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### INTRODUCTION

This directory is a listing of resources for youth in Le Sueur and Waseca counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Sara Carrigan, South Central WorkForce Council Michelle Forliti, Minnesota Valley Action Council Heather Gleason, South Central WorkForce Council Jeannie Meidlinger, South Central College Heather Sellner, Mankato Area Public Schools Deanna Steffensmeier, Vocational Rehabilitation Services Gwen Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2402.

This directory is also available online at <a href="https://www.workforcecouncil.org/youth-council/projects/youth-directories/">www.workforcecouncil.org/youth-council/projects/youth-directories/</a>

### CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

#### For more information on child care contact:

507-931-5953
507-665-4620
952-758-1674
507-934-3048
507-364-8116
507-835-2222
507-362-4403

<b>Le Sueur County Human Services</b> 88 S. Park Avenue Le Center, MN 56057	507-357-8288
Minnesota Prairie County Alliance 299 Johnson Ave. SW Waseca, MN 56093	507-837-6600
Parent Aware	888-291-9811 www.parentaware.org
Southern Minnesota Crisis Nursery	507-766-6925 www.smncrisisnursery.org
Child Care — Centers	
Child Care — Centers  Building Blocks 890 Kingsway Dr. Le Sueur, MN 56058	507-665-9919
Building Blocks 890 Kingsway Dr.	507-665-9919 507-835-1709

<b>Hansel &amp; Gretel Preschool</b> 801 4th Ave NE Waseca, MN 56093	507-833-2063
Sacred Heart Children's House 308 West Elm Ave. Waseca, MN 56093	507-835-2780
Takara's Kids Clubhouse Daycare Center & Preschool 900 4th St SW Waseca, MN 56093	507-835-5875

### COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

### When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

Sudden changes in mood or behavior

- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

### For more information on counseling contact:

## Counseling - Autism

ASC Psychological Services 12 Civic Center Plaza #1615 Mankato, MN 56001 507-345-4679

<b>Five Rivers Mental Health Clinic</b> 103 N Broad St Mankato, MN 56001	507-345-7012
Fraser	612-861-1688 www.fraser.org
M Nelson Psychological Counseling 142 Riverfront Dr Mankato, MN 56001	507-625-4442
River Oaks Counseling Services 931 Madison Ave Mankato, MN 56001	507-519-2711
Serenity Family Counseling LLC 15 South Minnesota Street New Ulm, MN 56073	507-616-0273
Stages of Change Center, LLC 100 Warren Street Suite 335 Mankato, MN 56001	507-519-2285

# Counseling - Chemical Dependency

Adolescent Treatment Center of Winnebago	1-800-637-2460
620 1st Avenue SW	
P.O. Box 278	
Winnebago, MN 56098	

Catholic Charities 577 State Ave Owatonna, MN 55060	507-455-2008
Family Focus 634 W. Bridge Street Owatonna, MN 55060	507-451-0511
Hazelden Betty Ford Foundation 15251 Pleasant Valley Road Center City, MN 55012	1-800-257-7800
Mayo Clinic Health System - Fountain Centers 408 W. Fountain Street Albert Lea, MN 56007	507-377-6411 1-800-533-1616
Mayo Clinic Health System - Fountain Centers 1400 Madison Ave. Suite 326 Mankato, MN 56001	507-625-3372
Mayo Clinic Health System - Fountain Centers 215 S. Oak Ave. Owatonna, MN 55060	507-451-0511
Mayo Clinic Health System - Fountain Centers 505 S. State Street Waseca, MN 56093	507-835-4342
Waseca County Court Services 307 N. State Street Waseca, MN 56093	507-835-0550

