

## For Blue Earth and Nicollet Counties

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# INTRODUCTION

This directory is a listing of resources for youth in Blue Earth and Nicollet counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Laura Attenberger, South Central College Sara Carrigan, South Central WorkForce Council Abby Flantz, South Central WorkForce Council Sarah McDonald, Minnesota Valley Action Council Heather Sellner, Mankato Area Public Schools Cody Smieja, Vocational Rehabilitation Services Gwenn Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2408.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

# CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

#### For more information on child care contact:

<b>Blue Earth Co. Human Services</b> 410 S. Fifth Street Mankato, MN 56001	507-304-4222
<b>Ivy House</b> New Ulm, MN 56073	507-766-6925 https://ivyhousemn.org
Nicollet County Human Services 2070 Howard Drive West North Mankato, MN 56003	507-387-4556
Nicollet County Human Services 622 S. Front St. St. Peter, MN 56082	507-934-8559

www.parentaware.org

Child Care - Centers	
<b>Care Corner</b> 265 St. Andrews Dr. Mankato, MN 56001	507-386-7444
<b>Children's House</b> Minnesota State University – Mankato 228 Wiecking Center Mankato, MN 56001	507-389-1645
<b>Creative Minds Early Learning Center LLC</b> 1641 Commerce Drive North Mankato, MN 56003	507-345-5147
<b>Epiphany Preschool</b> 605 Parkway Ave. P.O. Box 188 Eagle Lake, MN 56024	507-257-3502
Golden Heart Child Care Center 1825 Commerece Drive North Mankato, MN 56003	507-625-1454
<b>Kid's Corner</b> 600 S. 5th Street – Room 106 St. Peter, MN 56082	507-934-1002

For Blue Earth and Nicollet Counties

Lil' Bees Learning Center 1821 Bassett Drive, Suite 103	507-720-5104 507-720-8307
Mankato, MN 56001	
3 locations in Mankato	
Little Saints Day Care 605 4th St.	507-243-3010
Madison Lake, MN 56063	
<b>Little Sprouts</b> 708 Parkway Ave Eagle Lake, MN 56024	507-654-0155
Little Stars Early Learning Center 300 Madison Avenue Mankato, MN 56001	507-625-2141
<b>Our Little World Daycare</b> 121 Birkdale Dr. Mankato, MN 56001	507-344-0021
<b>Pemberton Academic Learning Services, Inc.</b> 141 4th Street Pemberton, MN 56078	507-869-3353
<b>Pitter Patters Early Learning Center</b> 608 Walnut St. Madison Lake, MN 56063	507-995-5451

<b>Robyn's Nest</b> 1759 Commerce Drive North Mankato, MN 56003	507-388-8595
Sam & Abes Childcare Learning and Dev. Center 160 St. Andrews Ct., Suite 100 Mankato, MN 56001	507-345-1451
<b>St. John's Lutheran Day Care</b> 137 Houk Street Good Thunder, MN 56037	507-278-3635
<b>St. Peter Community Childcare Center, Inc.</b> 600 South 5th St. Suite 125 St. Peter, MN 56082	507-934-3606
<b>Trinity Christian Day-Care</b> 1027 Sherman Street North Mankato, MN 56003	507-388-7761
<b>Wellcome Kids</b> 114 W. Pleasant Street Garden City, MN 56034	507-546-3295

# COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

#### When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

#### For more information on counseling contact:

Counseling - Autism	
<b>ASC Psychological Services</b> 12 Civic Center Plaza #1615 Mankato, MN 56001	507-345-4679
<b>Cavel Autism Health</b> 1720 Bassett Drive Mankato, MN 56001	507-399-7963
<b>Five Rivers Mental Health Clinic</b> 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Fraser	612-767-7222 www.fraser.org
<b>M Nelson Psychological Counseling</b> 142 Riverfront Dr Mankato, MN 56001	507-625-4442

P.O. Box 278		
Winnebago, MN 56098		

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# Stages of Change Center, LLC 100 Warren Street Suite 300-122 Mankato, MN 56001 The Christopher Center 83 Navaho Av. Suite 27 Mankato, MN 56001

