

The background is a dark charcoal gray. It features several large, stylized arrows and geometric shapes. A prominent red arrow points right from the center, containing the title. A white arrow points right from the top left. A light gray arrow points up from the bottom right. A light orange arrow points left from the bottom left. There are also various gray L-shaped and rectangular blocks scattered throughout the composition.

Youth Directory

for Faribault and Martin Counties

TABLE OF CONTENTS

Child Care.....	4
Counseling.....	5
Chemical Dependency	6
Counseling and Mental Health	7
Domestic Abuse/Sexual Assault	9
Financial	9
Gambling.....	10
Legal	10
Pregnancy/Parenting.....	10
Suicide Prevention	11
Support Groups	11
Education	13
Employment.....	15
Food & Nutrition	17
Health Services.....	19
Housing Programs	23
Libraries	25
Recreation and Leisure.....	27
Transportation	31
Youth Organizations.....	33
Youth Services.....	34

INTRODUCTION

This directory is a listing of resources for youth in Faribault and Martin counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

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Kathi Rusch, South Central Service, Work and Learning Center, SCC
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For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at www.211.org. You can also find resources at minnesotahelp.info.

If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2418.

This directory is also available online at www.workforcecouncil.org/youth-council/projects/youth-directories/

CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

For more information on child care contact:

Child Care Aware 507-389-1716
1-800-373-2782

Human Services of Faribault & Martin

Blue Earth..... 507-526-3265
Fairmont 507-238-4757

COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

When do I need counseling?

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay. With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide

Counseling (cont.)

you. Talk to your school nurse, guidance counselor or social worker.

For more information on counseling contact:

Counseling - Chemical Dependency

Elmore Academy 507-943-3440

202 E. North Street

Elmore, MN 56027

Hazelden Center City..... 651-213-4000

15251 Pleasant Valley Road

1-800-257-7810

Center City, MN 55012

Human Services of Faribault & Martin Counties 507-526-3265

412 N. Nicollet

Blue Earth, MN 56013

Human Services of Faribault & Martin Counties 507-238-4757

115 W. 1st Street

Fairmont, MN 56031

Mayo Clinic Health System-

Fountain Center of Albert Lea 507-377-6411

408 W. Fountain Street

Albert Lea, MN 56007

**Mayo Clinic Health System-
Fountain Center of Fairmont 507-238-4382**
828 N. North Avenue
Fairmont, MN 56031

Residential Treatment Center for Adolescents 1-800-637-2460
620 1st Avenue SW
P.O. Box 278
Winnebago, MN 56098

Counseling and Mental Health

Blue Meadows Family Resource Center 507-553-3495
51652 120th St.
Wells, MN 56097

Bonnie-Lyn II Mental Health Clinic..... 507-235-8807
112 W. 1st Street, Suite 103
Fairmont, MN 56031

Dr. Joseph Switras 507-235-5651
208 W. 2nd Street
Fairmont, MN 56031

Eunoia Family Resource Center 507-235-6070
1307 Albion Ave.
Fairmont, MN 56031

Counseling and Mental Health (cont.)

Human Services of Faribault & Martin Counties 507-526-3265

412 N. Nicollet

Blue Earth, MN 56013

Human Services of Faribault & Martin Counties 507-238-4757

115 W. 1st Street

Fairmont, MN 56031

Krisma Counseling..... 507-399-2149

112 W. First St., Suite 104

Fairmont, MN 56031

Mayo Clinic Health System-Naevé Behavioral Health- 507-377-6406

404 W. Fountain Street

Albert Lea, MN 56007

Sioux Trails Mental Health Center..... 507-235-8112

303 Downtown Plaza

Fairmont, MN 56031

Counseling - Domestic Abuse/Sexual Assault

Committee Against Domestic Abuse –CADA..... 1-800-477-0466
100 Stadium Court **Crisis Line 507-625-7233**
P.O. Box 466
Mankato, MN 56001

