



# youth DIRECTORY

FOR

BROWN, SIBLEY,

AND WATONWAN

COUNTIES

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## INTRODUCTION

This directory is a listing of resources for youth in Brown, Sibley and Watonwan counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

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Heather Gleason, South Central WorkForce Council  
Deb Long, Minnesota Valley Action Council  
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**For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at [www.211.org](http://www.211.org). You can also find resources at [minnesotahelp.info](http://minnesotahelp.info).**

**If you have any suggestions, comments, changes or need additional copies contact the South Central WorkForce Council at 507-345-2418.**

**This directory is also available online at [www.workforcecouncil.org/youth-council/projects/youth-directories/](http://www.workforcecouncil.org/youth-council/projects/youth-directories/)**

## CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county social services office is a resource in checking out potential child care providers.

### For more information on child care contact:

**Brown County Family Services** ..... 507-359-6500  
1117 Center Street  
New Ulm, MN 56073

**Child Care Aware** ..... 1-855-588-2055

### Early Childhood Education

**Comfrey** ..... 507-877-3491  
**Gaylord** ..... 507-237-3379  
**Gibbon/Fairfax/Winthrop** ..... 507-834-6501  
**Madelia** ..... 507-642-3234  
**New Ulm** ..... 507-359-8417  
**River Bend Education District** ..... 507-359-8738

**Sleepy Eye..... 507-794-7904**  
**Springfield..... 507-723-4286**  
**St. James..... 507-375-4517**

**Sibley County Public Health and Human Services ..... 507-237-4000**  
**111 8th St. 1-866-396-9963**  
**Gaylord, MN 55334**

**Watonwan County Human Services ..... 507-375-3294**  
**715 2nd Ave. S.**  
**PO Box 31**  
**St. James, MN 56081**

**Child Care - Centers**

**Busy Bees ..... 507-276-4198**  
**54526 Cty Road 1**  
**Winthrop, MN 55396**

**Butterfield-Odin Public School Child Care Center ..... 507-956-2771**  
**440 Hubbard Ave**  
**Butterfield, MN 56120**

**God's Treasures ..... 507-766-5752**  
**608 Highland Drive**  
**Winthrop, MN 55396**

**Child Care - Centers (cont.)**

**Kids Connection ..... 507-359-2266**  
400 S. Payne  
New Ulm, MN 56073

**Kids Corner ..... 507-647-3575**  
609 N. Carver  
Winthrop, MN 55396

**Kids X-Cel Center ..... 507-354-4299**  
1506 7th St. N.  
New Ulm, MN 56073

**KinderReady Preschool and Daycare Center ..... 507-375-1111**  
806 1st Ave South  
St. James, MN 56081

**Little Rascal's ..... 507-354-1587**  
101 N. German, Suite 13  
New Ulm, MN 56073

**Little Red Caboose Child Care ..... 507-375-4517**  
500 Third Ave. S  
St. James, MN 56081

**Martin Luther College ..... 507-233-9105**  
**Early Childhood Learning Center**  
**405 N. Highland**  
**New Ulm, MN 56073**

**Noah's Ark Daycare..... 507-642-3626**  
**223 1st Street NE**  
**Madelia, MN 56062**

**Shining Star Learning Center..... 507-237-2804**  
**417 High Avenue**  
**Gaylord, MN 55334**

## **COUNSELING**

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

### **When do I need counseling?**

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

**For more information on counseling contact:**

**Counseling - Chemical Dependency**

**Adolescent Treatment Center of Winnebago ..... 1-800-637-2460  
620 1st Avenue SW  
P.O. Box 278  
Winnebago, MN 56098**



Hazelden Betty Ford Foundation ..... 651-213-4000  
15251 Pleasant Valley Road 1-800-257-7810  
Center City, MN 55012

Mayo Clinic Health System - Fountain Centers ..... 507-625-3372  
1400 Madison Ave. Suite 326  
Mankato, MN 56001

New Ulm Medical Center ..... 507-217-5000  
1324 5<sup>th</sup> Street N. 1-800-795-1211  
New Ulm, MN 56073

### **Counseling and Mental Health Services**

Adult, Child and Family Services, LLC ..... 507-387-3777  
103 N. Broad Street  
Mankato, MN 56001

Brown County Family Services ..... 507-359-6500  
1117 Center Street  
New Ulm, MN 56073

Catholic Charities ..... 507-387-5586  
101 N. 2nd St., Suite 106  
Mankato, MN 56001

