend Imprints Program	507-359-8760
Sibley East High School	507-964-8235
Sleepy Eye High School	507-794-7904
Springfield High School	507-723-4288
St. James High School	507-375-3381
St. Mary's High School - Sleepy Eye	507-794-4121

Post-Secondary Schools

Bethany Lutheran College	507-344-7000
Gustavus Adolphus College	507-933-8000
Martin Luther College	507-354-8221
Minnesota State University, Mankato	507-389-1866
Rasmussen University - Mankato	1-800-657-6767 507-625-6556
South Central College	Mankato 507-389-7200 Faribault 507-332-5800

Community Education

Butterfield Community Education	507-956-2771
GFW Community Education	507-834-9813
Lincoln Community Center (GED Testing)	507-345-5222
Madelia Community Education	507-642-3232
New Ulm Community Education	507-233-8307
Sibley East Community Education	507-237-3322
Sleepy Eye Community Education	507-794-7873
Springfield Community Education	507-723-4283
St. James Adult Basic Education/GED/ESL	507-375-4517

Head Start

MN Valley Action Council - Brown County 104 St. Mary's Street PO Box 497 Sleepy Eye, MN 56085	507-794-5660
MN Valley Action Council - Brown County 910 14th Street North New Ulm, MN 56073	507-441-1485

MN Valley Action Council – Sibley County**507-237-2981**

110 Sixth Street
P.O. Box 87
Gaylord, MN 55334

MN Valley Action Council – Watonwan County**507-375-5748**

705 Second Avenue S.
St. James, MN 56081

Job Corps

Humphrey Job Corps Center**651-642-1133**

1480 N. Snelling Avenue
St. Paul, MN 55108

1-800-733-5627

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time

job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn.com). To see available jobs go to minnesotaworks.net.

For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
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CareerForce in Mankato 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622
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CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
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MN Valley Action Council - Brown Co. 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
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MN Valley Action Council – Sibley Co. 110 6th Street, Box 87 Gaylord, MN 55334	507-237-2981
MN Valley Action Council – Watonwan Co. 705 2nd Avenue S. St. James, MN 56081	507-375-5748
Watonwan County Employment & Training 108 8th St. S., Suite 4 St. James, MN 56081	507-375-1262

Staffing Agencies

Aerotek 921 Madison Ave, Suite 101 Mankato, MN 56001	507-601-5046
Doherty 1400 E. Madison Ave., Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
Jeane Thorne 1600 Madison Ave. Suite 104 Mankato, MN 56001	507-625-8800

Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 210 20th South Street #119 New Ulm, MN 56073	507-413-7401
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246
TEAM Personnel 627 S. Front Street Mankato, MN 56001	507-720-6556
Volt Workforce Solutions 2030 Lookout Dr. North Mankato, MN 56003	507-304-6514

FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Brown County Family Services 1117 Center Street New Ulm, MN 56073	507-359-6500
Fare for All Food & Resource Exchange	1-800-582-4291
Food for All 105 W. Lind St. Mankato, MN 56001 <i>2nd Saturday of each month at 9 a.m</i>	507-625-7228
Madelia Food Shelf 326 2nd St. NE Madelia, MN 56062	507-642-8853
New Ulm Food Shelf 1305 South Valley Street New Ulm, MN 56073	507-354-7668
Salvation Army – St. James	507-375-3451
Second Harvest Heartland Food Bank	651-209-7980 1-888-339-3663
Sibley County Food Share 111 Industrial Ave. P.O. Box 676 Gaylord, MN 55334	507-237-5253
Sibley County Public Health & Human Services 111 8th St. Gaylord, MN 55334	507-237-4000

