# RECTORY FOR BLUE EARTH AND NICOLLET COUNTIES

# Table of Contents

CHILD CARE	4
COUNSELING	8
Counseling – Autism	9
Counseling – Chemical Dependency	10
Counseling – Domestic Abuse/Sexual Assault	11
Counseling – Financial	12
Counseling – Gambling	12
Counseling – Legal	13
Counseling – Mental Health Services	13
Counseling – Pregnancy/Parenting	16
Counseling – Suicide Prevention	17
Counseling – Support Groups	
DISABILITY SERVICES	20
EDUCATION	24
EMPLOYMENT	
FOOD & NUTRITION	31
HEALTH SERVICES	
HOUSING PROGRAMS	
LIBRARIES	
RECREATION AND LEISURE	41
THRIFT STORES	
TRANSPORTATION	
YOUTH ORGANIZATIONS	52
YOUTH SERVICES	53

# INTRODUCTION

This directory is a listing of resources for youth in Blue Earth and Nicollet counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Sara Carrigan, South Central WorkForce Council Michelle Forliti, Minnesota Valley Action Council Heather Gleason, South Central WorkForce Council Jeannie Meidlinger, South Central College Heather Sellner, Mankato Area Public Schools Deanna Steffensmeier, Vocational Rehabilitation Services Gwen Wolters, South Central Service Cooperative

For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2402.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

# CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

#### For more information on child care contact:

Blue Earth County Human Services 410 S. Fifth Street Mankato, MN 56001	507-304-4222
Nicollet County Human Services 2070 Howard Drive West North Mankato, MN 56003	507-387-4556
Nicollet County Human Services 622 S. Front St. St. Peter, MN 56082	507-934-8559
Parent Aware	888-291-9811 www.parentaware.org

Child Care - Centers	
<b>Care Corner</b> 265 St. Andrews Dr. Mankato, MN 56001	507-386-7444
<b>Children's House</b> Minnesota State University – Mankato 150 Wiecking Center Mankato, MN 56001	507-389-1645
<b>Creative Minds Early Learning Center LLC</b> 1641 Commerce Drive North Mankato, MN 56003	507-345-5147
<b>Epiphany Preschool</b> 605 Parkway Ave. P.O. Box 188 Eagle Lake, MN 56024	507-257-3502
<b>Golden Heart Child Care Center</b> 1825 Commerece Drive North Mankato, MN 56003	507-625-1454

<b>Kid's Corner</b> 600 S. 5th Street – Room 106 St. Peter, MN 56082	507-934-1002
Lil' Bees Learning Center 1821 Bassett Drive, Suite 103 Mankato, MN 56001	507-720-5104 507-720-8307
4 locations in Mankato	
<b>Little Saints Day Care</b> 605 4th St. Madison Lake, MN 56063	507-243-3010
<b>Little Sprouts</b> 708 Parkway Ave Eagle Lake, MN 56024	507-654-0155
<b>Little Stars Early Learning Center</b> 300 Madison Avenue Mankato, MN 56001	507-625-2141
<b>Our Little World Daycare</b> 201 N. Victory Drive, Suite 341 Mankato, MN 56001	507-344-0021
<b>Pemberton Academic Learning Services, Inc.</b> 141 4th Street Pemberton, MN 56078	507-869-3353

507-995-5451
507-388-8595
507-345-1451
507-278-3635
507-934-3606
507-388-7761
507-546-3295

# COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

## When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

## For more information on counseling contact:

Counseling - Autism	
<b>ASC Psychological Services</b> 12 Civic Center Plaza #1615 Mankato, MN 56001	507-345-4679
<b>Five Rivers Mental Health Clinic</b> 103 N Broad St Mankato, MN 56001	507-345-7012
Fraser	612-861-1688 www.fraser.org
<b>M Nelson Psychological Counseling</b> 142 Riverfront Dr Mankato, MN 56001	507-625-4442
<b>River Oaks Counseling Services</b> 931 Madison Ave Mankato, MN 56001	507-519-2711

<b>Serenity Family Counseling</b>	LLC
15 South Minnesota Street	

New Ulm, MN 56073

10

## Stages of Change Center, LLC

100 Warren Street Suite 335 Mankato, MN 56001

Counseling – Chemical Dependency	
Addiction Recovery Technologies 12 Civic Center Plaza, Suite 2116 Mankato, MN 56001	507-345-4670
Adolescent Treatment Center of Winnebago 620 1st Avenue SW P.O. Box 278 Winnebago, MN 56098	1-800-637-2460
Blue Earth County Human Services 410 S. Fifth Street Mankato, MN 56001	507-304-4222
Hazelden Betty Ford Foundation 15251 Pleasant Valley Road Center City, MN 55012	1-800-257-7800