**River Oaks Counseling Services** 

Serenity Family Counseling LLC

15 South Minnesota Street New Ulm, MN 56073

931 Madison Ave Mankato, MN 56001

Counseling – Chemical Dependency

Adolescent Treatment Center of Winnebago

# **Addiction Recovery Technologies**

12 Civic Center Plaza, Suite 2116 Mankato, MN 56001

620 1st Avenue SW

507-720-0570

507-345-4670

1-800-637-2460

507-893-3885

#### 507-338-5600

507-519-2285

507-351-5185

<b>Blue Earth County Human Services</b> 410 S. Fifth Street Mankato, MN 56001	507-304-4222
Hazelden Betty Ford Foundation 15251 Pleasant Valley Road Center City, MN 55012	1-877-793-5205
<b>House of Hope, Inc</b> 1429 3rd Ave Mankato, MN 56001	507-625-4373
<b>Mayo Clinic Health System – Fountain Centers</b> 101 Martin Luther King Jr. Dr. Mankato, MN 56001	507-625-3372
Nicollet County Human Services 622 S. Front St. St. Peter, MN 56082	507-934-8559
<b>Phoenix Recovery Programs</b> 54945 210th Lane Mankato, MN 56001	507-385-0668
<b>Wellcome Manor Family Services</b> 114 Pleasant Street W Garden City, MN 56034	507-546-3295 1-866-559-3295

Counseling — Domestic Abuse/Sexual Assault		
<b>Committee Against Domestic Abuse - CADA</b> 100 Stadium Court P.O. Box 466 Mankato, MN 56001	<b>507-625-8688</b> Crisis Line <b>1-800-477-0466</b>	
Counseling – Financial		
<b>Catholic Charities</b> 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586	
<b>Lutheran Social Service</b> 710 S. 2nd Street Mankato, MN 56001	507-625-7660 1-888-577-2227	
University of MN Extension – Nicollet County 501 S Minnesota Avenue St. Peter, MN 56082	507-934-7828	
<b>University of MN Extension-Regional</b> 1961 Premier Drive, Suite 110 Mankato, MN 56001	507-389-6714 1-888-241-3214	

710 S. 2nd Street Mankato, MN 56001	1-888-577-2227
Minnesota Gambling Hotline	1-800-333-HOPE
Counseling – Legal	
Immigrant Law Center of Minnesota	1-800-223-1368 651-641-1011 www.ilcm.org
Minnesota Disability Law Center mylegalaid.org/ak	<b>1-800-292-4150</b> pout/our-work/disability-law
<b>Southern MN Regional Legal Services</b> 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	507-396-6815 1-888-575-2954

#### Volunteer Lawyers Network (VLN)

600 Nicollet Mall Suite 390A Minneapolis, MN 55402

612-752-6655 www.vlnmn.org

507-625-7660 888-577-2227

#### 800-333-HOPE

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# Counseling – Gambling

Lutheran Social Service 710 S.

# Cou

<b>Planned Parenthood of MN/ND/SD</b> 201 N Victory Dr. Suite 211 Mankato, MN 56001	507-387-5581
<b>Pride Counseling Services</b> 100 Warren St. Suite 324 Mankato, MN 56001	507-246-2667
<b>River Oaks Counseling Services</b> 931 Madison Av. Mankato, MN 56001	507-351-5185
Counseling – Mental Health Services	
<b>5 Rivers Mental Health Clinic</b> 1650 Madison Av. Suite 102 Mankato, MN 56001	507-345-7012
Adult, Child and Family Services, LLC 103 N. Broad Street Mankato, MN 56001	507-387-3777
<b>Blue Earth County Mental Health Center</b> 410 S. Fifth St. Mankato, MN 56001	507-304-4319

Counseling - LGBTQIA+ Support

<b>Catholic Charities</b> 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
<b>Counseling Services of Southern MN</b> 226 North Broad Street Mankato, MN 56001	507-931-8040
<b>Counseling Services of Southern MN</b> 1306 Marshall Street St. Peter, MN 56082	507-931-8040
<b>Leo A. Hoffmann Center, Inc.</b> 1715 Sheppard Drive, P.O. Box 60 St. Peter, MN 56082	507-934-6122
<b>Lutheran Social Service</b> 710 S. 2nd Street Mankato, MN 56001	507-625-7660
<b>Mankato Clinic – Madison East</b> Psychiatry & Psychology 1400 Madison Avenue, Ste. 352 Mankato, MN 56001	507-387-3195
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350

Mayo Clinic Health System Behavior Health Center 1025 Marsh Street Mankato, MN 56001	507-385-2620
<b>Mayo Clinic Health System – Eastr</b> 101 Martin Luther King Jr. Dr. Mankato, MN 56001	idge Clinic 507-594-6500 (appointments) 1-877-412-7575
MN Mental Health Services 530 N Riverfront Dr. Suite 140 Mankato, MN 56001	507-242-8014
<b>Open Door Health Center</b> 309 Holly Lane Mankato, MN 56001	507-388-2120
Philip Psychological Clinic 526 S. Second Street, Suite 3 Mankato, MN 56001	507-345-5049
<b>Power Up Clubhouse</b> 123 S Minnesota Ave St. Peter, MN 56082	507-934-4444
<b>Riverview Clinic</b> 600 Reed Street, Suite 115 Mankato, MN 56001	507-625-4060