Sleepy Eye Food Shelf 130 2nd Avenue NW Sleepy Eye, MN 56085	507-794-5969
Springfield Food Shelf 804 E. Rock Street Springfield, MN 56087	507-723-3663
University of MN Extension – Brown Co 300 2nd Ave SW Sleepy Eye, MN 56085	507-794-7993
University of MN Extension – Watonwan Co 108 8th St. S., Suite 1 St. James, MN 56081	507-375-1275
University of MN Extension–Sibley Co Sibley County Service Center 111 8th Street Gaylord, MN 55334	507-237-4100
Watonwan County Food Shelf 108 South Eight Street St. James, MN 56081	507-375-2527
Watonwan County Human Services 715 Second Avenue South, P.O. Box 31 St. James, MN 56081	507-375-3294

Watonwan County Weekend Backpack Program	507-375-3325
P.O. Box 124 St. James, MN 56081	

Women, Infants & Children – Brown County	507-233-6800
1117 Center Street New Ulm, MN 56073	

Women, Infants & Children – Sibley County	507-237-4000
111 8th Street Gaylord, MN 55334	

Women, Infants & Children – Watonwan County	507-375-3294
715 Second Avenue South P.O. Box 31 St. James, MN 56081	

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need

an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Brown County Public Health Department 1117 Center Street New Ulm, MN 56073	507-233-6820
Sibley County Public Health & Human Services 111 8th Street Gaylord, MN 55334	507-237-4000
Watonwan County Public Health 715 2nd Avenue S. P.O. Box 31 St. James, MN 56081	507-375-3294

Medical Clinics/Hospitals

Allina Health Springfield Clinic 625 N. Jackson Ave. Springfield, MN 56087	507-723-6201
Glencoe Regional Health Services 1805 Hennepin Avenue N Glencoe, MN 55336	320-864-3121 1-888-526-4242
Hutchinson Health 1095 Hwy. 15 S. Hutchinson, MN 55350	320-234-5000
Madelia Community Hospital & Clinic 121 Drew Ave SE Madelia, MN 56062	507-642-3255
Mankato Clinic - Daniels Health Center 1901 N. Old Minnesota Ave. St. Peter, MN 56082	507-934-2325
Mankato Clinic - Lake Crystal 221 South Murphy Street Lake Crystal, MN 56055	507-726-2136
Mankato Clinic - Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811 Psychiatry Department 507-387-3195

Mayo Clinic Health System – Fairmont	507-238-8100
800 Medical Center Drive	1-800-234-6141
Fairmont, MN 56031	(appointments) 507-238-8500

Mayo Clinic Health System – Mankato	507-625-4031
1025 Marsh Street	1-800-327-3721
Mankato, MN 56001	(appointments) 1-877-412-7575

Mayo Clinic Health System – Northridge Clinic	507-385-5700
1695 LorRay Drive	(appointments) 1-877-412-7575
North Mankato, MN 56003	

Mayo Clinic Health System – St. James	507-375-3261
1101 Moulton and Parsons Dr.	(appointments) 1-877-412-7575
St. James, MN 56081	

Mayo Clinic Health System – St. Peter	507-931-2110
1900 N. Sunrise Drive, Suite 200	(appointments) 1-877-412-7575
St. Peter, MN 56082	

New Ulm Medical Center	507-217-5000
1324 5th Street North	
New Ulm, MN 56073	

Open Door Health Center	507-388-2120
309 Holly Lane	
Mankato, MN 56001	

Provides medical and dental services

Ridgeview Sibley Medical Center – Arlington Clinic & Hospital 601 W. Chandler St. Arlington, MN 55307	507-964-2271
Ridgeview Sibley Medical Center – Gaylord 660 Third Street Gaylord, MN 55334	507-237-5523
Ridgeview Sibley Medical Center – Henderson 505 Main Street, P.O. Box 97 Henderson, MN 56044	507-248-3433
Ridgeview Sibley Medical Center – Winthrop 22 S. County Rd. 33 Winthrop, MN 55396	507-647-5318
Rivers Edge Hospital & Clinic 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
Sleepy Eye Medical Center 400 4th Ave. NW Sleepy Eye, MN 56085	507-794-3691 1-800-794-3691
Student Health Services/Medical Clinic Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001	507-389-6276