#### 507-616-0273

507-519-2285

House of Hope, Inc 1429 3rd Ave	507-625-4373
Mankato, MN 56001	
Mayo Clinic Health System - Fountain Centers 1400 Madison Ave. Suite 326 Mankato, MN 56001	507-625-3372
Nicollet County Human Services 622 S. Front St. St. Peter, MN 56082	507-934-8559
Phoenix Recovery Programs 54945 210th Lane Mankato, MN 56001	507-385-0668
Wellcome Manor Family Services	507-546-3295
114 Pleasant Street W	1-866-559-3295
Garden City, MN 56034	

## Counseling - Domestic Abuse/Sexual Assault

Committee Against Domestic Abuse - CADA	507-625-8688
100 Stadium Court	Crisis Line 1-800-477-0466
P.O. Box 466	
Mankato, MN 56001	

Counseling – Financial	
<b>Catholic Charities</b> 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
University of MN Extension - Nicollet County 501 S Minnesota Avenue St. Peter, MN 56082	507-934-7828
<b>University of MN Extension – Regional</b> 1961 Premier Drive, Suite 110 Mankato, MN 56001	507-389-6714 1-888-241-3214
Counseling – Gambling	
Lutheran Social Service 710 S. 2nd Street	507-625-7660
Mankato, MN 56001	

	<u>www.ilcm.org</u>
Minnesota Disability Law Center mylegalaid.org/about/ou	1-800-292-4150 ur-work/disability-law
Southern MN Regional Legal Services 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	507-387-5588 1-888-575-2954
<b>Volunteer Lawyers Network (VLN)</b> 600 Nicollet Mall Suite 390A Minneapolis, MN 55402	612-752-6677 www.vlnmn.org
Counseling — Mental Health Services	507 245 7042
<b>5 Rivers Mental Health Clinic</b> 103 North Broad Mankato, MN 56001	507-345-7012
Adult, Child and Family Services, LLC 103 N. Broad Street Mankato, MN 56001	507-387-3777
<b>Blue Earth County Mental Health Center</b> 410 S. Fifth St. Mankato, MN 56001	507-304-4319
For Blue Earth and Nicollet Counties	13

1-800-223-1368

# Counseling – Legal

Immigrant Law Center of Minnesota

Catholic Charities 201 N. Broad St., Suite 100 Mankato, MN 56001	507-387-5586
Counseling Services of Southern MN 1306 Marshall Street St. Peter, MN 56082	507-931-8040
<b>Counseling Services of Southern MN</b> 226 North Broad Street Mankato, MN 56001	507-931-8040
Leo A. Hoffmann Center, Inc. 1715 Sheppard Drive, P.O. Box 60 St. Peter, MN 56082	507-934-6122
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
Mankato Clinic – Madison East Psychiatry & Psychology 1400 Madison Avenue, Ste. 352 Mankato, MN 56001	507-387-3195
Mankato Psychology Clinic 209 S. Second Street, Suite 306 Mankato, MN 56001	507-387-1350

Mayo Clinic Health System Behavior Health Center 1025 Marsh Street	507-385-2620
Mankato, MN 56001	
Mayo Clinic Health System – Eastr	•
101 Martin Luther King Jr. Dr. Mankato, MN 56001	(appointments) <b>1-877-412-7575</b>
MN Mental Health Services 100 Warren Street, Suite 304 Mankato, MN 56001	507-519-2316
<b>Open Door Health Center</b> 309 Holly Lane Mankato, MN 56001	507-388-2120
Philip Psychological Clinic 526 S. Second Street, Suite 3 Mankato, MN 56001	507-345-5049
<b>Power Up Clubhouse</b> 123 S Minnesota Ave St. Peter, MN 56082	507-934-4444
<b>Riverview Clinic</b> 600 Reed Street, Suite 115 Mankato, MN 56001	507-625-4060

201 N. Broad St., Suite 100 Mankato, MN 56001

Early Childhood Family Education - Mankato 820 Hubbell Avenue

**Early Childhood Family Education - Mapleton** 

Mankato, MN 56001

101 6th Avenue NF P.O. Box 515

Mapleton, MN 56065

#### Counseling — Pregnancy/Parenting Birthright National Hotline 1-800-550-4900

South Central Crisis Center/Mobile Team	Info <b>507-34</b>
521 Pfau Street	Crisis <b>1-877-39</b>
Mankato, MN 56001	