South Central Crisis Center/Mobile Team
2100 Bassett Drive
Mankato, MN 56001

Southern MN Behavioral Health 709 S. Front St. Suite 2 Mankato, MN 56001 **507-388-3181** 24 hr. Crisis Line **1-800-247-2809** 

#### Counseling - Pregnancy/Parenting

Birthright	National Hotline 1-800-550-4900
<b>Catholic Charities</b> 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586 1-800-222-5859
<b>Early Childhood Family Education</b> 101 6th Avenue NE P.O. Box 515 Mapleton, MN 56065	507-524-3918 x101
Early Childhood Family Education – Mar 820 Hubbell Avenue Mankato, MN 56001	nkato 507-625-4620
<b>Help Me Grow Program</b> 820 Hubbell Avenue Mankato, MN 56001	507-207-4229 1-866-693-4769

507-344-0621 (info) 1-877-399-3040 (crisis)

Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
MN Valley Education District 801 Davis Street St. Peter, MN 56082	507-934-5420
Nicollet County Public Health 622 S. Front St. St. Peter, MN 56082	507-934-8559
Planned Parenthood of MN/ND/SD Belle Mar Center 201 N. Victory Dr., Suite 211 Mankato, MN 56001	507-387-5581 1-800-230-7526
<b>Teenage Pregnancy &amp; Parenting Program (TAPP)</b> 110 Fulton St. Mankato, MN 56001	507-387-3047
Counseling - Suicide Prevention	
Alcoholics Anonymous MN meeting locator	https://aaminnesota.org
South Central Crisis Center Warm/Crisis Line	1-877-399-3040

#### Yellow Ribbon Suicide Prevention

#### 507-387-5020 National Crisis Line 1-800-273-8255

Text "Help" to 741741

#### Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous	507-934-4786
922 Swift St. Door 918	
St. Peter, MN 56082	
Alcoholics Anonymous - District 9 Mankato, MN	507-387-2772
Arc of Minnesota Southwest	507-345-4223
501 S. 2nd St.	866-502-4082
Mankato, MN 56001	
Individuals with disability	ties
Codependents Anonymous	507-387-2160
First Presbyterian Church	1-888-444-2359
220 E Hickory Street	
Mankato, MN 56001	

LGBT Center	507-389	-5131
MSU – Mankato		
CSU 194		
Mankato, MN 56001		
Lesbian, gay, bi	sexual, transgender concerns	
Life-Work Planning Center	507-345	-1577
127 S. 2nd St., Suite 210		
Mankato, MN 56001		
Women in transition - p	ersonal growth & career development	
Mayo Clinic Health System	Support Group Programs 507-385	-2691
Mayo Clinic Health System	Cancer Support Group 507-594	-2929
1025 Marsh Street		
Mankato, MN 56001		
Minnesota Brain Injury Force	507-228	-8161
	www.mn	bif.org
NAMI	651-645	-2948
National Alliance on Mental Illne	ss <b>1-888-626</b>	-4435
	www.namin	nn.org
Nicollet/Sibley Sexual Assault	Services Crisis Line 1-800-477	-0466
·	507-934	-2222
Phoenix Recovery Programs	507-385	-0668
54945 210th Lane		
Mankato, MN 56001		

# DISABILITY SERVICES

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

- 1. School-Based Preparatory Experiences
- 2. Career Preparation and Work Based Learning Experiences
- 3. Youth Development in Leadership
- 4. Connecting Activities
- 5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

#### For more information on disability services contact:

# School-Based Preparatory Experiences

#### Secondary

District #77 Transition Program (ISITE)	507-387-1818
Minnesota Valley Education District (MVED) 811 Davis St. St. Peter, MN 56031	507-934-5420

#### Post-Secondary

<b>Bethany Lutheran College</b> Student Support/Academic Resources 700 Luther Dr. Mankato, MN 56001	507-344-7577
<b>Gustavus Adolphus College</b> Disability Services Johnson Student Union 204 St. Peter, MN 56031	507-933-7227
Minnesota State University - Mankato Office of Accessibility Resources 132 Memorial Library Mankato, MN 56001	507-389-2825
Rasmussen University Campus Accommodations Coordinator 1400 Madison Avenue Mankato, MN 56001	507-625-6556
South Central College Academic Support Center 1900 Lee Boulevard North Mankato, MN 56003	507-389-7222