Winthrop Area Clinic
211 West Second Street
Winthrop, MN 55396

507-647-8000
1-800-795-1211

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

City of New Ulm EDA Housing 100 N. Broadway New Ulm, MN 56073	507-359-8227
Habitat for Humanity 1730 Bassett Drive Mankato, MN 56001	507-388-2081
Minnesota Housing Finance Agency	651-296-7608
Minnesota Valley Action Council – Brown Co. 1618 S. Broadway, Suite 203 New Ulm, MN 56073 <i>Must be income eligible</i>	507-508-4041
Minnesota Valley Action Council – Sibley Co. 110 Sixth Street Gaylord, MN 55334-0087 <i>Must be income eligible</i>	507-237-2981
Minnesota Valley Action Council – Watonwan Co. 705 2nd Ave. S St. James, MN 56081 <i>Must be income eligible</i>	507-375-5748
NUMAS Haus PO Box 291 New Ulm, MN 56073	507-359-2202

NUMAS Haus PO Box 291 New Ulm, MN 56073	507-359-2202
Partners for Housing 12 Civid Center Plaza Suite 2145 Mankato, MN 56001 <i>Transitional housing</i>	507-387-2115
Salvation Army 201 Star Street Mankato, MN 56001	507-345-7840
South Central MN Multi-County HRA 422 Belgrade Ave. Suite 102 North Mankato, MN 56003	507-345-1977 1-800-733-9564
The REACH Drop-In Center Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001 <i>Homeless youth</i>	507-720-0331

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Arlington Public Library 321 W. Main Street Arlington, MN 55307	507-964-2490
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Butterfield Public Library 111 Second Street N Butterfield, MN 56120	507-956-2361
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Comfrey Community Library 306 Brown Street West Comfrey, MN 56019	507-877-6600
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Darfur Branch Library 200 N. Adrian Street Darfur, MN 56022	507-877-5010
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Dyckman Free Library 345 Main Street W. Sleepy Eye, MN 56085	507-794-7655
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Gaylord Public Library 428 Main Avenue Gaylord, MN 55334	507-237-2280
Gibbon Public Library 1050 Adams Library Gibbon, MN 55335	507-834-6640
Hanska Community Library 201 Broadway P.O. Box 91 Hanska, MN 56041	507-439-7323
Henderson Public Library 110 S. 6th Street Henderson, MN 56044	507-248-3880
Lewisville Branch Library 105 Lewis Street W. Lewisville, MN 56060	507-435-2781
Madelia Branch Library 23 1st Street NW Madelia, MN 56062	507-642-3511
New Ulm Public Library 17 N. Broadway New Ulm, MN 56073	507-359-8331
Springfield Public Library 120 N. Cass Ave. Springfield, MN 56087	507-723-3510

Watonwan County Library & Multicultural Learning Center	507-375-1278
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125 5th Street S.
St. James, MN 56081

Winthrop Public Library	507-647-5308
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305 N. Main Street
Winthrop, MN 55396

Library Systems

SMILE Library System	507-625-7555
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Traverse Des Sioux Library System	507-625-6169
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RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

Code 3	507-797-1008
510 E 13th St. Gibbon, MN 55335	
Concordia Lanes	507-354-2923
416 19th North Street New Ulm, MN 56073	
El Toro Lanes	507-237-5111
112 High Avenue E. Gaylord, MN 55334	
Flandrau State Park	507-233-1260
1300 Summit Avenue New Ulm, MN 56073	
Gaylord Aquatic Center	507-237-2266
515 Recreation Road P.O. Box 987 Gaylord, MN 55334	
Madelia Community Education	507-642-3232
320 Buck Avenue SE Madelia, MN 56082	
Madelia Community Theatre	507-642-8822
127 West Main St. Madelia, MN 56062	