## Sioux Trails Mental Health Center

Sioux Trails Mental Health Center

1301 Marshall Street St. Peter, MN 56082

342 Belgrade Avenue

N. Mankato, MN 56003

#### 507-388-3181 24 hr. Crisis Line 1-800-247-2809

507-934-2652 24 hr Crisis Line 1-800-247-2809

> 44-0621 99-3040

507-524-3918 x101

507-387-5586

507-625-4620

1-800-222-5859

Help Me Grow Program	507-207-4229
820 Hubbell Avenue Mankato, MN 56001	1-866-693-4769
Lutheran Social Service 710 S. 2nd Street Mankato, MN 56001	507-625-7660
MN Valley Education District 801 Davis Street St. Peter, MN 56082	507-934-5420
Nicollet County Public Health 501 S. Minnesota Avenue St. Peter, MN 56082	507-934-7220
Planned Parenthood of MN/ND/SD Belle Mar Center 201 N. Victory Dr., Suite 211 Mankato, MN 56001	507-387-5581 1-800-230-7526
<b>Teenage Pregnancy &amp; Parenting Program (TAPP)</b> 110 Fulton St. Mankato, MN 56001	507-387-3047

## Counseling - Suicide Prevention

## South Central Crisis Center Warm/Crisis Line

## Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous Trinity Lutheran Church 511 South 5th Street St. Peter, MN 56082	507-934-4786
Alcoholics Anonymous – District 9 Mankato, MN 56001	507-388-8989
Alcoholics Anonymous MN meeting locator	aaminnesota.org
Arc of Minnesota Southwest 501 S. 2nd St. Mankato, MN 56001	507-345-4223 866-502-4082
Individuals with disabilities	
Codependents Anonymous First Presbyterian Church 220 E Hickory Street Mankato, MN 56001	507-387-2160

LGBT Center	507-389-5131
MSU – Mankato	
CSU 194	
Mankato, MN 56001	
Lesbian, gay, bise	xual, transgender concerns
Life-Work Planning Center	507-345-1577
127 S. Second St., Suite 210	
Mankato, MN 56001	
Women in transition - pers	sonal growth & career development
Mayo Clinic Health System	Support Group Programs 507-385-2691
Mayo Clinic Health System	Cancer Support Group 507-594-2929
1025 Marsh Street	
Mankato, MN 56001	
Minnesota Brain Injury Force	507-228-8161
	www.mnbif.com
NAMI	1-888-626-4435
National Alliance on Mental Illness	www.namimn.org
Nicollet Sexual Assault Services	Crisis Line <b>1-800-477-0466</b>
Nicollet Sexual Assault Services	
	507-594-2929
Nicollet Sexual Assault Services Phoenix Recovery Programs 54945 210th Lane	Crisis Line <b>1-800-477-0466</b> 507-594-2929 507-385-0668

# DISABILITY SERVICES

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

- 1. School-Based Preparatory Experiences
- 2. Career Preparation and Work Based Learning Experiences
- 3. Youth Development in Leadership
- 4. Connecting Activities
- 5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

## For more information on disability services contact:

## School-Based Preparatory Experiences

## Secondary

507-207-3885
507-934-5420

## Post-Secondary

Bethany Lutheran College Student Support/Academic Resources 700 Luther Dr. Mankato, MN 56001	507-344-7577
<b>Gustavus Adolphus College</b> Disability Services Johnson Student Union 204 St. Peter, MN 56031	507-933-7227
Minnesota State University – Mankato Office of Accessibility Resources 132 Memorial Library Mankato, MN 56001	507-389-2825
<b>Rasmussen College</b> Campus Accommodations Coordinator 1400 Madison Avenue Mankato, MN 56001	507-625-6556
South Central College Student Support Services 1900 Lee Boulevard North Mankato, MN 56003	507-389-7222

Career Preparation and Work Based Learning Experiences	
<b>Lifeworks</b> 201 N. Victory Drive Suite 430 Mankato, MN 56001	507-625-7522
MN Valley Action Council – Blue Earth/Nicollet 706 N. Victory Dr. Mankato, MN 56001	507-345-6822
<b>MRCI WorkSource</b> 15 Map Drive Mankato, MN 56001	507-386-5600 1-800-829-7110
<b>Vocational Rehabilitation Services</b> 12 Civic Center Plaza, Suite 1600C Mankato, MN 56001	507-344-2622
Connecting Activities	
<b>LEEP – Leisure Education for Exceptional People</b> 929 N. 4th Street Mankato, MN 56001	507-387-5122