Career Preparation and Work Based Learning Experiences	
<b>Lifeworks</b> 424 N. Riverfront Drive Suite 300 Mankato, MN 56001	507-625-7522 612-702-9861
MN Valley Action Council – Blue Earth/Nicollet 706 N. Victory Dr. Mankato, MN 56001	507-345-6822
MRCI WorkSource 1750 Energy Drive Mankato, MN 56001	507-386-5600 1-800-829-7110
<b>Vocational Rehabilitation Services</b> 12 Civic Center Plaza, Suite 1600C Mankato, MN 56001	507-344-2622
Connecting Activities	
<b>LEEP – Leisure Education for Exceptional People</b> 929 N. 4th Street Mankato, MN 56001	507-387-5122

#### Family Involvement and Supports

#### AmeriCare Mobility Van 307 Pine Street

Mankato, MN 56001

#### Arc of Minnesota

501 S. 2nd St. Mankato, MN 56001

#### **Autism Society of Minnesota**

2380 Wycliff St. #102 St. Paul, MN 55114

#### Minnesota Disability Law Center

mylegalaid.org/about/our-work/disability-law

# NAMI1-888-626-4435National Alliance on Mental Illnesswww.namimn.orgPACER952-838-90008161 Normandale Blvd.Minneapolis, MN 55437REM507-387-3181210 Thomas Drive<br/>Mankato, MN 56001507-345-7139SMILES Center for Independent Living507-345-7139

709 S. Front St. Suite 7 Mankato, MN 56001 507-345-4223

507-625-6741

651-647-1083

www.ausm.org

1-800-292-4150

Social Security Administration	1-877-457-1734
12 Civic Center Plaza, Suite 1550 Mankato, MN 56001	507-345-5389
State of MN Deaf and Hard of Hearing Services	507-344-2840
12 Civic Center Plaza, Suite 1670 Mankato, MN 56001	∏Y <b>866-266-2461</b>
<b>State Services for the Blind</b> 12 Civic Center Plaza, Suite 1600B Mankato, MN 56001	507-389-6070
VINE Faith in Action 421 E. Hickory St. Mankato, MN 56001	507-387-1666

# EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors.

Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

#### For more information on education contact:

#### Secondary Schools

Immanuel-Lutheran High School	507-345-3027
Kato Public Charter School	507-387-5524
Lake Crystal-Wellcome Memorial	507-726-2110
Loyola Catholic School	507-388-0600
Mankato Central High School	507-387-3047
Mankato East High School	507-387-5671
Mankato West High School	507-387-3461
Maple River High School	507-524-3918
Nicollet High School	507-232-3411
St. Clair High School	507-245-3027
St. Peter High School	507-934-4212

Post-Secondary	Schools
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Bethany Lutheran College	507-344-7000
Gustavus Adolphus College	507-933-8000
Martin Luther College	507-354-8221
Minnesota State University, Mankato	507-389-1866
Rasmussen University - Mankato	1-800-657-6767
-	507-625-6556
South Central College	Mankato 507-389-7200
	Faribault <b>507-332-5800</b>

## Community Education

Adult Basic Education/GED – Mankato	507-345-5222
Lincoln Community Center (GED Testing)	507-345-5222
Maple River Community Education	507-524-3918
St. Peter Adult Basic Education/GED	507-934-3048

## Educational Instruction

#### Mathnasium

521 Hope St. Mankato, MN 56001 507-345-3276

## Head Start

MN Valley Action Council - Blue Earth County 105 N. 5th St. Mankato, MN 56001	507-345-1485
MN Valley Action Council - Nicollet County 600 S. Fifth Street, Room 121 St. Peter, MN 56082	507-934-5225
Job Corps	
Humphrey Job Corps Center	651-642-1133

1480 N. Snelling Avenue St. Paul, MN 55108 651-642-1133 1-800-733-5627

# EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer. Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see www.careerforcemn. com). To see available jobs go to minnesotaworks.net.

#### For more information on employment contact:

<b>CareerForce in Fairmont</b> 400 S. State St., Suite 180 Fairmont, MN 56031	507-618-5610
<b>CareerForce in Mankato</b> 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622
CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
MN Valley Action Council – Blue Earth Co. 706 N. Victory Drive Mankato, MN 56001	507-345-6822 1-800-767-7139
<b>MN Valley Action Council - Nicollet Co</b> 600 South 5th St., Room 213 St. Peter, MN 56082	507-934-5224

Staffing Agencies	
<b>Aerotek</b> 921 Madison Ave, Suite 101 Mankato, MN 56001	507-601-5046
<b>Doherty</b> 1400 E. Madison Ave., Suite 332 Mankato, MN 56001	507-387-5009
<b>Express Employment Professionals</b> 113 Monroe Ave. North Mankato, MN 56003	507-387-5620
<b>Jeane Thorne</b> 1600 Madison Ave. Suite 104 Mankato, MN 56001	507-625-8800
<b>Manpower</b> 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 627 S. Front St. Mankato, MN 56001	507-720-6556
<b>People Ready</b> 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246