**Counseling and Mental Health Services (cont.)**

**Cornerstone Christian Counseling ..... 507-354-1147**

**St. Paul's Lutheran Church**

**201 North State Street**

**New Ulm, MN 56073**

**Eunioia Family Resource Center ..... 507-359-2080**

**1226 S. Broadway**

**New Ulm, MN 56073**

**Eunioia Family Resource Center ..... 1-855-935-6463**

**120 7th Street S.**

**St. James, MN 56081**

**Greater MN Family Service Agency ..... 320-214-9692**

**2320 E. Hwy. 12**

**Willmar, MN 56201**

**Life Dimensions..... 507-375-5688**

**116 7th Street S.**

**St. James, MN 56081**

**Mankato Clinic-Main Street..... 507-625-1811**

**1230 E. Main Street**

**Mankato, MN 56001**

**Mankato Psychology Clinic..... 507-387-1350**  
209 S. Second Street, Ste. 306  
Mankato, MN 56001

**Mayo Clinic Health System-Springfield**  
**Medical Center..... 507-723-6201**  
625 N. Jackson Avenue  
Springfield, MN 56087

**New Ulm Medical Center..... 507-217-5000**  
1324 5<sup>th</sup> Street N. **1-800-795-1211**  
New Ulm, MN 56073

**Philip Psychological Clinic..... 507-345-5049**  
526 S. Second Street, Suite 3  
Mankato, MN 56001

**Sibley County Public Health and Human Services ..... 507-237-4000**  
111 8th St. **1-866-396-9963**  
Gaylord, MN 55334

**Sioux Trails Mental Health Center..... 507-237-9989**  
716 Sibley Avenue **24 hr. Crisis Line 1-800-247-2809**  
P.O. Box 393  
Gaylord, MN 55334

## **Counseling and Mental Health (cont.)**

**Sioux Trails Mental Health Center..... 507-354-3181**  
**1407 S. State St. 24 hr. Crisis Line 1-800-247-2809**  
**New Ulm, MN 56073**

**Sioux Trails Mental Health Center..... 507-375-3442**  
**201 Armstrong Blvd. S. 24 hr. Crisis Line 1-800-247-2809**  
**St. James, MN 56081**

**South Central Crisis Center/Mobile Team ..... 507-344-0621 (info)**  
**521 Pfau Street 1-877-399-3040 (crisis)**  
**Mankato, MN 56001**

## **Counseling - Domestic Abuse/Sexual Assault**

**Committee Against Domestic Abuse –CADA..... 507-625-8688**  
**100 Stadium Court Crisis Line 1-800-477-0466**  
**P.O. Box 466**  
**Mankato, MN 56001**

**CADA of Brown County ..... 507-233-6663**  
**PO Box 671 1-800-477-0466**  
**New Ulm, MN 56073**

CADA of Le Sueur/Sibley County..... 507-237-5977  
223 4th Street 1-800-477-0466  
Gaylord, MN 55334

CADA of Watonwan County..... 507-375-3040  
PO Box 254  
St. James, MN 56081

**Counseling – Financial**

Catholic Charities..... 507-387-5586  
101 N. 2nd St., Suite 106  
Mankato, MN 56001

Lutheran Social Service..... 507-625-7660  
710 S. 2<sup>nd</sup> Street 1-888-577-2227  
Mankato, MN 56001

University of MN Extension-Brown Co..... 507-794-7993  
300 2nd Ave SW  
Sleepy Eye, MN 56085

University of MN Extension–Sibley Co..... 507-237-4100  
Sibley County Service Center  
111 8th Street  
Gaylord, MN 55334

**Counseling - Financial (cont.)**

University of MN Extension-Watonwan Co ..... 507-375-1275  
108 8th St. S., Suite 1  
St. James, MN 56081

**Counseling - Gambling**

Lutheran Social Service..... 507-625-7660  
710 S. 2<sup>nd</sup> Street  
Mankato, MN 56001

Minnesota Gambling Help Line ..... 1-800-333-HOPE

**Counseling - Legal**

Southern MN Regional Legal Services..... 507-387-5588  
12 Civic Center Plaza, Suite 3000 1-800-247-2299  
Mankato, MN 56001

**Counseling - Pregnancy/Parenting**

Birthright of Mankato ..... 507-387-7818  
National Hotline 1-800-550-4900  
330 Stadium Road, Suite 201B  
Mankato, MN 56001