# Counseling - Domestic Abuse/Sexual Assault

CADA of Le Sueur/Nicollet County	507-934-5583
322 South Minnesota Ave St. Peter, MN 56082	Crisis Line <b>1-800-477-0466</b>
CADA of Waseca County	507-835-7828
105 S. State St.	Crisis Line <b>1-800-477-0466</b>
Waseca, MN 56093	
Committee Against Domestic Abuse - CADA	507-625-8688
100 Stadium Court	Crisis Line 1-800-477-0466
P.O. Box 466	
Mankato, MN 56001	
Le Sueur County Human Services	507-357-8288
88 S. Park Avenue	
Le Center, MN 56057	
Counseling – Financial	
Catholic Charities	507-387-5586
201 N. Broad St., Suite 100	
Mankato, MN 56001	
Lutheran Social Service	507-625-7660
710 S. 2nd Street	1-888-577-2227
	1-000-377-2227
Mankato, MN 56001	

University of MN Extension - Le Sueur Co 88 S. Park Le Sueur, MN 56057	507-357-8230
University of MN Extension - Waseca Co 900 3rd St. NE Waseca, MN 56093	507-835-0600
Counseling - Gambling	
Lutheran Social Service	507-625-7660
710 S. 2nd Street Mankato, MN 56001	1-888-577-2227
Minnesota Gambling Hotline	1-800-333-HOPE
Counseling - Legal	
Immigrant Law Center of Minnesota	1-800-223-1368 www.ilcm.org
Le Sueur County Attorney 65 S. Park Avenue Le Center, MN 56057	507-357-2278
<b>Le Sueur County Victim Witness Program</b> 88 S. Park Avenue Le Center, MN 56057	507-357-8512

Minnesota Disability Law Center mylegalaid.org/about/ou	<b>1-800-292-4150</b> r-work/disability-law
Southern MN Regional Legal Services 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	507-387-5588 1-888-575-2954
Volunteer Lawyers Network (VLN) 600 Nicollet Mall Suite 390A Minneapolis, MN 55402	612-752-6677 www.vlnmn.org
Waseca County Attorney 307 N. State Street Waseca, MN 56093	507-835-0520
Counseling — Mental Health Services	
5 Rivers Mental Health Clinic	507-345-7012

Counseling — Mental Health Services

5 Rivers Mental Health Clinic
103 North Broad
Mankato, MN 56001

Adult, Child and Family Services, LLC
103 N. Broad Street
Mankato, MN 56001

Associates in Psychiatry & Psychology
120 Landmark Dr NE Suite 1
Owatonna, MN 55060

Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
Compassionate Counseling Services 505 S. State Street, Suite 4 Waseca, MN 56093	507-310-1321
Counseling Services of Southern Minnesota 1306 Marshall Street St. Peter, MN 56082	507-931-8040
Fernbrook Family Center 111 S. State St. Waseca, MN 56093	507-201-2568
Leo Hoffmann Center, Inc. 1715 Sheppard Drive, P.O. Box 60 St. Peter, MN 56082	507-934-6122
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
Lutheran Social Service St. John's Lutheran Church 401 3rd Ave NE Waseca, MN 56093	507-835-4301

Mankato Clinic - Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350
Mayo Clinic Health System - Albert Lea Medical Center 404 W. Fountain Albert Lea, MN 56007	507-373-2384 1-888-999-2386
Mental Health Professionals, Inc 1880 Austin Road #2 Owatonna, MN 55060	507-446-8123
Minnesota Prairie County Alliance 299 Johnson Ave. SW Waseca, MN 56093	507-837-6600
MN Mental Health Services 100 Warren Street, Suite 304 Mankato, MN 56001	507-519-2316
Open Door Health Center 309 Holly Lane Mankato, MN 56001	507-388-2120
Philip Psychological Clinic 526 S. Second Street, Suite 3 Mankato, MN 56001	507-345-5049

Secure Base Counseling Center 301 E. Main St. New Prague, MN 56071	507-301-3412
Sioux Trails Mental Health Center 1301 Marshall Street St. Peter, MN 56082	507-934-2652 1-800-247-2809
South Central Crisis Center/Mobile Team 521 Pfau Street Mankato, MN 56001	Info <b>507-344-0621</b> Crisis <b>1-877-399-3040</b>
South Central Human Relations Center 610 Florence Avenue Owatonna, MN 55060	507-451-2630 1-800-722-0590
South Central Human Relations Center 204 2nd Street NW Waseca, MN 56093	507-835-7064