**Spherion** 223 Belgrade Ave North Mankato, MN 56003

**TEAM Personnel** 627 S. Front Street Mankato, MN 56001

Volt Workforce Solutions 2030 Lookout Dr. North Mankato, MN 56003

# FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

**Blue Earth Co. Human Services** 410 S. Fifth Street Mankato, MN 56001 507-304-4319

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507-720-6556

507-304-6514

Centenary United Methodist Church 501 S. 2nd St.	507-225-6370
Mankato, MN 56001 Monday - Saturday breakfast at 8:30 a.m to 11 A	М.
<b>ECHO Food Shelf</b> 1014 South Front Street Mankato, MN 56001	507-345-7508
<b>Fare for All</b> Hossann Lutheran Church 105 Hosanna Dr. Mankato, MN 56001	507-388-1766
<b>Feeding Our Communities Partners</b> Backpack Food Program P.O. Box 5275 Mankato, MN 56002-5275	507-385-3627
<b>Food for All</b> 105 W. Lind St. Mankato, MN 56001 <i>2nd Saturday of each month at 9 a.m</i>	507-625-7228
Free or Reduced School Meals – District 508	507-934-5703
Free or Reduced School Meals - District 77	507-388-7442
<b>Maple River Loaves and Fishes</b> 104 Central Avenue N. Mapleton, MN 56065	507-524-3046

Nicollet County Human Services 2070 Howard Dr. North Mankato, MN 56003	507-387-4556
Nicollet County Human Services 622 S. Front St. St. Peter, MN 56082	507-934-8559
<b>Salvation Army</b> 700 S. Riverfront Drive Mankato, MN 56001	507-345-7840
Free noon meals	
Second Harvest Heartland Food Bank	651-209-7980 1-888-339-3663
<b>St. Peter Food Shelf</b> 201 B South 3rd St. St. Peter, MN 56082	507-934-9641
University of MN Extension - Blue Earth County 204 S. 5th St., Suite 330 Mankato, MN 56001	507-304-4325 Regional 507-389-6714
University of MN Extension - Nicollet County 501 S Minnesota Avenue St. Peter, MN 56082	507-934-7828
Women, Infants & Children (WIC) – Blue Earth Co 410 S. 5th St. Mankato, MN 56001	507-304-4163
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For Blue Earth and Nicollet Counties

# HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parents' permission? Also check with your school nurse.

#### For more information on health services contact:

## Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

St. Peter, MN 56082		
Medical Clinics/Hospita	ls	
<b>Mankato Clinic - Adams Street</b> 1809 Adams Street Mankato, MN 56001		507-385-4075
Mankato Clinic - Daniels Health C 1901 N. Old Minnesota Ave. St. Peter, MN 56082	Center	507-934-2325
Mankato Clinic - Lake Crystal 221 South Murphy Street Lake Crystal, MN 56055		507-726-2136
Mankato Clinic - Madison East 1400 Madison Avenue Mankato, MN 56001		507-387-3195
<b>Mankato Clinic - Main Street</b> 1230 E. Main Street Mankato, MN 56001	Psychiatry Department	507-625-1811 507-387-3195

# Blue Earth County Public Health

410 S. 5th Street (Lower level) Mankato, MN 56002-3526

#### **Nicollet County Public Health**

622 S. Front St St.

#### 507-304-4319

507-934-7220

<b>Mankato Clinic – Mapleton</b> 305 Main Street NE Mapleton, MN 56065		507-524-3835
<b>Mankato Clinic - North Mankato</b> 1575 Lookout Drive North Mankato, MN 56003		507-625-5027
<b>Mankato Clinic - Sleep Center</b> 120 North Augusta Court, Suite 100 Mankato, MN 56001		507-389-8520
Mankato Clinic – Wickersham Healtl 1421 Premier Drive Mankato, MN 56001	h Campus	507-625-1811
<b>Mayo Clinic Health System – Eastrid</b> 101 Martin Luther King Jr. Dr. Mankato, MN 56001	ge Clinic	507-594-6500
Mayo Clinic Health System – Hospita	al & Clinic	507-625-4031
1025 Marsh Street		1-800-327-3721
Mankato, MN 56001	(appointme	ents) <b>1-877-412-757</b>
Mayo Clinic Health System – Madiso	on East	507-388-9353
1400 Madison Ave. Mankato, MN 56001	(appointme	ents) <b>1-877-412-7575</b>
Mayo Clinic Health System - Northri	idge Clinic	507-385-5700
1695 LorRay Drive North Mankato, MN 56003	(appointme	ents) <b>1-877-412-7575</b>
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<b>Mayo Clinic Health System - St. Peter</b> 1900 Sunrise Drive, Suite 200 St. Peter, MN 56082	<b>507-931-2110</b> (appointments) <b>1-877-412-7575</b>
<b>Minnesota State University Dental Clini</b> 150 South Road Mankato, MN 56001	c 507-389-2147
Open Door Health Center 309 Holly Lane Mankato, MN 56001 Provides medical and	507-388-2120 dental services
<b>Pediatric &amp; Adolescent Dentistry</b> 212 Star Street Mankato, MN 56001	507-387-4078
<b>Rivers Edge Hospital &amp; Clinic</b> 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
Student Health Services/Medical Clinic Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001	507-389-6276

### HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

#### For more information on local housing programs contact:

#### **Connections Shelter**

507-995-4952

First Presbyterian Church 220 E. Hickory St. Mankato, MN 56001

Cold weather shelter for women/children

1730 Bassett Drive Mankato, MN 56001 Minnesota Housing Finance Agency	651-296-7608
Minnesota Valley Action Council - Blue Earth County 706 N. Victory Drive Mankato, MN 56001 Must be income eligible	507-345-6822 1-800-767-7139
Minnesota Valley Action Council – Nicollet County St. Peter Community Center 600 S. 5th Street St. Peter, MN 56082 <i>Must be income eligible</i>	507-934-5224 1-800-767-7139
Partners for Housing 12 Civid Center Plaza Suite 2145 Mankato, MN 56001 Transitional housing	507-387-2115
Salvation Army 201 Star Street Mankato, MN 56001	507-345-7840
<b>Section 8 Rental Assistance</b> City of Mankato - Intergovernmental Center 10 Civic Center Plaza Mankato, MN 56001	507-387-8600

#### South Central MN Multi-County HRA

422 Belgrade Ave. Suite 102 North Mankato, MN 56003

### The REACH Drop-In Center

Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001

Homeless youth

### LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

#### For more information on libraries contact:

<b>Blue Earth County Library</b> 100 E. Main Street Mankato, MN 56001	507-304-4001
<b>Lake Crystal Public Library</b> 100 Robinson Street Lake Crystal, MN 56055	507-726-2726

#### 507-345-1977 1-800-733-9564

507-720-0331

104 First Avenue NE, P.O. Box 405 Mapleton, MN 56065	307-324-3313
<b>North Mankato Taylor Public Library</b> 1001 Belgrade Avenue North Mankato, MN 56003	507-345-5120
<b>St. Peter Public Library</b> 601 S. Washington Avenue St. Peter, MN 56082	507-934-7420
Library Systems	
SMILE Library System	507-625-7555
Traverse Des Sioux Library System	507-625-6169

### RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

Manleton Public Library

507-524-2512

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

#### For more information on recreation and leisure contact:

410 Project: Community Art Space Mankato, MN	https://the410project.com
<b>All Seasons Arena</b> 1251 Monks Ave Mankato, MN 56001	507-387-6552
Arts Center of St. Peter 315 S. Minnesota Avenue St. Peter, MN 56082	507-931-3630
Carmike Cinema 6 220 Stadium Road Mankato, MN 56001	507-625-1763
<b>Carnegie Art Center</b> 120 S Broad Street Mankato, MN 56001	507-625-2730
<b>CineGrand Mankato 4</b> Mankato Place Mall 12 Civic Center Plaza, Suite 1640 Mankato, MN 56001	<b>507-779-7309</b> mn.cinegrand.us

<b>Cinemark Movies 8</b> River Hills Mall 1850 Adams Street Mankato, MN 56001	507-625-1929
<b>Community Education – Nicollet</b> 1 Pine Street Nicollet, MN 56074	507-232-3411 x3104
<b>Community Education &amp; Recreation – Mankato</b> 110 Fulton Street Mankato, MN 56001	507-387-5501
Dance Conservatory of So. MN 1400 Madison Avenue, Suite 318 Mankato, MN 56001	507-625-2005
<b>Dance Express</b> 2105 N. Broad Court Mankato, MN 56001	507-625-3865
<b>Darts League</b> 1840 Commerce Drive North Mankato, MN 56003	507-387-7986
<b>K &amp; G Gymnastics</b> 19288 MN 22 Mankato, MN 56001	507-720-6399