**Brown County Public Health ..... 507-233-6820**  
1117 Center Street  
New Ulm, MN 56073

**Catholic Charities ..... 507-387-5586**  
101 N. 2nd St., Suite 106  
Mankato, MN 56001

**Community Education Youth Development..... 507-375-4517**  
500 3rd Avenue S., P.O. Box 509  
St. James, MN 56081

**Early Childhood Family Education –  
Gibbon/Fairfax/Winthrop ..... 507-207-2236**  
323 E 11<sup>th</sup> Street  
Gibbon, MN 55335

**Early Childhood Family Education –  
Gaylord/Arlington ..... 507-237-3379**  
500 Court St.  
Gaylord, MN 55334

**Early Childhood Family Education-Madelia..... 507-642-3234**  
121 E. Main Street  
Madelia, MN 56062

**Counseling - Pregnancy/Parenting (cont.)**

**Early Childhood Family Education – New Ulm ..... 507-359-8417**

**400 S. Payne**

**New Ulm, MN 56073**

**Early Childhood Family Education –St. James ..... 507-375-4517**

**500 3rd Avenue S.**

**P.O. Box 509**

**St. James, MN 56081**

**Elizabeth House Pregnancy Resource Center..... 507-427-2889**

**316 1st Ave.**

**St. James, MN 56081**

**First Choice Pregnancy Service..... 507-359-9800**

**1223 S. Broadway**

**New Ulm, MN 56073**

**Help Me Grow of Brown/Sibley/Watonwan Co..... 507-359-8700**

**1315 S. Broadway**

**New Ulm, MN 56073**

**Lutheran Social Service..... 507-625-7660**

**710 S. 2<sup>nd</sup> Street**

**Mankato, MN 56001**



**Planned Parenthood of MN/ND/SD ..... 507-387-5581**  
**Belle Mar Center 1-800- 230-7526**  
**201 N. Victory Dr., Suite 211**  
**Mankato, MN 56001**

**Sibley County Public Health and Human Services ..... 507-237-4000**  
**111 8th St. 1-866-396-9963**  
**Gaylord, MN 55334**  
**Sioux Trails Mental Health Center..... 507-354-3181**  
**1407 S. State Street 24 hr Crisis Line 1-800-247-2809**  
**New Ulm, MN 56073**

**Watonwan County Public Health..... 507-375-3294**  
**715 Second Ave. S. P.O. Box 31**  
**St. James, MN 56081**

**Counseling - Suicide Prevention**

**Yellow Ribbon Suicide Prevention..... 507-387-5020**  
**SC MN Crisis Line 1-800-865-0606**  
**National Crisis Line 1-800-784-2433**

**South Central Crisis Center Warm/Crisis Line ..... 1-877-399-3040**

## **Counseling - Support Groups**

Check with your local hospital for support groups for specific illnesses.

<b>Alcoholics Anonymous – Arlington .....</b>	<b>507-964-5413</b>
<b>Alcoholics Anonymous – Gaylord .....</b>	<b>507-237-5148</b>
<b>Alcoholics Anonymous – Henderson .....</b>	<b>507-248-3550</b>
<b>Alcoholics Anonymous/Alanon – Madelia .....</b>	<b>507-642-8758</b>
<b>Alcoholics Anonymous – New Ulm .....</b>	<b>507-354-4264</b>
<b>Alcoholics Anonymous – Sleepy Eye.....</b>	<b>507-794-7766</b>
<b>Alcoholics Anonymous – Springfield .....</b>	<b>507-723-5663</b>
<b>Alcoholics Anonymous – St. James .....</b>	<b>507-375-5748</b>
<b>CADA of Brown County.....</b>	<b>507-233-6663</b>
<b>PO Box 671</b>	<b>1-800-477-0466</b>
<b>New Ulm, MN 56073</b>	
<b>CADA of Le Sueur/Sibley County.....</b>	<b>507-237-5977</b>
<b>223 4th Street</b>	<b>1-800-477-0466</b>
<b>Gaylord, MN 55334</b>	

- Compassionate Friends..... 507-359-2737**  
**1119 16th Street So.**  
**New Ulm, MN 56073**  
**(Bereaved parents, siblings, grandparents and other family members)**
- Life-Work Planning Center ..... 507-345-1577**  
**201 N. Broad Street, Suite 100**  
**Mankato, MN 56001**  
**(Women in transition - personal growth & career development)**
- Mayo Clinic Health System Support Group Programs .... 507-385-2691**
- Minnesota Brain Injury Force ..... 507-228-8161**  
**[www.mnbif.org](http://www.mnbif.org)**
- NAMI ..... 507-317-3595**  
**National Alliance for the Mentally Ill**  
**P.O. Box 1175**  
**Mankato, MN 56001**
- New Ulm Medical Center..... 507-217-5000**  
**1324 5<sup>th</sup> St. N.**  
**New Ulm, MN 56073**