Family Involvement and Suppo AmeriCare Mobility Van 307 Pine Street Mankato, MN 56001	507-625-6741
<b>ARC of Minnesota</b> 501 S. 2nd St. Mankato, MN 56001	507-345-4223
<b>Autism Society of Minnesota</b> 2380 Wycliff St. #102 St. Paul, MN 55114	651-647-1083 www.ausm.org
Minnesota Disability Law Center mylegalaid.org/	1-800-292-4150 about/our-work/disability-law/
NAMI National Alliance on Mental Illness	1-888-626-4435 www.namimn.org
<b>PACER</b> 8161 Normandale Blvd. Minneapolis, MN 55437	1-800-537-2237
<b>REM</b> 210 Thomas Drive Mankato, MN 56001	507-387-3181
SMILES Center for Independent Living 709 S. Front St. Suite 7 Mankato, MN 56001	507-345-7139

Constal Committee Andrea to testing the	4 077 457 4704
Social Security Administration	1-877-457-1734
12 Civic Center Plaza, Suite 1550	507-345-5389
Mankato, MN 56001	
State of MN Deaf and Hard of Hearing Services	507-344-2840
12 Civic Center Plaza, Suite 1670	TTY 866-266-2461
Mankato, MN 56001	
State Services for the Blind	507-344-2623
12 Civic Center Plaza, Suite 1600B	
Mankato, MN 56001	
VINE Faith in Action	507-387-1666
421 E. Hickory St.	
Mankato, MN 56001	

## EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college,

compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

## For more information on education contact:

## Secondary Schools

Immanuel-Lutheran High School	507-345-3027
Kato Public Charter School	507-387-5524
Lake Crystal-Wellcome Memorial	507-726-2110
Loyola Catholic School	507-388-2997
Mankato Central High School	507-387-3047
Mankato East High School	507-387-5671
Mankato West High School	507-387-3461
Maple River High School	507-524-3918
Nicollet High School	507-232-3411
St. Clair High School	507-245-3027
St. Peter High School	507-934-4210

507-344-7000
507-933-8000
507-354-8221
507-389-1866
507-625-6556
Mankato <b>507-389-7200</b>
Faribault <b>507-332-5800</b>

# Community Education

Adult Basic Education/GED – Mankato	507-345-5222
Lincoln Community Center (GED Testing)	507-345-5222
Maple River Community Education	507-524-3918
St. Peter Adult Basic Education/GED	507-934-3048

# Educational Instruction

#### Mathnasium

521 Hope St. Mankato, MN 56001

## Head Start

#### MN Valley Action Council – Blue Earth County 105 N. 5th St. Mankato, MN 56001

#### MN Valley Action Council – Nicollet County 600 S. Fifth Street, Room 121 St. Peter. MN 56082

507-934-5225

507-345-1485

Job Corps

<b>Humphrey Job Corps Center</b>
1480 N. Snelling Avenue
St. Paul, MN 55108

651-642-1133 1-800-733-5627

#### 507-345-3276

# EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local CareerForce can provide information on completing applications, resumes, and interviews (see <u>www.careerforcemn.com</u>). To see available jobs go to <u>minnesotaworks.net</u>.

## For more information on employment contact:

#### **CareerForce in Fairmont**

400 S. State St., Suite 180 Fairmont, MN 56031

#### CareerForce in Mankato

12 Civic Center Plaza, Suite 1600A Mankato, MN 56001 507-344-2622

507-235-5518

CareerForce in New Ulm 1618 S. Broadway, Suite 203 New Ulm, MN 56073	507-354-3138
MN Valley Action Council – Blue Earth Co. 706 N. Victory Drive Mankato, MN 56001	507-345-6822 1-800-767-7139
MN Valley Action Council – Nicollet Co. 600 South 5th St., Room 213 St. Peter, MN 56082	507-934-5224
Staffing Agencies Aerotek	507-388-2463
921 Madison Ave, Suite 101	
Mankato, MN 56001	
	507-387-5009

Jeane Thorne	507-625-8800
1600 Madison Ave. Suite 104	J07-02J-0000
Mankato, MN 56001	
Manpower	507-345-4201
111 Star St. Suite 110	
Mankato, MN 56001	
Masterson Staffing Solutions 612 N. Victory Drive	507-229-0300
Mankato, MN 56001	
People Ready	507-201-8246
1707 Madison Ave. # 100	
Mankato, MN 56001	
Spherion	507-432-2430
223 Belgrade Ave	507-452-2450
North Mankato, MN 56003	
TEAM Personnel	507-720-6556
121 E. Main St. Suite 301	
Mankato, MN 56001	
Volt	507-304-6514
1985 Lookout Drive	
North Mankato, MN 56003	
1001(11) $1010(10, 1010)$ $30003$	

# FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

#### For more information on food and nutrition contact:

<b>Blue Earth Co. Human Services</b> 410 S. Fifth Street Mankato, MN 56001	507-304-4222
Centenary United Methodist Church 501 S. 2nd St. Mankato, MN 56001 <i>Monday - Saturday breakfast at 8:30</i>	<b>507-225-6370</b> a.m to 11 AM.
ECHO Food Shelf 1014 South Front Street Mankato, MN 56001	507-345-7508
Fare for All New Creation World Outreach Church 1124 N. River Drive Mankato, MN 56001	1-800-582-4291

Feeding Our Communities Partners	507-720-8511
Backpack Food Program	
P.O. Box 5275	
Mankato, MN 56002-5275	
Food for All	507-625-7228
105 W. Lind St.	
Mankato, MN 56001	
2nd Saturday of each month at 9 a.m	
Free or Reduced School Meals - District 508	507-934-5703
Free or Reduced School Meals - District 77	507-388-7442
Maple River Loaves and Fishes	507-524-3046
104 Central Avenue N.	
Mapleton, MN 56065	
Nicollet County Human Services	507-387-4556
2070 Howard Dr.	
North Mankato, MN 56003	
Nicollet County Human Services	507-934-8559
622 S. Front St.	
St. Peter, MN 56082	
Salvation Army	507-345-7840
700 S. Riverfront Drive	
Mankato, MN 56001	
Free noon meals	

Second Harvest Heartland	1-888-339-3663
<b>St. Peter Food Shelf</b> 201 B South 3rd St. St. Peter, MN 56082	507-934-9641
University of MN Extension - Blue Earth County	507-304-4325
204 S. 5th St., Suite 330 Mankato, MN 56001	Regional 507-389-6714
University of MN Extension – Nicollet County 501 S Minnesota Avenue St. Peter, MN 56082	507-934-7828
Women, Infants & Children (WIC) – Blue Earth Co 410 S. 5th St. Mankato, MN 56001	o. 507-304-4163
Women, Infants & Children (WIC) – Nicollet Co. 622 S. Front St. St. Peter, MN 56082	507-934-8262

## HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other

options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parents' permission? Also check with your school nurse.

## For more information on health services contact:

## Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

<b>Blue Earth County Public Health</b> 410 S. 5th Street (Lower level) Mankato, MN 56002-3526	507-304-4319
Nicollet County Public Health 622 S. Front St. St. Peter, MN 56082	507-934-7220

# Medical Clinics/Hospitals

<b>Mankato Clinic - Adams Street</b> 1809 Adams Street Mankato, MN 56001	Į	507-625-7684
Mankato Clinic – Daniels Health C 1901 N. Minnesota Ave. St. Peter, MN 56082	enter S	507-934-2325
Mankato Clinic - Lake Crystal 221 South Murphy Street Lake Crystal, MN 56055	Į	507-726-2136
<b>Mankato Clinic – Madison East</b> 1400 Madison Avenue Mankato, MN 56001	Į	507-387-3195
<b>Mankato Clinic - Main Street</b> 1230 E. Main Street Mankato, MN 56001	Psychiatry Department S	507-625-1811 507-387-3195
Mankato Clinic – Mapleton 305 Main Street NE Mapleton, MN 56065	Į	507-524-3835
Mankato Clinic – North Mankato 1575 Lookout Drive North Mankato, MN 56003	5	507-625-5027

<b>Mankato Clinic - Sleep Center</b> 120 North Augusta Court, Suite 100 Mankato, MN 56001		507-389-8520
<b>Mankato Clinic - Wickersham Health C</b> 1421 Premier Drive Mankato, MN 56001	ampus	507-385-4000
<b>Mayo Clinic Health System – Eastridge</b> 101 Martin Luther King Jr. Dr. Mankato, MN 56001	Clinic	507-594-6500
Mayo Clinic Health System – Hospital & Clinic		507-625-4031
1025 Marsh Street		1-800-327-3721
Mankato, MN 56001	(appointments)	1-877-412-7575
Mayo Clinic Health System – Lake Crys	tal	507-726-6966
200 E. Prince Street Lake Crystal, MN 56055	(appointments)	1-877-412-7575
Mayo Clinic Health System – Madison	East	507-388-9353
1400 Madison Ave. Mankato, MN 56001		1-877-412-7575
Mayo Clinic Health System – Northridg	e Clinic	507-594-5700
1695 LorRay Drive North Mankato, MN 56003		1-877-412-757
Mayo Clinic Health System – St. Peter		507-931-2110
1900 Sunrise Drive, Suite 200 St. Peter, MN 56082	(appointments)	1-877-412-7575
36		Youth Directory