Counseling - Pregnancy/Parenting		
Birthright of Mankato 330 Stadium Road, Suite 201B Mankato, MN 56001	<b>507-387-7818</b> National Hotline <b>1-800-550-4900</b>	
Catholic Charities 201 N. Broad St., Suite 100	507-387-5586 1-800-222-5859	

Mankato, MN 56001

Early Childhood Family Education - Cleveland	507-931-5953
Early Childhood Family Education – Le Sueur	507-665-4620
Early Childhood Family Education – New Prague	952-758-1674
Early Childhood Family Education - St. Peter	507-934-3048
Early Childhood Family Education – Tri-City United	507-364-8116
Early Childhood Family Education – Waseca	507-835-5222
Early Childhood Family Education – Waterville-Elysian-Morristown	507-362-4403
Exchange Club Center for Family Unity 1850 Austin Rd., Ste. 100 Owatonna, MN 55060	507-455-1190
Help Me Grow Program 501 E. Elm Waseca, MN 56093	507-835-2246
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660 1-888-205-3769
Planned Parenthood of MN/ND/SD Belle Mar Center 201 N. Victory Dr., Ste. 211 Mankato, MN 56001	507-387-5581 1-800-230-7526

Teenage Pregnancy & Parenting Program (TAPP)	507-387-3047
110 Fulton St.	
Mankato, MN 56001	

Counseling - Suicide Pres		
South Central Crisis Center Warm/C	risis Line	1-877-399-3040
Yellow Ribbon Suicide Prevention		507-387-5020
Text "Help" to 741741	National Crisi	s Line <b>1-800-273-8255</b>

# Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous Waseca, MN 56093	507-234-5842
Alcoholics Anonymous MN meeting locator	<u>aaminnesota.org</u>
Cancer Support Group	507-668-2050
Mayo Clinic Health System - Albert Lea Medical Center	
404 Fountain Street - Lower Level	
Albert Lea, MN 56007	

Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210	
Mankato, MN 56001	
Women in transition - personal growth & c	areer development
Mayo Clinic Health System	507-594-2929
Cancer Support Group	
1025 Marsh Street	
Mankato, MN 56001	
Mayo Clinic Health System	507-385-2691
Support Group Programs	
Minnesota Brain Injury Force	507-228-8161
	www.mnbif.com
NAMI	1-888-626-4435
National Alliance on Mental Illness	www.namimn.org
The Well	507-593-9001
1100 N. 4th St.	
Le Sueur, MN 56057	

## DISABILITY SERVICES

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

- 1. School-Based Preparatory Experiences
- 2. Career Preparation and Work Based Learning Experiences
- 3. Youth Development in Leadership
- 4. Connecting Activities
- 5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas

### For more information on disability services contact:

## School-Based Preparatory Experiences

### Secondary

## Minnesota Valley Education District (MVED)

507-934-5420

811 Davis St.

St. Peter, MN 56031

### Post-Secondary

### **Bethany Lutheran College**

507-344-7577

Student Support/Academic Resources 700 Luther Dr

Mankato, MN 56001

Gustavus Adolphus College Disability Services Johnson Student Union 204 St. Peter, MN 56031	507-933-7227
Minnesota State University - Mankato Office of Accessibility Resources 132 Memorial Library Mankato, MN 56001	507-389-2825
Rasmussen College Campus Accommodations Coordinator 1400 Madison Avenue Mankato, MN 56001	507-625-6556
South Central College Student Support Services 1900 Lee Boulevard North Mankato, MN 56003	507-389-7222
Career Preparation and Work Based Learning Experiences	
Jobs Plus, Inc 200 16th Ave SE Waseca, MN 56093	507-835-5004