Counseling - Financial

Catholic Charities 507-387-5586
816 Hubbell Avenue
Mankato, MN 56001

Lutheran Social Service..... 507-625-8021
710 S. 2nd Street
Mankato, MN 56001

University of MN Extension-Faribault County 507-526-6240
412 N. Nicollet
P.O. Box 130
Blue Earth, MN 56013

University of MN Extension-Martin County..... 507-235-3341
201 Lake Avenue –Room 104
Fairmont, MN 56031

Counseling - Gambling

Lutheran Social Service..... 507-625-7660
710 S. 2nd Street
Mankato, MN 56001

Minnesota Problem Gambling Hotline.....1-800-333-HOPE

Counseling - Legal

Southern MN Regional Legal Services..... 1-800-247-2299
12 Civic Center Plaza, Suite 3000 **507-387-5588**
Mankato, MN 56001

Counseling - Pregnancy/Parenting

Catholic Charities 507-387-5586
816 Hubbell Avenue
Mankato, MN 56001

Early Childhood Family Education–Blue Earth. 507-526-5552
315 E Sixth Street
Blue Earth, MN 56013

Early Childhood Family Education–Fairmont..... 507-235-6205
714 Victoria Street, Ste. 101
Fairmont, MN 56031

Family Services Collaborative of Faribault & Martin
Counties 507-238-4757
115 W. 1st Street
Fairmont, MN 56031

First Steps 507-304-4311

Options Pregnancy Center 507-238-2330
322 E. Blue Earth Avenue
Fairmont, MN 56031

Counseling - Suicide Prevention

South Central Crisis Center 24 hour Crisis Line 1-800-865-0606

Counseling - Support Groups

Check with your local hospital for support groups for specific illnesses.

Alcoholics Anonymous 507-526-3581
118 W. 7th Street
Blue Earth, MN 56013

Alcoholics Anonymous/Alanon/Alateen 507-238-2114
214 Downtown Plaza
Fairmont, MN 56031

Counseling - Support Groups (cont.)

Alcoholics Anonymous..... 507-764-5161
Sherburn, MN

Alcoholics Anonymous/Alanon..... 507-553-5871
Wells, MN 56097

Cancer Support Group..... 507-238-8506
800 Medical Center Drive
Fairmont, MN 56031

Grief Support Group 507-526-7970
United Hospital-United Hands Hospice
125 S. Main
Blue Earth, MN 56013

Mayo Clinic Health System-Grief Support Group-
Fairmont 507-238-8100
800 Medical Center Drive
Fairmont, MN 56031

Minnesota Brain Injury Force 507-228-8161
www.mnbif.org

EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Websites like ISEEK (www.iseek.org) may be helpful.

Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

For more information on education contact:

Secondary Schools

Blue Earth Area High School.....	507-526-3201
Fairmont High School	507-238-4411
Granada Huntley-East Chain	507-447-2211
Martin County West High School.....	507-764-4661
Martin Luther High School.....	507-436-5249

Secondary Schools (cont.)

Southern Plains ALC –Fairmont.....	507-235-6151
Truman High School.....	507-776-2111
United South Central	507-553-5819

Post-Secondary Schools

Bethany Lutheran College	507-344-7000
Gustavus Adolphus College.....	507-933-8000
Iowa Lakes Community College.....	1-800-242-5106
Martin Luther College.....	507-354-8221
Minnesota State University, Mankato	1-800-722-0544
MN West Technical College, Jackson.....	1-800-658 2522
Presentation College, Fairmont	507-235-4658
Rasmussen College	1-800-657-6767
Riverland Community College	1-800-247-5039
South Central College - Mankato	507-389-7200
- Faribault.....	507-332-5800

Community Education

Adult Basic Education/GED- Blue Earth.	507-526-3172
Fairmont Community Education	507-235-3141
Lincoln Community Center (GED Testing).....	507-345-5222
Martin County West Community Education.....	507-728-8284
Wells Community Education	507-553-5823

Head Start

MN Valley Action Council –Faribault County	507-526-5291
301 N. Main Street, Blue Earth	
MN Valley Action Council –Martin County	507-238-1663
1200 Park St. N., Fairmont	

Job Corps

Humphrey Job Corps Center.....	651-642-9029
1480 N. Snelling Avenue	1-800-733-5627
St. Paul, MN 55108	

EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can babysit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher

Employment (cont.)

to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local WorkForce Center can provide information on completing applications, resumes, and interviews (see www.mnwfc.org)

For more information on employment contact:

Fairmont WorkForce Center 507-235-5518
412 S. State St.
Fairmont, MN 56031

Mankato WorkForce Center 507-389-6723
12 Civic Center Plaza, Suite 1600A
Mankato, MN 56001

New Ulm WorkForce Center 507-354-3138
1618 S. Broadway, Suite 203
New Ulm, MN 56073

MN Valley Action Council-Faribault Co. 507-526-5291
301 N. Main St.
Blue Earth, MN 56013

See also Employment Contractors-Temporary Help in your local phone book.

FOOD & NUTRITION

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

For more information on food and nutrition contact:

Faribault County Food Shelf 507-526-2098

214 S. Holland St.

Blue Earth, MN 56013

Heaven's Table Food Shelf 507-238-5424

909 Winnebago Ave.

Fairmont, MN 56031

Human Services of Faribault & Martin

Blue Earth..... 507-526-3265

Fairmont 507-238-4757

Salvation Army 507-238-9797

114 East Blue Earth Avenue

Fairmont, MN 56031

University of MN Extension-Faribault Co..... 507-526-6240

412 North Nicollet

Blue Earth, MN 56013

Food & Nutrition (cont.)

University of MN Extension-Martin Co 507-235-3341

**201 Lake Avenue
Fairmont, MN 56031**

Wells Area Food Shelf..... 507-553-5343

**Good Shepherd Church
291 1st Street SW
Wells, MN 56097**

Winnebago Food Shelf..... 507-893-3197

**127 Main Street North
Winnebago, MN 56098**

Women, Infants & Children-Faribault County 507-526-3265

**412 North Nicollet
Blue Earth, MN 56013**

Women, Infants & Children-Martin County 507-238-4757

**115 West First Street
Fairmont, MN 56031**

HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

For more information on health services contact:

Public Health Clinics

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

Faribault County Public Health 507-526-3265
412 N. Nicollet
Blue Earth, MN 56013

Martin County Public Health..... 507-238-4757
115 W. 1st Street
Fairmont, MN 56031

Medical Clinics/Hospitals

Center for Specialty Care-Blue Earth 507-526-5191
435 S. Grove St. #3
Blue Earth, MN 56098

Center for Specialty Care-Fairmont 507-238-4949
717 S. State St. Suite 900
Fairmont, MN 56031

Dulcimer Medical Center..... 507-238-4968
1950 Center Creek Drive
Fairmont, MN 56031

Mankato Clinic-Main Street..... 507-625-1811
1230 E. Main Street
Mankato, MN 56001

Mayo Clinic Health System..... 1-800-327-3721
1025 Marsh Street
Mankato, MN 56001
507-625-4031

Mayo Clinic Health System-Fairmont 507-238-8100
800 Medical Center Drive
Fairmont, MN 56031

Mayo Clinic Health System-Kiester 507-294-3693
120 N. Main St.
Kiester, MN 56051

Mayo Clinic Health System-Sherburn..... 507-764-4610
32 N. Main St.
P.O. Box 425
Sherburn, MN 56171

Mayo Clinic Health System-Trimont 507-639-9301
437 Main Street E.
Trimont, MN 56176

Mayo Clinic Health System-Truman..... 507-776-2811
401 N. 4th Ave. East
Truman, MN 56088

Mayo Clinic Health System-Wells 507-553-6341
301 S. Broadway
Wells, MN 56097

Medical Clinic-Fairmont..... 507-238-9533
1125 Spruce St.
Fairmont, MN 56031

Medical Clinics/Hospitals (cont.)