<b>Minnesota State University Dental Clinic</b> 150 South Road Mankato, MN 56001	507-389-2147
<b>Open Door Health Center</b> 309 Holly Lane Mankato, MN 56001 <i>Provides medical and dental services</i>	507-388-2120
Pediatric & Adolescent Dentistry 212 Star Street Mankato, MN 56001	507-387-4078
Rivers Edge Hospital & Clinic 1900 N. Sunrise Drive St. Peter, MN 56082	507-931-2200
<b>Student Health Services/Medical Clinic</b> Minnesota State University – Mankato 21 Carkoski Commons Mankato, MN 56001	507-389-6276

## HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

### For more information on local housing programs contact:

### **Connections Shelter**

507-995-4952

United Methodist Church 501 2nd Street Mankato, MN 56001

Cold weather shelter for women/children

1730 Bassett Drive Mankato, MN 56001	
Minnesota Housing Finance Agency	651-296-7608
Minnesota Valley Action Council – Blue Earth County 706 N. Victory Drive Mankato, MN 56001 <i>Must be income eligible</i>	507-345-6822 1-800-767-7139
Minnesota Valley Action Council - Nicollet County St. Peter Community Center 600 S. 5th Street St. Peter, MN 56082 <i>Must be income eligible</i>	507-934-5224 1-800-767-7139
Partners for Affordable Housing 151 Good Counsel Drive, Suite 130 Mankato, MN 56001 Transitional housing	507-387-2115
<b>Salvation Army</b> 700 S. Riverfront Drive Mankato, MN 56001	507-345-7840
<b>Section 8 Rental Assistance</b> City of Mankato - Intergovernmental Center 10 Civic Center Plaza Mankato, MN 56001	507-387-8600

### South Central MN Multi-County HRA

422 Belgrade Ave. Suite 102 North Mankato, MN 56003

### The REACH Drop-In Center

Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001

Homeless youth

## LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

### For more information on libraries contact:

Blue Earth County Library 100 E Main Street Mankato, MN 56001

### Lake Crystal Public Library

100 Robinson Street Lake Crystal, MN 56055 507-345-1977 1-800-733-9564

507-720-0331

507-304-4001

### 507-726-2726

### 40

## Mapleton Public Library

104 First Avenue NE, P.O. Box 405 Mapleton, MN 56065

### North Mankato Taylor Library

1001 Belgrade Avenue North Mankato, MN 56003

### St. Peter Public Library

601 S. Washington Avenue St. Peter, MN 56082

### Library Systems

**SMILE Library System** 

Traverse Des Sioux Library System

## RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

507-345-5120

507-934-7420

507-625-7555

507-625-6169

507-524-3513

507-524-5515

41

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

### For more information on recreation and leisure contact:

410 Project: Community Art Space Mankato, MN 56001	the410project.com
<b>All Seasons Arena</b> 1251 Monks Ave Mankato, MN 56001	507-387-6552
Arts Center of St. Peter 315 S. Minnesota Avenue St. Peter, MN 56082	507-931-3630
<b>Carmike Cinema 6</b> 220 Stadium Road Mankato, MN 56001	507-625-1763
<b>Carnegie Art Center</b> 120 S Broad Street Mankato, MN 56001	507-625-2730
<b>Cinemark Movies 8</b> River Hills Mall 1850 Adams Street Mankato, MN 56001	507-625-1929

Community Education – Nicollet 1 Pine Street Nicollet, MN 56074	507-232-3411 x3104
<b>Community Education &amp; Recreation – Mankato</b> 110 Fulton Street Mankato, MN 56001	507-387-5501
Dance Conservatory of So. MN 1400 Madison Avenue, Suite 318 Mankato, MN 56001	507-625-2005
Dance Express 2105 N. Broad Court Mankato, MN 56001	507-625-3865
Darts League 1840 Commerce Drive North Mankato, MN 56003	507-387-7986
<b>Impulse Dance</b> 546 Grant Ave. North Mankato, MN 56003	507-317-5185
K & G Gymnastics 19288 MN 22 Mankato, MN 56001	507-720-6399

<b>Kingpin's Bowl</b> 1671 S. Third Street St. Peter, MN 56082	507-934-5464
Lake Crystal Area Recreation Center 621 W. Nathan Street Lake Crystal, MN 56055	507-726-6730
LEEP - Leisure Education for Exceptional People 929 N. 4th Street Mankato, MN 56001	507-387-5122
Individuals with disabilities	
<b>Mankato Area Gymnastics School</b> 161 W. Lind Ct Mankato, MN 56002	507-625-6260
Mankato Area Wrestling Club	507-382-5425
Mankato Area Youth Baseball Assoc. – MAYBA	507-327-4827
Mankato Area Youth Symphony Orchestra	507-217-7687
<b>Mankato Ballet Company</b> 731 S. Front Street Mankato, MN 56001	507-625-7716
<b>Mankato Curling Club</b> 600 Hope Street Mankato, MN 56002	507-388-3335