Lifeworks 201 N. Victory Drive Suite 430 Mankato, MN 56001	507-625-7522
MN Valley Action Council Waseca Co. 108 10th Ave. SE Waseca, MN 56093	507-835-8240 1-800-767-7139
MN Valley Action Council - Le Sueur Co. 125 E Minnesota St. Le Center, MN 56057	507-357-4246 1-800-767-7139
MRCI WorkSource 15 Map Drive Mankato, MN 56001	507-386-5600 1-800-829-7110
Vocational Rehabilitation Services 12 Civic Center Plaza, Suite 1600C Mankato, MN 56001	507-344-2622
Connecting Activities	
LEEP - Leisure Education for Exceptional People 929 N. 4th Street Mankato, MN 56001	507-387-5122

# Family Involvement and Supports

Advocates for Developmental Disabilities Steele/Waseca Counties 1225 Lincoln Ave S. Owatonna, MN 55060	1-800-451-9769
ARC of Minnesota 501 S. 2nd St. Mankato, MN 56001	507-345-4223
Autism Society of Minnesota 2380 Wycliff St. #102 St. Paul, MN 55114	651-647-1083 www.ausm.org
Family Involvement and Supports 307 Pine Street Mankato, MN 56001	507-625-6741
Minnesota Disability Law Center  mylegalaid.org/a	1-800-292-4150 bout/our-work/disability-law
NAMI National Alliance on Mental Illness	1-888-626-4435 www.namimn.org
PACER 8161 Normandale Blvd. Minneapolis, MN 55437	1-800-537-2237
SMILES Center for Independent Living 709 S. Front St. Suite 7 Mankato, MN 56001	507-345-7139

SMILES Center for Independent Living 505 S. State St. #6 Waseca, MN 56093	507-833-1339
Social Security Administration 12 Civic Center Plaza, Suite 1550 Mankato, MN 56001	1-877-457-1734 507-345-5389
State of MN Deaf and Hard of Hearing Services 12 Civic Center Plaza, Suite 1670 Mankato, MN 56001	507-344-2840
State Services for the Blind 12 Civic Center Plaza, Suite 1600B Mankato, MN 56001	507-344-2623

### **EDUCATION**

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors.

Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

### For more information on education contact:

Cleveland High School	507-931-5953
Janesville-Waldorf-Pemberton HS	507-234-5181
Le Sueur-Henderson High School	507-665-5800
MN New Country School (Charter)	507-248-3353
New Richland-Hartland-Ellendale-Geneva HS	507-465-3205
Tri-City United High School	507-364-8111
Waseca Area Learning Center	507-835-5588
Waseca High School	507-835-5470
Waterville-Elysian-Morristown HS	507-362-4431
Ziebarth Alternative Learning Center	507-665-4640

## Post-Secondary Schools

Bethany Lutheran College 507-344-7000

Gustavus Adolphus College	507-933-8000
Martin Luther College	507-354-8221
Minnesota State University, Mankato	507-389-1866
Rasmussen College	507-625-6556
Riverland Community College	Albert Lea <b>507-379-3300</b> Austin <b>507-433-0600</b> Owatonna <b>507-455-5880</b>
South Central College	Mankato <b>507-389-7200</b> Faribault <b>507-332-5800</b>

# Community Education

Cleveland Community Education	507-931-5953
Janesville-Waldorf-Pemberton HS	507-231-7777
Le Sueur Adult Basic Education/GED	507-665-4626
Lincoln Community Center (GED Testing)	507-387-5501
New Prague Community Education	952-758-1734
New Richland-Hartland-Ellendale-Geneva HS	507-417-2667
St. Peter Adult Basic Education/GED	507-934-3048
Tri-City United Community Education	507-364-8107

Waseca Community Education	507-835-5626
Waterville-Elysian-Morristown Community Ed	507-362-4403
Head Start	
MN Valley Action Council - Le Sueur County 125 E. Minnesota Street Le Center 56057	507-357-4246
MN Valley Action Council - Waseca County 108 10th Ave. SE Waseca 56093	507-835-8240

Humphrey Job Corps Center	651-642-1133
1480 N. Snelling Avenue	1-800-733-5627
St Paul MN 55108	

### **EMPLOYMENT**

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow

lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see <a href="https://www.careerforcemn.com">www.careerforcemn.com</a>). To see available jobs go to <a href="minnesotaworks.net">minnesotaworks.net</a>.