Open Door Health Center..... 507-388-2120

**309 Holly Lane
Mankato, MN 56001**

Smart Clinic..... 507-238-4844

**Five Lakes Centre-Sterling Drug
322 South State Street
Fairmont, MN 56031**

The Clinic at Walmart..... 507-238-8500

**1250 Goemann Road
Fairmont, MN 56031**

United Hospital District Clinic..... 507-526-7388

**515 S. Moore Street
Blue Earth, MN 56013**

United Hospital District Clinic..... 507-553-6550

**55 First Street SE
Wells, MN 56097**

United Hospital District Clinic..... 507-893-3399

**1 Main St. N.
Winnebago, MN 56098**

United Hospital District-Hospital 507-526-3273
515 S. Moore St.
Blue Earth, MN 56013

HOUSING PROGRAMS

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of Lease
- Space Needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security Systems
- Cost of Utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- “Apartments” in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

For more information on local housing programs contact:

Minnesota Housing Finance Agency 651-296-7608

Housing Programs (cont.)

Minnesota Valley Action Council-Faribault Co 507-526-5291
301 N. Main Street
Blue Earth, MN 56013
(Must be income eligible)

Minnesota Valley Action Council–Martin Co..... 507-238-1663
1200 Park St. N.
Fairmont, MN 56031
(Must be income eligible)

Partners for Affordable Housing 507-388-1664
(Homeless shelter-Theresa House & Welcome Inn)

Salvation Army 507-345-7840
700 S. Riverfront Drive
Mankato, MN 56001

Section 8 Rental Assistance..... 1-800-767-7139
Minnesota Valley Action Council
706 N. Victory Drive
Mankato, MN 56001

South Central MN Multi-County HRA..... 1-800-733-9564
360 Pierce Avenue, Suite 106
North Mankato, MN 56003
507-345-1977

LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

For more information on libraries contact:

Blue Earth Community Library..... 507-526-5012

124 W. 7th Street

Blue Earth, MN 56013

Dunnell Public Library 507-695-2152

145 W. Wenberg Street

Dunnell, MN 56127

Elmore Public Library 507-943-3150

302 E. Willis St.

Elmore, MN 56027

Fairmont/Martin County Library 507-238-4207

110 N. Park Street

Fairmont, MN 56031

Libraries (cont.)

Sherburn Public Library..... 507-764-7611

**27 N. Main Street
Sherburn, MN 56171**

Trimont Public Library 507-639-2571

**190 Main Street W.
Trimont, MN 56176**

Truman Public Library..... 507-776-2717

**101 E. Ciro Street
Truman, MN 56088**

Welcome Public Library..... 507-728-8376

**304 1st Street
Welcome, MN 56181**

Wells Public Library 507-553-3702

**54 1st Street SW
Wells, MN 56097**

Winnebago Muir Library 507-893-3196

**36 N. Main Street
Winnebago, MN 56098**

Library Systems

SMILE Library System.....	507-625-6169
Traverse Des Sioux Library System	507-625-6169

RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

For more information on recreation and leisure contact:

Anytime Fitness..... 507-235-5055
462 S. State St.
Fairmont, MN 56031

Blue Earth Community Education 507-526-3172
315 E 6th St.
Blue Earth, MN 56013

Recreation and Leisure (cont.)

- Blue Earth Gymnastics Center Inc..... 507-526-3668**
515 W. 1st St.
Blue Earth, MN 56013
- Blue Earth Pool..... 507-526-2715**
411 W. 14th St.
Blue Earth, MN 56013
- Bowlmor Lanes..... 507-235-5719**
617 S. State Street
Fairmont, MN 56031
- Cutting Edge Fitness Center 507-238-2966**
1130 Spruce Street
Fairmont, MN 56031
- Faribault Co. Fair 507-526-2984**
- Faribault Co. Fitness Center..... 507-526-3376**
320 Oak Road
Blue Earth, MN 56013
- Fairmont Aquatic Park 507-238-9292**
1400 S. Prairie Avenue
Fairmont, MN 56031

Fairmont Children’s Theater.....	507-238-4900
45 Downtown Plaza	
Fairmont, MN 56031	
Fairmont Community Education.....	507-235-3141
714 Victoria Street	
Fairmont, MN 56031	
Flame Theatre.....	507-553-5713
125 S. Broadway	
Wells, MN 56097	
190 Moto Cross Course.....	507-639-3841
Lighthouse.....	507-235-6016
213 Downtown Plaza	
Fairmont, MN 56031	
Lucky Lanes.....	507-893-4311
37 First Avenue SE	
Winnebago, MN 56098	
Martin County Ice Arena.....	507-238-1995
Martin County Fairgrounds	
Fairmont, MN 56031	

Recreation and Leisure (cont.)