Lake Crystal Area Recreation Center 621 W. Nathan Street Lake Crystal, MN 56055	507-726-6730
LEEP - Leisure Education for Exceptional People 929 N. 4th Street Mankato, MN 56001	507-387-5122
Individuals with disabilities	
<b>Mankato Area Gymnastics School</b> 161 W. Lind Ct Mankato, MN 56002	507-625-6260
Mankato Area Wrestling Club	507-382-5425
Mankato Area Youth Baseball Assoc. – MAYBA	507-625-9473
Mankato Area Youth Symphony Orchestra	507-399-1489
Mankato Ballet Company 731 S. Front Street Mankato, MN 56001	507-625-7716
Mankato Curling Club 600 Hope Street Mankato, MN 56002	507-388-3335
Mankato Family YMCA 1401 S. Riverfront Drive Mankato, MN 56001	507-387-8255

Mankato Figure Skating Club Mankatofsc@yahoo.com	
Mankato Peppers Softball mankatolilpeppers@gmail.com	
Mankato Royals Baseball	507-327-9244
Mankato United Soccer Club	mankatosoccer.org
<b>Mankato Walking Sculpture Tour</b> 127 S 2nd Street Mankato, MN 56001	507-388-1062
Mankato/North Mankato Youth Football League	507-625-1100
Mapleton Heather Curling Club 315 Silver St. W Mapleton, MN 56065	507-524-3733
<b>Maverick Bullpen</b> 228 Wiecking Center Mankato, MN 56001	507-389-1321
<b>Mount Kato Ski Area</b> 20461 Hwy. 66 Mankato, MN 56001	507-625-3363
Pool League Information	507-387-7986

<b>Riverfront Performing Arts</b> 155 Chestnut Street Mankato, MN 56001	507-469-4351
<b>Spotlight Dance Company</b> 1351 Madison Ave Mankato, MN 56001	507-594-9200
<b>St. Peter Recreation &amp; Leisure Services</b> 600 S. 5th Street, Suite 200 St. Peter, MN 56082	507-934-0667
St. Peter Soccer Club	507-380-9350
<b>Twin Rivers Council for the Arts</b> 424 N. Riverfront Dr. Mankato, MN 56001	507-387-1008
<b>Victory Bowl</b> 203 S. Victory Drive Mankato, MN 56001	507-387-7991
Wow!Zone Family Entertainment Center 2030 Adams Street Mankato, MN 56001	507-625-2695
YMCA Marlins Swim Team Mankato Family YMCA	507-387-8255

Additional information can also be found on school district and chamber of commerce websites.

### THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

#### For more information on thrift stores contact:

AGAIN Thrift & More 706 N. Victory Drive Mankato, MN 56001	507-345-2409
<b>Church of St. Peter Thrift</b> 401 S. Minnesota Ave. St. Peter, MN 56082	507-931-9150
Habitat for Humanity Restore 1730 Bassett Drive Mankato, MN 56001	507-388-6682
<b>Hopp's Thrift Store</b> 1000 Belle Ave. Mankato, MN 56001	507-387-4448
Lake Crystal Grace 101 S. Main St. Lake Crystal, MN 56055	507-726-6881
<b>Neighborhood Thrift Store</b> 105 W. Lind St. Mankato, MN 56001	507-625-7228
For Blue Earth and Nicollet Counties	47

<b>New 2 You Family Thrift</b> 1838 Commerce Drive North Mankato, MN 56003	507-385-1455
<b>Salvation Army Thrift Store</b> 201 Star St. Mankato, MN 56001	507-345-7074
<b>SS Boutique</b> 110 North 5th Stree Door F7 Mankato, MN 56001	952-688-6623
<b>Vagabond Village</b> 723 North Riverfront Drive Mankato, MN 56001	507-317-5593
<b>VINE Home Thrift Store</b> 77 Star St. Mankato, MN 56001	507-387-2699

## TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

#### For more information on transportation contact:

#### Driver's Education

#### Safety & Respect Driving School

1961 Premier Dr. Mankato, MN 56001

#### Superior School of Driving 604 N. Riverfront Drive Mankato, MN 56001

### Driver's License Road & Knowledge Test Sites

#### Driver's License Exam Station 2161 Bassett Drive Mankato, MN 56001

#### Driver's License Exam Station

Nicollet County Courthouse 501 S. Minnesota Avenue St. Peter, MN 56082

#### Transportation Services

#### AmeriCare Mobility Van

307 Pine Street 1-800-963-7233 Mankato, MN 56001 Non-emergency medical transportation for individuals with disabilities

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651-201-7900

507-931-6800

507-625-6741

507-382-8986

507-625-5172

#### Blue Earth County Taxi

931 Madison Ave., Suite 103 Mankato, MN 56001

#### Gold Cross Ambulance

Lyft

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1755 Bassett Dr Mankato, MN 56001 Non-emergency medical transportation for ill or disabled persons