## **Counseling - Support Groups (cont.)**

**Sioux Trails Mental Health Center..... 507-354-3181**  
**1407 S. State Street                                      24 hr. Crisis Line 1-800-247-2809**  
**New Ulm, MN 56073**  
**(Sexual assault victims)**

## **DISABILITY SERVICES**

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

1. School-Based Preparatory Experiences
2. Career Preparation and Work Based Learning Experiences
3. Youth Development in Leadership
4. Connecting Activities
5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

**For more information on disability services contact:**

## **School-Based Preparatory Experiences**

### **Secondary**

**River Bend Education District..... 507-359-8700**  
1315 South Broadway  
New Ulm, MN 56073

### **Post-Secondary**

**Bethany Lutheran College ..... 507-344-7431**  
Student Support  
700 Luther Dr.  
Mankato, MN 56001

**Gustavus Adolphus College..... 507-933-7027**  
Disability Services  
Johnson Student Union 204  
St. Peter, MN 56031

**Martin Luther College..... 507-354-8221**  
1995 Luther Court  
New Ulm, MN 56073

**Minnesota State University-Mankato**  
**Office of Accessibility Resources..... 507-389-2825**  
132 Memorial Library  
Mankato, MN 56001

### **School-Based Preparatory Experiences (cont.)**

**Rasmussen College ..... 507-625-6556**  
**Campus Accommodations Coordinator**  
**130 Saint Andrews Drive**  
**Mankato, MN 56001**

**South Central College ..... 507-389-7339**  
**Student Support Services**  
**1900 Lee Boulevard**  
**North Mankato, MN 56003**

### **Career Preparation and Work Based Learning Experiences**

**Lifeworks ..... 507-625-7522**  
**201 N. Victory Drive**  
**Mankato, MN 56001**

**MN Valley Action Council – Brown Co..... 507-354-3138**  
**1618 S. Broadway, Suite 203 1-800- 767-7139**  
**New Ulm, MN 56073**

**MN Valley Action Council – Sibley Co. .... 507-237-2981**  
**110 6<sup>th</sup> Street 1-800-767-7139**  
**Gaylord, MN 55334-0087**

**MN Valley Action Council – Watonwan Co..... 507-375-5748**  
705 2<sup>nd</sup> Avenue S. **1-800-767-7139**  
St. James, MN 56081

**MRCI WorkSource ..... 507-233-2700**  
2100 N. Broadway P.O. Box 894  
New Ulm, MN 56073

**Vocational Rehabilitation Services ..... 507-354-3138**  
1618 S. Broadway, Suite 203  
New Ulm, MN 56073

### **Connecting Activities**

**LEEP ..... 507-387-5122**  
Leisure Education for Exceptional People  
929 N. 4th Street  
Mankato, MN 56001

### **Family Involvement and Supports**

**AmeriCare Mobility Van ..... 507-625-6741**  
350 Poplar Street  
Mankato, MN 56001

**ARC of Minnesota..... 507-345-4223**  
709 South Front St., Suite 3  
Mankato, MN 56001

**Family Involvement and Supports (cont.)**

**NAMI ..... 507-317-3595**

**National Alliance for the Mentally Ill**

**P.O. Box 1175**

**Mankato, MN 56001**

**PACER ..... 1-800-537-2237**

**8161 Normandale Blvd.**

**Minneapolis, MN 55437**

**SMILES Center for Independent Living ..... 507-354-7106**

**1618 S. Broadway**

**New Ulm, MN 56073**

**Social Security Administration..... 1-877-457-1734**

**12 Civic Center Plaza, Suite 1550**

**Mankato, MN 56001**

**State of MN Deaf and Hard of Hearing Services ..... 507-344-2840**

**12 Civic Center Plaza, Suite 1670**

**Mankato, MN 56001**

**State Services for the Blind..... 507-389-6324**

**12 Civic Center Plaza, Suite 1600B**

**Mankato, MN 56001**



## EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Websites like ISEEK ([www.iseek.org](http://www.iseek.org)) may be helpful. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