Martin County West Pool 507-764-3651

105 E. 5th St.

Sherburn, MN 56171

Martin County Youth for Christ 507-235-6016

213 Downtown Plaza

Fairmont, MN 56031

Sherburn Theater..... 507-764-4045

116 N. Main

Sherburn, MN 56171

Truman Pool..... 507-776-8561

302 N. 2nd Ave. E

Truman, MN 56088

Wells Community Education 507-553-5823

Additional information can also be found on school district websites and chamber of commerce websites.

TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

For more information on transportation contact:

Driver's License Road & Knowledge Test Sites

Driver's License Exam Station 507-526-5012
124 W. 7th St.
Blue Earth, MN 56013

Driver's License Exam Station 507-238-3222
308 S. State Street, Bay 160
Fairmont, MN 56031

Transportation Services

AmeriCare Mobility Van 507-625-6741
703 S. 2nd Street
Mankato, MN 56001
1-800-963-7233
(Non-emergency medical transportation for individuals with disabilities)

Transportation Services (cont.)

Faribault County Prairie Express..... 507-526-7433

415 N. Main St.

Blue Earth, MN 56013

Gold Cross Ambulance..... 507-238-2123

216 E. 4th Street

Fairmont, MN 56031

(Non-Emergency Medical Transportation)

Martin County Express 507-235-5558

(Covering all residents in Martin County)

National Run Away Switchboard..... 1-800-RUN-AWAY

(Must be youth initiated between the ages 12-20)

Wheel Get There-MVAC..... 507-345-0446

706 N. Victory Drive

Mankato, MN 56001

(Cars/car loans)

YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

For more information on youth organizations contact:

4-H Faribault County Extension 507-526-6240

Faribault County Office Bldg.

412 N. Nicollet

Blue Earth, MN 56013-0130

4-H Martin County Extension 507-235-3341

104 Courthouse

201 Lake Avenue

Fairmont, MN 56031-1845

Boy Scouts of America 507-387-3123

810 Madison Avenue

Mankato, MN 56001

Girl Scouts of MN & WI River Valley 507-625-7474

Satellite Office

Mankato, MN 56001

YOUTH SERVICES

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: www.211.org (or call 1-800-543-7709) for information on services that will meet your specific need.

For more information on youth services contact:

Faribault County Human Services 507-526-3265

412 N. Nicollet

Blue Earth, MN 56013

Life-Work Planning Center 1-800-369-5166

201 N. Broad Street, Suite 100

Mankato, MN 56001

Lutheran Social Service 1-888-577-2227

710 S. 2nd Street

507-625-7660

Mankato, MN 56001

(Independent living skills)

Madelia Area Integration Collaborative 507-642-3232

320 Buck Avenue SE

x204

Madelia, MN 56052

(Includes LCWM, Madelia, Maple River, Truman)

Martin County Human Services 507-238-4757
115 W. 1st Street
Fairmont, MN 56031

MN Valley Action Council..... 507-526-5291
301 N. Main **1-800-767-7139**
Blue Earth, MN 56013
(Must be income eligible)

MN Valley Action Council..... 507-235-5518
412 S. State St.
Fairmont, MN 56031
(Must be income eligible)

Vocational Rehabilitation Services 507-235-5518
412 S. State St.
Fairmont, MN 56031

NOTES

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NOTES

The funding to print the youth directory was made available by the South Central WorkForce Council.



**This Directory
will help you find
information about:**

Child Care

Counseling

Education

Employment

Food & Nutrition

Health Services

Housing Programs

Libraries

Recreation

Transportation

Youth Organizations

Youth Services

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Cassandra Dlugiewicz
South Central College**

**Scan this QR code with your smartphone to link to the youth
directory online.**