### For more information on employment contact:

CareerForce in Fairmont 400 S. State St., Suite 180 Fairmont, MN 56031	507-235-5518
CareerForce in Faribault 201 S. Lyndale Avenue, Suite 1 Faribault, MN 55021	507-332-5461
CareerForce in Mankato 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	507-344-2622

CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
MN Valley Action Council - Le Sueur Co 125 E. Minnesota Street Le Center, MN 56057	507-357-4246
MN Valley Action Council - Waseca Co 108 10th Ave. SE Waseca, MN 56093	507-835-8240
Staffing Agencies	
Aerotek 921 Madison Ave, Suite 101 Mankato, MN 56001	507-388-2463
Doherty Staffing 113 N. Main St. Le Sueur, MN 56058	507-665-3720
<b>Doherty Staffing</b> 1400 E. Madison Ave, Suite 332 Mankato, MN 56001	507-387-5009
Express Employment Professionals 113 Monroe Ave. North Mankato, MN 56003	507-387-5620

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Jeane Thorne 1600 Madison Ave. Suite 104 Mankato, MN 56001	507-625-8800
Manpower 111 Star St. Suite 110 Mankato, MN 56001	507-345-4201
Masterson Staffing Solutions 612 N. Victory Drive Mankato, MN 56001	507-625-3600
People Ready 1707 Madison Ave. # 100 Mankato, MN 56001	507-201-8246
Spherion 709 S. Front St. Suite 2 Mankato, MN 56001	507-387-2200
TEAM Personnel 121 E. Main St. Suite 301 Mankato, MN 56001	507-720-6556
<b>Volt</b> 1985 Lookout Drive North Mankato, MN 56003	507-304-6514

## FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

### For more information on food and nutrition contact:

Cleveland Food Shelf Township Hall Basement Cleveland, MN 56017	507-931-5989
Food @ Faith Faith United Methodist Church 801 4th Ave. NE Waseca, MN 56093	507-835-3167
Grace Lutheran Church 300 Elm Ave Waseca, MN 56093	507-835-1709
Le Center Food Shelf 15 S. Park Avenue Le Center, MN 56057	507-357-4076
Le Sueur County Human Services 88 S. Park Avenue Le Center, MN 56057	507-357-8288

Le Sueur Food Shelf 890 Kingsway Drive (mailing) 427 S. 5th St. (pick-up/donations) Le Sueur, MN 56058	507-665-2615
Minnesota Prairie County Alliance 299 Johnson Ave. SW Waseca, MN 56093	507-837-6600
Montgomery Food Shelf 105 3rd Street NW Montgomery, MN 56069	507-364-7321
New Richland Food Shelf 101 S. Broadway New Richland, MN 56072	507-463-3421
Second Harvest Heartland - Le Sueur Co.	1-888-339-3663
Trinity Lutheran Church 412 N. Main Janesville, MN 56048	507-231-5189
University of MN Extension - Le Sueur Co. 88 S. Park Avenue Le Center, MN 56057	507-357-8230
University of MN Extension - Waseca Co. 900 3rd St. NE Waseca, MN 56093	507-835-0600

Waseca Area Neighborhood Service Center Food Shelf 113 2nd Avenue NW Waseca, MN 56093	507-833-4022
Waterville/Elysian Food Shelf 132 E. Main Street Elysian, MN 56028	507-267-4486
Women, Infants & Children - Le Sueur Co. 88 South Park Avenue Le Center, MN 56057	507-357-8246
Women, Infants & Children - Waseca Co. 299 Johnson Avenue SW, Suite 160 Waseca, MN 56093	507-835-0685

### HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need

an appointment? Do I need my parents' permission? Also check with your school nurse.