**For more information on education contact:**

### Secondary Schools

<b>Butterfield High School</b> .....	<b>507-956-2771</b>
<b>Comfrey High School</b> .....	<b>507-877-3491</b>
<b>Gibbon-Fairfax-Winthrop High School</b> .....	<b>507-647-5382</b>
<b>Madelia High School</b> .....	<b>507-642-3232</b>
<b>MN New Country School (Charter)</b> .....	<b>507-248-3353</b>
<b>MN Valley Lutheran High School</b> .....	<b>507-354-6851</b>
<b>New Ulm Cathedral High School</b> .....	<b>507-354-4511</b>
<b>New Ulm High School</b> .....	<b>507-359-8420</b>

### **Secondary Schools (cont.)**

River Bend ALC-New Ulm .....	507-359-8780
River Bend Imprints Program.....	507-359-8760
Sibley East High School .....	507-964-2292
Sleepy Eye High School .....	507-794-7904
Springfield High School .....	507-723-4288
St. Mary's High School –Sleepy Eye.....	507-794-4121
St. James High School .....	507-375-3381

### **Post-Secondary Schools**

Bethany Lutheran College .....	507-344-7000
Gustavus Adolphus College.....	507-933-8000
Martin Luther College.....	507-354-8221
Minnesota State University, Mankato .....	507-389-1866
Rasmussen College - Mankato.....	507-625-6556
South Central College – Mankato .....	507-389-7200
Faribault.....	507-332-5800

### **Community Education**

Butterfield Community Education .....	507-956-2771
GFW Community Education .....	507-834-6822
Lincoln Community Center (GED Testing).....	507-345-5222
Madelia Community Education .....	507-642-3232
New Ulm Community Education .....	507-359-8561
Sibley East Community Education .....	507-237-3322
Sleepy Eye Community Education .....	507-794-7873

Springfield Community Education..... 507-723-4286  
St. James Adult Basic Education/GED/ESL..... 507-375-4517

### **Head Start**

MN Valley Action Council –Brown County ..... 507-354-3138  
1618 S. Broadway, New Ulm 56073  
MN Valley Action Council –Sibley County..... 507-237-2981  
110 Sixth Street, P.O. Box 87, Gaylord 55334  
MN Valley Action Council –Watsonwan County ..... 507-375-5748  
705 Second Avenue S., St. James 56081

### **Job Corps**

Humphrey Job Corps Center..... 651-642-9029  
1480 N. Snelling Avenue 1-800-733-5627  
St. Paul, MN 55108

## **EMPLOYMENT**

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you

need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local WorkForce Center can provide information on completing applications, resumes, and interviews (see [www.mnwfc.org](http://www.mnwfc.org)) To see available jobs go to [minnesotaworks.net](http://minnesotaworks.net).

**For more information on employment contact:**

**Fairmont WorkForce Center ..... 507-235-5518**  
412 S. State St.  
Fairmont, MN 56031

**Mankato WorkForce Center ..... 507-389-6723**  
12 Civic Center Plaza, Suite 1600  
Mankato, MN 56001

**New Ulm WorkForce Center ..... 507-354-3138**  
1618 S. Broadway, Suite 203  
New Ulm, MN 56073

**MN Valley Action Council – Sibley Co. .... 507-237-2981**  
110 6<sup>th</sup> Street, Box 87  
Gaylord, MN 55334  
(must be income eligible)

**MN Valley Action Council – Brown Co..... 507-354-3138**  
1618 S. Broadway, Suite 203  
New Ulm, MN 56073  
(must be income eligible)

**MN Valley Action Council – Watonwan Co..... 507-375-5748**  
705 2<sup>nd</sup> Avenue S.  
St. James, MN 56081  
(must be income eligible)

**Watonwan County Employment & Training ..... 507-375-1262**  
108 8<sup>th</sup> St. S., Suite 4  
St. James, MN 56081

**Staffing Agencies**

**Express Employment Professionals ..... 507-387-5620**  
113 Monroe Ave.  
North Mankato, MN 56003

## **Staffing Agencies (cont.)**

**Jeane Thorne ..... 507-625-8800**  
**1600 Madison Ave. Suite 104**  
**Mankato, MN 56001**

**Labor Ready ..... 507-344-0600**  
**210 E. Walnut St. Suite 100**  
**Mankato, MN 56001**

**Manpower ..... 507-345-4201**  
**111 Star St. Suite 110**  
**Mankato, MN 56001**

**Spherion ..... 507-387-2200**  
**709 S. Front St. Suite 2**  
**Mankato, MN 56001**

## **FOOD & NUTRITION**

**Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.**

**For more information on food and nutrition contact:**

**Brown County Family Services..... 507-359-6500**  
1117 Center Street  
New Ulm, MN 56073

**Fare for All Food & Resource Exchange..... 1-800-582-4291**  
Faith Lutheran Church  
306 Abbott Ave. SW  
Madelia, MN 56062