Mankato Transit System 507-387-8600 Minnesota River Valley Transit 1-888-880-4696 Serving Mankato, St. Peter, and Le Sueur National Run Away Safeline 1-800-RUN-AWAY Must be youth initiated between the ages 12-20 **Ruby Ride** 507-248-7223 1001 Belgrade Ave North Mankato, MN 56003 St. Peter Transit Dial-A-Ride 227 S. Front Street St. Peter, MN 56082

Serving St. Peter and Kasota area

507-388-2227

#### 1-888-880-4696

#### 507-345-3420

https://www.lyft.com

True Transit	507-388-8783
Vine Faith In Action	1-800-560-1575
421 East Hickory Street	
Mankato, MN 56001	
Serving Blue Earth, Le Sue	ur, and Nicollet County
Uber	https://www.uber.com
<b>VINE Faith in Action</b> People to Jobs 421 E. Hickory St. Mankato, MN 56001	507-387-1666
<b>Wheel Get There - MVAC</b> 706 N. Victory Drive Mankato, MN 56001	507-345-0446
Cars/car repair	assistance
WS Transportation, LLC 1415 1st Av.	507-420-4503
Mankato, MN 56001	

### YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

#### For more information on youth organizations contact:

<b>4-H University of MN Extension – Blue Earth Co</b> 204 S. Fifth Street, Suite 330 Mankato, MN 56001	507-304-4325
<b>4-H University of MN Extension – Nicollet Co</b> 501 S. Minnesota Avenue St. Peter, MN 56082	507-934-7828
<b>Boy Scouts of America</b> 810 Madison Avenue Mankato, MN 56001	507-387-3123
Girl Scouts River Valleys	1-800-845-0787
<b>Maple River Youth Center</b> 304 Second Ave NE Mapleton, MN 56065	507-524-3492
<b>MY Place</b> 709 South Broad Street Mankato, MN 56001	507-720-6898

### YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

#### For more information on youth services contact:

Blue Earth County Social Services 410 S. 5th Street Markete MN 56002 3526	507-304-4222
Mankato, MN 56002-3526 LEEP – Leisure Education for Exceptional People	507-387-5122
929 N. 4th Street	307-307-3122
Mankato, MN 56001	
Individuals with developmental disabilities	
Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210 Mankato, MN 56001	1-800-369-5166
Lutheran Social Service	507-720-0331
710 S. Second Street Mankato, MN 56001	1-888-577-2227
Independent living skills	

Madelia Area Integration Collaborative 320 Buck Avenue SE	507-642-3232 x204
Madelia, MN 56052	
Includes LCWM, Madelia, Maple River,	Truman
MN Valley Action Council - Blue Earth/Nicollet	507-345-6822
706 N. Victory Drive	1-800-767-7139
Mankato, MN 56001	
Must be income eligible	
<b>Nicollet County Social Services</b> 2070 Howard Drive N. Mankato, MN 56003	507-387-4556
<b>Nicollet County Social Services</b> 622 S. Front St. St. Peter, MN 56082	507-934-8559
Project G.E.M. Mankato & St. Peter Arts based educational outreach program i learning disability students, ages 6	
Salvation Army	507-345-7840
700 S. Riverfront Drive	
Mankato, MN 56001	
Emergency assistance/youth progra	ims
SMILES Center for Independent Living 709 S. Front St. Suite 7 Mankato, MN 56001	507-345-7139

600 S. Fifth Street, Suite 207 St. Peter, MN 56082	507-934-3048
The REACH Drop-In Center	507-720-0331
Lutheran Social Service 125 E. Liberty St.	
Mankato, MN 56001	
Homeless youth	
Vocational Rehabilitation Services	507-344-2622
12 Civic Center Plaza, Suite 1600C	
Mankato, MN 56001	
Individuals with disabilities	
УМСА	507-387-8255
1401 S. Riverfront Drive	
Mankato, MN 56001	
Leadership development and recreation	on
YWCA	507-345-4629
127 S. 2nd St. Suite 200	
Mankato, MN 56001	

Ct. Datas Community and Family Education

E07 024 2040

### NOTES

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# SOUTH CENTRAL WORKFORCE



Quality Through Cooperation Since 1976

### This Directory will help you find information about:

Child Care Counseling Disability Services Food & Nutrition Health Services

Housing Programs Libraries Recreation Education Thrift Stores Employment Transportation Youth Organizations Youth Services

Artwork on cover provided by: **Taylor Lawrenz** 

Scan this QR code with your smartphone to link to the youth directory online.