Madelia Golf Course 116 W. Main St. Madelia, MN 56062	507-642-3608
Madelia Lanes 416 1st Street SE Madelia, MN 56062	507-642-3322
Madelia Swimming Pool & Waterslide Watona Park Madelia, MN 56062	507-642-8952
Madelia Theater 117 W. Main Street Madelia, MN 56062	507-642-3333
New Ulm Area Gymnastics Academy	507-354-1168
New Ulm Basketball Association	507-354-1857 www.newulmbasketball.com
New Ulm Community Education 15 North State St. New Ulm, MN 56073	507-233-8307
New Ulm Country Club 1 Golf Drive Club House New Ulm, MN 56073	507-354-8896
New Ulm Figure Skating Club	507-354-7469 www.nufsc.org

New Ulm Football Association	507-354-5459
New Ulm Girls Fast Pitch Association	507-380-9344
New Ulm Park & Recreation 122 S. Garden Street New Ulm, MN 56073	507-359-8344
New Ulm Swim Club	507-359-4611
New Ulm Tennis Association	507-359-1160
New Ulm Youth Soccer Association	507-359-7052
New Ulm/Sleepy Eye Hockey Association	507-359-2283
Princess Theater 505 1st Ave. S. St. James, MN 56081	507-375-4370
River Valley BMX New Ulm, MN	507-217-7910
Sleepy Eye Community Education 400 4th Avenue SW Sleepy Eye, MN 56085	507-794-7873
Sleepy Eye Family Aquatic Center 201 Burnside St. SE Sleepy Eye, MN 56085	507-794-9501

Sleepy Eye Golf Club 27898 US Highway 14 W Sleepy Eye, MN 56085	507-794-5249
Springfield 2 East Central S. Springfield, MN 56087	507-723-3513
Springfield Community Swimming Pool Riverside Park Springfield, MN 56087	507-723-3516
Springfield Golf Club 651 S O'Connell Ave Springfield, MN 56087	507-723-5888
Springfield Lanes & Pro Shop 7 N. Cass Ave. Springfield, MN 56087	507-723-5616
St. James Community Education 500 3rd Avenue S., P.O. Box 509 St. James, MN 56081	507-375-4517
St. James Golf Course 77818 State Highway 60 St. James, MN 56081	507-375-7484
St. James Municipal Pool 111 Tiell Dr. St. James, MN 56081	507-375-1271

Vogel Fieldhouse/Indoor Pool**507-359-8347**

122 S. Garden St.

New Ulm, MN 56073

Additional information can also be found on school district and chamber of commerce websites.

THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

AGAIN Thrift & More**507-359-8009**

1607 S. Broadway

New Ulm, MN 56073

Clothing Depot**507-276-6302**

101 North Broadway

New Ulm, MN 56073

Open on Mondays and Wednesdays from 9 AM to Noon

Collectibles and Thrift**507-621-8295**

606 1st Ave. South

St. James, MN 56081

Enterprise Thrift Shoppe 6 E. Main St. Madelia, MN 56062	507-642-3660
MRCI Bargains 1702 Westridge Road New Ulm, MN 56073	507-354-3289
Next Tu Nu II 205 Main St. E. Sleepy Eye, MN 56085	507-794-5881
Treasure House Inc 1700 S. Broadway New Ulm, MN 56073	507-354-6108

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's License Road & Knowledge Test Sites

Driver's License Exam Station	507-359-6570
1900 N. Franklin St. New Ulm, MN 56073	

Driver's License Exam Station	507-375-1219
Watonwan County Courthouse 710 Second Avenue S. St. James, MN 56081	

Drivers' License Exam Station	507-237-4068
400 Court Avenue Gaylord, MN 55334	

Transportation Services

AmeriCare Mobility Van	507-625-6741
307 Pine Street	1-800-963-7233
Mankato, MN 56001	