**Food for All ..... 507-625-7228**  
1700 N 3rd Avenue  
Mankato, MN 56001

**Madelia Food Shelf..... 507-642-3245**  
116 West Main Street  
Madelia, MN 56062

**New Ulm Food Shelf..... 507-354-7668**  
1305 South Valley Street  
New Ulm, MN 56073

**Salvation Army-St. James..... 507-375-3432**  
706 3rd Ave. S  
St. James, MN 56081

**Second Harvest Heartland Food Bank ..... 1-888-339-3663**

**FOOD & NUTRITION (cont.)**

- Sibley County Food Share..... 507-237-5253**  
111 Industrial Ave. P.O. Box 676  
Gaylord, MN 55334
- Sibley County Public Health & Human Services ..... 507-237-4000**  
111 8th St.  
Gaylord, MN 55334
- Sleepy Eye Food Shelf ..... 507-794-7130**  
130 2nd Avenue NW  
Sleepy Eye, MN 56085
- Springfield Food Shelf ..... 507-723-4120**  
804 E. Rock Street  
Springfield, MN 56087
- University of MN Extension-Brown Co..... 507-794-7993**  
300 2nd Ave SW  
Sleepy Eye, MN 56085
- University of MN Extension–Sibley Co..... 507-237-4100**  
Sibley County Service Center  
111 8th Street  
Gaylord, MN 55334



University of MN Extension-Watonwan Co .....	507-375-1275
108 8th St. S., Suite 1 St. James, MN 56081	
Watonwan County Food Shelf.....	507-375-2527
108 South Eight Street St. James, MN 56081	
Watonwan County Human Services .....	507-375-3294
715 Second Avenue South St. James, MN 56081	
Watonwan County Weekend Backpack Program.....	507-375-3325
Women, Infants & Children-Brown County.....	507-233-6800
1117 Center Street New Ulm, MN 56073	
Women, Infants & Children-Sibley County .....	507-237-4000
111 8th Street Gaylord, MN 55334	
Women, Infants & Children-Watonwan County .....	507-375-3294
715 Second Avenue South St. James, MN 56081	

## HEALTH SERVICES

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

**For more information on health services contact:**

### **Public Health Clinics**

**Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.**

**Brown County Public Health Department ..... 507-233-6820**  
**1117 Center Street**  
**New Ulm, MN 56073**

**Sibley County Public Health & Human Services ..... 507-237-4000**  
**111 8<sup>th</sup> Street**  
**Gaylord, MN 55334**

**Watonwan County Public Health..... 507-375-3294**  
715 2<sup>nd</sup> Avenue S.  
St. James, MN 56081

**Medical Clinics/ Hospitals**

**Glencoe Regional Health Services ..... 320-864-3121**  
1805 Hennepin Avenue N  
Glencoe, MN 55336  
**1-888-526-4242**

**Hutchinson Health..... 320-234-5000**  
1095 Hwy. 15 S.  
Hutchinson, MN 55350

**Madelia Community Hospital & Clinic ..... 507-642-3255**  
121 Drew Ave SE  
Madelia, MN 56062

**Mankato Clinic-Daniels Health Center ..... 507-934-2325**  
1901 N. Old Minnesota Ave.  
St. Peter, MN 56082

**Mankato Clinic-Lake Crystal..... 507-726-2136**  
221 South Murphy Street  
Lake Crystal, MN 56055

**Medical Clinics/ Hospitals (cont.)**

**Mankato Clinic-Main Street..... 507-625-1811**  
1230 E. Main Street  
Mankato, MN 56001

**Mayo Clinic Health System-Fairmont ..... 507-238-8100**  
800 Medical Center Drive 1-800-234-6141  
Fairmont, MN 56031 (appointments) 507-238-8500

**Mayo Clinic Health System-Lake Crystal ..... 507-726-6966**  
200 E. Prince Street (appointments) 1-877-412-7575  
Lake Crystal, MN 56055

**Mayo Clinic Health System-Mankato ..... 507-625-4031**  
1025 Marsh Street 1-800-327-3721  
Mankato, MN 56001 (appointments) 1-877-412-7575