Mankato Family YMCA 1401 S. Riverfront Drive Mankato, MN 56001	507-387-8255
Mankato Figure Skating Club	Mankatofsc@yahoo.com
Mankato Peppers Softball	mankatolilpeppers@gmail.com
Mankato Royals Baseball	507-327-9244
Mankato United Soccer Club	mankatosoccer.org
<b>Mankato Walking Sculpture Tour</b> 127 S 2nd Street Mankato, MN 56001	507-388-1062
Mankato/North Mankato Youth Football L	eague 507-625-1100
Mapleton Heather Curling Club 315 Silver St. W Mapleton, MN 56065	507-524-3733
<b>Maverick Bullpen</b> 228 Wiecking Center Mankato, MN 56001	507-389-1321
<b>Mount Kato Ski Area</b> 20461 Hwy. 66 Mankato, MN 56001	507-625-3363
Pool League Information	507-387-7986

<b>Riverfront Performing Arts</b> 155 Chestnut Street Mankato, MN 56001	507-469-4351
<b>Spotlight Dance Company</b> 1351 Madison Ave Mankato, MN 56001	507-594-9200
<b>Spotlight Theatres Mankato 4</b> Mankato Place Mall 12 Civic Center Plaza, Suite 1640 Mankato, MN 56001	507-779-7309 mankato.spotlighttheatres.com
<b>St. Peter Recreation &amp; Leisure Services</b> 600 S. 5th Street, Suite 200 St. Peter, MN 56082	507-934-0667
St. Peter Soccer Club	507-380-9350
<b>Twin Rivers Council for the Arts</b> 523 S 2nd Street Mankato, MN 56001	507-387-1008
Victory Bowl 203 S. Victory Drive Mankato, MN 56001	507-387-7991
Wow!Zone Family Entertainment Center 2030 Adams Street Mankato, MN 56001	507-625-2695

Additional information can also be found on school district and chamber of commerce websites.

## THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

For more information on thrift stores contact:

<b>AGAIN Thrift &amp; More</b> 706 N. Victory Drive Mankato, MN 56001	507-345-2409
<b>Church of St. Peter Thrift</b> 401 S. Minnesota Ave. St. Peter, MN 56082	507-931-9150
Govenaires Thrift Store 202 S. Minnesota Ave St. Peter, MN 56082	

Habitat for Humanity Restore 1730 Bassett Drive Mankato, MN 56001	507-388-6682
<b>Hopp's Thrift Store</b> 1000 Belle Ave. Mankato, MN 56001	507-387-4448
<b>Lake Crystal Grace</b> 101 S. Main St. Lake Crystal, MN 56055	507-726-6881
<b>MRCI Thrift Shop</b> 111 Sioux Rd. Mankato, MN 56001	507-388-3867
Neighborhood Thrift Store 105 W. Lind St. Mankato, MN 56001	507-625-7228
<b>New 2 You Family Thrift</b> 1838 Commerce Drive North Mankato, MN 56003	507-385-1455
<b>Salvation Army Thrift Store</b> 201 Star St. Mankato, MN 56001	507-345-7074

### **SS Boutique**

1415 1st Ave Mankato, MN 56001 Hours: Tuesday 9:30am - 12pm, Thursdays 9am - 12pm, Fridays 2pm - 5pm

### Vagabond Village

723 North Riverfront Drive Mankato, MN 56001

## VINE Home Thrift Store

77 Star St. Mankato, MN 56001

## TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

### For more information on transportation contact:

## Driver's Education

### Safety & Respect Driving School 1961 Premier Dr. Mankato, MN 56001

### 507-382-8986

49

### 952-688-6623

507-387-2699

507-317-5593

### Driver's License Road & Knowledge Test Sites

### Driver's License Exam Station

2161 Bassett Drive Mankato, MN 56001

### Driver's License Exam Station

Nicollet County Courthouse 501 S. Minnesota Avenue St. Peter, MN 56082

### Transportation Services

### AmeriCare Mobility Van

307 Pine Street **1-800-963-**Mankato, MN 56001 Non-emergency medical transportation for individuals with disabilities

### **Blue Earth County Taxi**

931 Madison Ave., Suite 103 Mankato, MN 56001

## 507-344-2799

507-931-6800

### 507-625-6741 1-800-963-7233

507-388-2227

### 507-625-5172

Serving	Blue Earth, Le Sueur, and Nicollet County
Uber	
For Blue Earth and Nicollet Cou.	nties