Non-emergency medical transportation for individuals with disabilities

Brown County Heartland Express	1-800-707-2717
1900 N. Franklin	507-359-2717
New Ulm, MN 56073	

National Run Away Safeline	1-800-RUN-AWAY
<i>Must be youth initiated between the ages 12-20</i>	

Reds Rids	507-508-6680
New Ulm, MN	

Take-Me-There (T-M-T)	507-375-7385
1304 7th Avenue S.	
St. James, MN 56032	

Trailblazer Transit	320-864-1000
112 5th St. S.	
Gaylord, MN 55334	

Wheel Get There - MVAC	507-345-0446
706 N. Victory Drive	
Mankato, MN 56001	
<i>Cars/car repair assistance</i>	

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H Brown Co. Extension	507-794-7993
300 2nd Ave. SW	
Sleepy Eye, MN 56085-1402	

4-H Sibley Co. Extension	507-237-4100
111 8th Street, P.O. Box 207	
Gaylord, MN 55334	

4-H Watonwan Co. Extension	507-375-1275
108 8th Street S., Suite 1	
St. James, MN 56031-0068	

Boy Scouts of America	507-387-3123
810 Madison Avenue	
Mankato, MN 56001	

Brown County Area Youth Council	507-354-8632
125 S. Broadway	
New Ulm, MN 56073	

Girl Scouts River Valleys	1-800-845-0787
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Healthy Communities/Healthy Youth**507-354-8632**125 S. Broadway
New Ulm, MN 56073

Watonwan County Youth CouncilSt. James/Butterfield **507-375-4517**Madelia **507-647-3232**

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Brown County Family Services**507-359-6500**1117 Center Street
New Ulm, MN 56073

Families First Collaborative**507-276-8230**1117 Center Street
New Ulm, MN 56073-0543

Life-Work Planning Center**507-345-1577**127 S. 2nd St., Suite 210
Mankato, MN 56001**1-800-369-5166**

Lutheran Social Service	507-625-7660
710 S. 2nd Street	1-888-577-2227
Mankato, MN 56001	

Independent living skills

Madelia Area Integration Collaborative	507-642-3232 x204
320 Buck Avenue SE	
Madelia, MN 56052	

Includes LCWM, Madelia, Maple River, Truman

MN Valley Action Council – Brown Co.	507-354-3138
1618 S. Broadway, Suite 203	1-800-767-7139
New Ulm, MN 56073	

Must be income eligible

MN Valley Action Council – Sibley Co.	507-237-2981
110 6th Street	1-800-767-7139
Gaylord, MN 55334-0087	

Must be income eligible

MN Valley Action Council – Watonwan Co	507-375-5748
705 2nd Avenue S.	1-800-767-7139
St. James, MN 56081	

Must be income eligible

Pro Kinship for Kids National Mentoring Program	507-359-2445
1400 S. State Street	
New Ulm, MN 56073	

Sibley County Children's Collaborative	507-237-4000
111 Eighth Street	1-866-396-9965
Gaylord, MN 55334	

Sibley County Public Health & Human Services	507-237-4000
111 8th Street	
Gaylord, MN 55334-0237	

SMILES Center for Independent Living	507-354-7106
1618 S. Broadway	
New Ulm, MN 56073	

Vocational Rehabilitation Services	507-354-3138
1618 S. Broadway, Suite 203	
New Ulm, MN 56073	

Individuals with disabilities

Watonwan County Family Services Collaborative	507-375-5974
500 3rd Avenue S.	
P.O. Box 509	
St. James, MN 56081	

NOTES



This Directory will help you find information about:

Child Care	Housing Programs
Counseling	Libraries
Disability Services	Recreation
Education	Thrift Stores
Employment	Transportation
Food & Nutrition	Youth Organizations
Health Services	Youth Services

**Artwork on cover provided by:
Taylor Lawrenz**

**Scan this QR code with your smartphone
to link to the youth directory online.**