### For more information on health services contact:

### Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

<b>Le Sueur County Public Health</b> 88 South Park Avenue Le Center, MN 56057	507-357-8246
Waseca County Public Health 299 Johnson Ave SW Suite 160 Waseca, MN 56093	507-835-0685

## Medical Clinics/Hospitals

Mankato Clinic - Daniels Health Center	507-934-2325
1901 N. Old Minnesota Ave.	
St. Peter, MN 56082	

Mankato Clinic - Main Street 1230 E. Main Street Mankato, MN 56001	507-625-1811
Mayo Clinic Health System - Eastridge 101 Martin Luther King Jr. Dr. Mankato, MN 56001	507-594-6500
Mayo Clinic Health System - Janesville 312 N. Main Street Janesville, MN 56048	507-231-5118 (appointments) 1-877-412-7575
Mayo Clinic Health System - Le Sueur 625 S. 4th Street Le Sueur, MN 56058	<b>507-665-6299</b> (appointments) <b>1-877-412-7575</b>
Mayo Clinic Health System - Mankato 1025 Marsh Street Mankato, MN 56001	507-625-4031 1-800-327-3721 (appointments) 1-877-412-7575
Mayo Clinic Health System - Montgome 501 Fourth Street NW Montgomery, MN 56069	ery 507-364-5600 (appointments) <b>1-952-758-9355</b>
<b>Mayo Clinic Health System - New Pragu</b> 212 County Road 37 New Prague, MN 56071	e Clinic 952-758-4461 (appointments) 1-952-758-9355
Mayo Clinic Health System - New Pragu 301 Second St. NE New Prague, MN 56071	e Hospital 952-758-4431 1-800-584-6667 (appointments) 1-952-758-9355

Mayo Clinic Health System - New Richla	nd 507-465-3216
318 1st Street SW New Richland, MN 56072	1-877-238-4040
Mayo Clinic Health System - Northridge	
1695 LorRay Drive North Mankato, MN 56003	(appointments) <b>1-877-412-7575</b>
Mayo Clinic Health System - St. Peter	507-931-2110
1900 Sunrise Drive, Suite 200 St. Peter, MN 56082	(appointments) <b>1-877-412-7575</b>
Mayo Clinic Health System - Waseca	507-835-1210
501 N. State Street Waseca, MN 56093	(appointments) <b>1-877-412-7575</b>
Mayo Clinic Health System - Waterville	507-362-4221
212 E. Lake Street Waterville, MN 56096	(appointments) <b>1-877-412-7575</b>
<b>Open Door Health Center</b> 309 Holly Lane Mankato, MN 56001	507-388-2120
Ridgeview Le Sueur Medical Center 621 South 4th Street Le Sueur, MN 56058	507-665-4017
<b>Rivers Edge Hospital &amp; Clinic</b> 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200

#### Student Health Services/Medical Clinic

507-389-6276

Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001

### HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

### For more information on local housing programs contact:

Habitat for Humanity 1730 Bassett Drive Mankato, MN 56001	507-388-2081
Minnesota Housing Finance Agency	651-296-7608
Minnesota Valley Action Council - Le Sueur Co. 125 E. Minnesota Street Le Center, MN 56057	507-357-4246
Must be income eligible	
Minnesota Valley Action Council - Waseca Co. 108 10th Ave. SE Waseca, MN 56093	507-835-8240
Must be income eligible	
Partners for Affordable Housing 151 Good Counsel Drive, Suite 130 Mankato, MN 56001	507-387-2115
Transitional housing	
Salvation Army 700 S. Riverfront Dive. Mankato, MN 56001	507-345-7840
Salvation Army & Food Shelf 105 3rd St. NW Montgomery, MN 55069	507-364-7321