### 1001 Belgrade Ave North Mankato, MN 56003

### St. Peter Transit Dial-A-Ride

227 S Front Street St. Peter, MN 56082

Serving St. Peter and Kasota area

### **True Transit**

**Ruby Ride** 

Vine Faith In Action 421 East Hickory Street Mankato, MN 56001

507-388-8783 1-800-560-1575

www.uber.com

## 507-625-7433

www.lyft.com

507-345-3420

### 1-888-880-4696

### 1-800-RUN-AWAY

507-625-4141

1-888-880-4696

National Run Away Safeline Must be youth initiated between the ages 12-20

Serving Mankato, St. Peter, and Le Sueur

### 1308 Marsh St

Mankato, MN 56001

**Mankato City Bus Service** 

Minnesota River Valley Transit

Lyft

Non-emergency medical transportation for ill or disabled persons

Gold Cross Ambulance

VINE Faith in Action People to Jobs	507-387-1666
421 E. Hickory St.	
Mankato, MN 56001	
Wheel Get There – MVAC	507-345-0446
706 N. Victory Drive	
Mankato, MN 56001	
Cars/car repair assistance	
WS Transportation, LLC	507-388-0708
1517 Fair St.	
Mankato, MN 56001	

## YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

### For more information on youth organizations contact:

**4H University of Minnesota Extension – Nicollet Co.507-934-7828**501 S. Minnesota AvenueSt. Peter, MN 56082

<b>4H University of MN Extension – Blue Earth Co.</b> 204 S. Fifth Street, Suite 330 Mankato, MN 56001	507-304-4325
Boy Scouts of America 810 Madison Avenue Mankato, MN 56001	507-387-3123
<b>Boys and Girls Club of Mankato</b> 709 South Broad Street Mankato, MN 56001	507-720-6898
Girl Scouts River Valleys	507-720-6456
	1-800-845-0787
Maple River Youth Center 304 Second Ave NE Mapleton, MN 56065	507-524-3492

## YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

### For more information on youth services contact:

For Blue Earth and Nicollet Counties

Blue Earth County Social Services 410 S. 5th Street	507-304-4222	
Mankato, MN 56002-3526		
<b>LEEP - Leisure Education for Exceptional People</b> 929 N. 4th Street Mankato, MN 56001	507-387-5122	
Individuals with developmental disab	DIIIties	
Life-Work Planning Center	507-345-1577	
127 S. 2nd St., Suite 210 Mankato, MN 56001	1-800-369-5166	
Lutheran Social Service	507-720-0331	
710 S. Second Street	1-888-577-2227	
Mankato, MN 56001 Independent living skills		
Madelia Area Integration Collaborative Includes LCWM, Madelia, Maple River,	<b>507-642-3232 x204</b> Truman	
MN Valley Action Council – Blue Earth/Nicollet	507-345-6822	
706 N. Victory Drive Mankato, MN 56001	1-800-767-7139	
Nicollet County Social Services 2070 Howard Drive N. Mankato, MN 56003	507-387-4556	

E. Liberty St. Ikato, MN 56001		
	Homeless youth	

ages 6-18	
Salvation Army 700 S. Riverfront Drive Mankato, MN 56001	507-345-7840
Emergency assistance/youth programs	
SMILES Center for Independent Living 709 S. Front St. Suite 7 Mankato, MN 56001	507-345-7139
<b>St. Peter Community and Family Education</b> 600 S. Fifth Street, Suite 207 St. Peter, MN 56082	507-934-3048
The REACH Drop-In Center Lutheran Social Service 125 E. Liberty St. Mankato, MN 56001	507-720-0331
Homeless vouth	

Project G.E.M.

St. Peter, MN 56082

507-726-6047 Mankato & St. Peter Arts based educational outreach program for social & learning disability students,

2005 6-18

### 622 S. Front St.

**Nicollet County Social Services** 

### 507-934-8559

### 56

### **Vocational Rehabilitation Services**

12 Civic Center Plaza, Suite 1600C Mankato, MN 56001

Individuals with disabilities

### YMCA

1401 S. Riverfront Drive Mankato, MN 56001

Leadership development and recreation

### YWCA

127 S. 2nd St. Suite 200 Mankato, MN 56001 507-387-8255

### 507-345-4629

Youth Directory

### 507-344-2622

## NOTES

## NOTES

# SOUTH CENTRAL WORKFORCE



Quality Through Cooperation Since 1976

## This Directory will help you find information about:

Child Care Counseling Disability Services Food & Nutrition Health Services

Housing Programs Libraries Recreation Education Thrift Stores Employment Transportation Youth Organizations Youth Services

Artwork on cover provided by: Alexivan Rivera South Central College

Scan this QR code with your smartphone to link to the youth directory online.