Salvation Army of Waseca & Steele Co. 1810 Cedar Ave. Owatonna, MN 55060	507-455-2023
Section 8 Rental Assistance Minnesota Valley Action Council 706 N. Victory Drive Mankato, MN 56001	1-800-767-7139
South Central MN Multi-County HRA	507-345-1977
422 Belgrade Ave. Suite 102 North Mankato, MN 56003	1-800-733-9564
The REACH Drop-In Center Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001	507-720-0331
Homeless youth	
Two Rivers Habitat for Humanity 1530 Greenview Dr SW Suite 107 Rochester, MN 55902	507-252-0849
Serves Waseca County	

### **LIBRARIES**

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

#### For more information on libraries contact:

Blue Earth County Library 100 E Main Street Mankato, MN 56001	507-304-4001
Elysian Public Library 132 Main Street East PO Box 10 Elysian, MN 56028	507-267-4411
Henderson Public Library 110 S. 6th Street Henderson, MN 56044	507-248-3880
Janesville Public Library 102 W. 2nd Street Janesville, MN	507-234-6605
Le Center Public Library 10 W. Tyrone Street Le Center, MN 56057	507-357-6792

<b>Le Sueur Public Library</b> 118 E. Ferry Street Le Sueur, MN 56058	507-665-2662
Montgomery Public Library 104 Oak Avenue SE Montgomery, MN 56069	507-364-7615
New Prague Public Library 400 Main Street E. New Prague, MN 56071	952-496-8026
New Richland Public Library 129 S. Broadway New Richland, MN 56072	507-465-3708
North Mankato Taylor Public Library 1001 Belgrade Avenue North Mankato, MN 56003	507-345-5120
St. Peter Public Library 601 S. Washington Avenue St. Peter, MN 56003	507-934-7420
Waldorf Public Library 119 S. Main Street Waldorf, MN 56091	507-239-2248
Waseca-Le Sueur Regional Library – Waseca 408 N. State Street Waseca, MN 56093	507-835-2910

Waterville Public Library	507-362-8462
210 E. Paquin Street	
Waterville, MN 56096	

### Library Systems

1 1	
SMILE Library System	507-625-7555
Traverse Des Sioux Library System	507-625-6169

### RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

### For more information on recreation and leisure contact:

300 Club Bowling Alley	507-665-6015
504 N. Main Street	

Le Sueur, MN 56058

Cleveland Community Education 400 6th St Cleveland, MN 56017	507-931-5953
Hoot Lanes 204 Hwy. 13 North Waterville, MN 56096	507-330-4176
Janesville Bowl 307 N. Minnesota Janesville, MN 56048  September - May only	507-231-5247
Janesville Community Education 110 E. 3rd Janesville, MN 56048	507-231-7777
Le Center Swimming Pool 205 E. Derrynane Street Le Center, MN 56057	507-357-6344
Le Sueur Community Center 821 E. Ferry Street Le Sueur, MN 56058	507-665-3325
Le Sueur Community Education 821 E. Ferry Street Le Sueur, MN 56058	507-665-4626

Montgomery National Golf Club 900 Rogers Drive Montgomery, MN 56069	507-364-5602
New Prague Community Ed 410 Central Avenue N. Suite 300 New Prague, MN 56071	952-758-1734
New Richland-Hartland-Ellendale-Geneva Community Education 306 Ash Ave. S. New Richland, MN 56072	507-684-3107
PLA-Mor Lanes 314 First Street S. Montgomery, MN 56069	507-364-7762
Prairie Ridge Golf Course 2000 N. Main St. Janesville, MN 56048	507-234-5505
<b>Tri-City United Community Ed</b> 101 2nd St. NE Suite 2 Montgomery, MN 56069	507-364-8107
Waseca Arts Center 200 N. State St. Waseca, MN 56093	507-835-1701

Waseca Community Arena 1501 2nd Street NW Waseca, MN 56093	507-835-3251
Waseca Community Education 501 E. Elm Avenue Waseca, MN 56093	507-835-5626
Waseca Water Park 200 26th Ave. NE Waseca, MN 56093	507-833-0210
Waterville-Elysian-Morristown Community Education 500 E. Paquin Waterville, MN 56096	507-362-4403

Additional information can also be found on school district and chamber of commerce websites.

### THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

#### For more information on thrift stores contact:

Common Thread 126 2nd Street S Waterville, MN 56096	507-362-8469
Hands of Friendship 27980 Koeper Ave NE New Prague, MN 56071	952-758-5114
Lady Bug Thrift Store 116 Broadway Ave S. New Richland, MN 56072	507-463-3443
Peace Center 313 Columbus Ave. N New Prague, MN 56071	952-758-4688
Salvation Army 1810 S. Cedar Ave Owatonna, MN 55060	507-455-2023
Simply Saved Thrift Store 107 W. 1st St. Janesville, MN 56048	
SS Boutique 1415 1st Ave Mankato, MN 56001 Hours: Tuesday 9:30am - 12pm, Thursdays 9am - 12pm	<b>952-688-6623</b> m, Fridays 2pm - 5pm

For Le Sueur and Waseca Counties

St. Mary's Thrift Store	507-357-4838
69 E. Minnesota St.	
Le Center, MN 56057	
Treasures in Town	507-665-4923
206 S. Main St.	
Le Sueur, MN 56058	
Waseca Area Neighborhood Service Center	507-833-4119
Thrift Store	
203 Third Avenue NW	
Waseca, MN 56093	

### TRANSPORTATION

Le Center, MN 56057

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

### For more information on transportation contact:

### Driver's License Road & Knowledge Test Sites

# Driver's Exam Station 507-357-2251 Courthouse 88 S. Park Avenue

# Driver's Exam Station 507-835-0625 County East Annex Building

300 N. State Street Waseca, MN 56093

## Transportation Services

AmeriCare Mobility Van	507-625-6741
307 Pine Street	1-800-963-7233

Mankato, MN 56001

Non-emergency medical transportation for individuals with disabilities

# Minnesota River Valley Transit 507-665-6211 601 S. Fifth Street 1-888-880-4696 Le Sueur, MN 56058 1-888-880-4696

National Run Away Safeline

1-800-RUN-AWAY

Must be youth initiated between the ages 12-20

**SMART Bus** 855-762-7821 105 3rd Ave. NF

Waseca, MN 56093

Wheel Get There - MVAC 507-345-0446

706 N. Victory Drive Mankato, MN 56001

Cars/car repair assistance

### YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

### For more information on youth organizations contact:

<b>4-H University of MN Extension - Le Sueur Co.</b> 88 S. Park Avenue Le Center, MN 56057-1620	507-357-8230
<b>4-H University of MN Extension – Waseca Co.</b> 900 3rd St. NE Waseca, MN 56093-2933	507-835-0600
Boy Scouts of America 810 Madison Avenue Mankato, MN 56001	507-387-3123
Girl Scouts River Valleys	507-720-6456 1-800-845-0787

### YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed

below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

### For more information on youth services contact:

Le Sueur County Social Services 88 S. Park Avenue	507-357-8288
Le Center, MN 56057	
Life-Work Planning Center	507-345-1577
127 S. 2nd St., Suite 210	1-800-369-5166
Mankato, MN 56001	
Lutheran Social Service	507-720-0331
710 S. 2nd Street	1-888-577-2227
Mankato, MN 56001	
Independent living skills	S
Minnesota Prairie County Alliance	507-837-6600
299 Johnson Ave. SW	
Waseca, MN 56093	
MN Valley Action Council - Le Sueur Co.	507-357-4246
125 E. Minnesota St.	1-800-767-7139
Le Center, MN 56057	
MN Valley Action Council - Waseca Co.	507-835-8240
108 10th Ave. SE	1-800-767-7139
Waseca, MN 56093	

507-833-1339
507-344-2622

## **NOTES**

# NOTES





# This Directory will help you find information about:

Child Care Housing Programs

Counseling Libraries
Disability Services Recreation
Education Thrift Stores

Employment Transportation
Food & Nutrition Youth Organizations

Health Services Youth Services

Artwork on cover provided by: Alexivan Rivera South Central College

Scan this QR code with your smartphone to link to the youth directory online.