**Mayo Clinic Health System-Northridge Clinic ..... 507-385-5700**  
1695 LorRay Drive (appointments) 1-877-412-7575  
North Mankato, MN 56003

**Mayo Clinic Health System-Springfield..... 507-723-6201**  
625 N. Jackson Ave. (appointments) 1-877-412-7575  
Springfield, MN 56087

**Mayo Clinic Health System-Trimont ..... 507-639-9301**  
437 Main St. E.  
Trimont, MN 56176

**Mayo Clinic Health System-St. James ..... 507-375-3261**  
1101 Moulton and Parsons Dr. (appointments) 1-877-412-7575  
St. James, MN 56081

**Mayo Clinic Health System-St. Peter ..... 507-931-2110**  
1900 N. Sunrise Drive, Suite 200 (appointments) 1-877-412-7575  
St. Peter, MN 56082

**New Ulm Medical Center ..... 507-217-5000**  
1324 5<sup>th</sup> Street North  
New Ulm, MN 56073

**Open Door Health Center ..... 507-388-2120**  
309 Holly Lane  
Mankato, MN 56001

**Ridgeview Sibley Medical Center-Arlington  
Clinic & Hospital ..... 507-964-2271**  
601 W. Chandler St.  
Arlington, MN 55307

**Medical Clinics/ Hospitals (cont.)**

**Ridgeview Sibley Medical Center-Gaylord..... 507-237-5523**

**660 Third Street  
Gaylord, MN 55334**

**Ridgeview Sibley Medical Center-Henderson..... 507-248-3433**

**505 Main Street, P.O. Box 97  
Henderson, MN 56044**

**Ridgeview Sibley Medical Center-Winthrop..... 507-647-5318**

**223 N. Carver Street.  
Winthrop, MN 55396**

**Rivers Edge Hospital & Clinic ..... 507-931-2200**

**1900 N. Sunrise Drive  
St. Peter, MN 56082**

**Sleepy Eye Medical Center ..... 507-794-3691**

**400 4th Ave. NW  
Sleepy Eye, MN 56085** 1-800-794-3691

**Student Health Services/Medical Clinic ..... 507-389-6276**

**Minnesota State University-Mankato  
21 Carkoski Commons  
Mankato, MN 56001**

**Winthrop Area Clinic ..... 507-647-8000**  
**211 West Second Street** **1-800-795-1211**  
**Winthrop, MN 55396**

## **HOUSING PROGRAMS**

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of Lease
- Space Needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security Systems
- Cost of Utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- “Apartments” in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary school

**For more information on local housing programs contact:**

## **HOUSING PROGRAMS (cont.)**

- City of New Ulm EDA Housing ..... 507-359-8227**  
100 N. Broadway  
New Ulm, MN 56073
- Habitat for Humanity ..... 507-388-2081**  
1751 Bassett Drive  
Mankato, MN 56001
- Minnesota Housing Finance Agency ..... 651-296-7608**
- Minnesota Valley Action Council–Brown Co. .... 507-354-3138**  
1618 S. Broadway, Suite 203  
New Ulm, MN 56073  
(Must be income eligible)
- Minnesota Valley Action Council –Sibley Co..... 507-237-2981**  
110 Sixth Street  
Gaylord, MN 55334-0087  
(Must be income eligible)
- Minnesota Valley Action Council-Watonwan Co. .... 507-375-5748**  
705 2nd Ave. S  
St. James, MN 56081  
(Must be income eligible)



- Partners for Affordable Housing** ..... 507-388-1664  
 151 Good Counsel Drive, Suite 130  
 Mankato, MN 56001  
 (Transitional housing)
- Salvation Army** ..... 507-345-7840  
 700 S. Riverfront Drive  
 Mankato, MN 56001
- South Central MN Multi-County HRA**..... 507-345-1977  
 422 Belgrade Ave. Suite 102 1-800-733-9564  
 North Mankato, MN 56003
- The REACH Drop-In Center** ..... 507-381-6670  
 Lutheran Social Service  
 709 South Front Street, Suite 6  
 Mankato, MN 56001  
 (Homeless youth)

## LIBRARIES

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

## **LIBRARIES (cont.)**

For more information on libraries contact:

**Arlington Public Library..... 507-964-2490**  
321 W. Main Street  
Arlington, MN 55307

**Butterfield Public Library..... 507-956-2361**  
111 Second Street N  
Butterfield, MN 56120

**Comfrey Community Library..... 507-877-6600**  
306 Brown Street West  
Comfrey, MN 56019

**Darfur Branch Library ..... 507-877-5010**  
205 N. Adrian Street  
Darfur, MN 56022

**Dyckman Free Library..... 507-794-7655**  
345 Main Street W.  
Sleepy Eye, MN 56085

**Gaylord Public Library ..... 507-237-2280**  
428 Main Avenue  
Gaylord, MN 55334

- Gibbon Public Library ..... 507-834-6640**  
**1050 Adams Library**  
**Gibbon, MN 55335**
- Hanska Community Library ..... 507-439-6248**  
**201 Broadway P.O. Box 91**  
**Hanska, MN 56041**
- Henderson Public Library ..... 507-248-3880**  
**110 S 6<sup>th</sup> Street**  
**Henderson, MN 56044**
- New Ulm Public Library ..... 507-359-8355**  
**17 N. Broadway**  
**New Ulm, MN 56073**
- Watonwan County Library &  
 Multicultural Learning Center ..... 507- 375-1278**  
**125 5<sup>th</sup> Street S.**  
**St. James, MN 56081**
- Springfield Public Library ..... 507-723-3510**  
**120 N. Cass Ave.**  
**Springfield, MN 56087**

## **LIBRARIES (cont.)**

**Lewisville Branch Library ..... 507-435-2781**  
129 Lewis Street W.  
Lewisville, MN 56060

**Madelia Branch Library ..... 507-642-3511**  
23 1<sup>st</sup> Street NW  
Madelia, MN 56062

**Winthrop Public Library ..... 507-647-5308**  
305 N. Main Street  
Winthrop, MN 55396

## **Library Systems**

**SMILE Library System..... 507-625-6169**  
**Traverse Des Sioux Library System ..... 507-625-6169**

## **RECREATION AND LEISURE**

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural

activities such as dance, music or theatre groups.

**For more information on recreation and leisure contact:**

**Concordia Lanes ..... 507-354-2923**  
416 19<sup>th</sup> North Street  
New Ulm, MN 56073

**El Toro Lanes .....507-237-5111**  
112 High Avenue E.  
Gaylord, MN 55334

**Flandrau State Park..... 507-233-9800**  
1300 Summit Avenue  
New Ulm, MN 56073

**Gaylord Aquatic Center..... 507-237-2266**  
515 Recreation Road P.O. Box 987  
Gaylord, MN 55334

**Madelia Community Education ..... 507-642-3232**  
320 Buck Avenue SE  
Madelia, MN 56082

**Madelia Community Theatre.....605-351-1113**

## **RECREATION AND LEISURE (cont.)**

- Madelia Golf Course..... 507-642-3608**  
Watona Park  
Madelia, MN 56062
- Madelia Swimming Pool & Waterslide ..... 507-642-8952**  
Watona Park  
Madelia, MN 56062
- Madelia Theatre ..... 507-642-3333**  
117 W. Main Street  
Madelia, MN 56062
- Memory Lanes ..... 507-375-4531**  
113 7<sup>th</sup> St. S.  
St. James, MN 56081
- New Ulm Area Gymnastics Academy ..... 507-354-1168**
- New Ulm Basketball Association ..... 507-354-1857**  
[www.newulmbasketball.com](http://www.newulmbasketball.com)
- New Ulm Community Education ..... 507-359-8561**  
15 North State St.  
New Ulm, MN 56073

<b>New Ulm Country Club.....</b>	<b>507-354-8896</b>
<b>1 Golf Drive Club House</b>	
<b>New Ulm, MN 56073</b>	
<b>New Ulm Figure Skating Club .....</b>	<b>507-354-7469</b>
<b>www.nufsc.org</b>	
<b>New Ulm Football Association .....</b>	<b>507-354-5459</b>
<b>New Ulm Girls Fast Pitch Association.....</b>	<b>507-380-9344</b>
<b>New Ulm Park &amp; Recreation .....</b>	<b>507-359-8347</b>
<b>122 S. Garden Street</b>	
<b>New Ulm, MN 56073</b>	
<b>New Ulm Swim Club.....</b>	<b>507-359-4611</b>
<b>New Ulm Tennis Association.....</b>	<b>507-359-1160</b>
<b>New Ulm/Sleepy Eye Hockey Association .....</b>	<b>507-359-2283</b>
<b>New Ulm Youth Soccer Association .....</b>	<b>507-359-7052</b>
<b>Princess Theater.....</b>	<b>507-375-4370</b>
<b>505 1st Ave. S.</b>	
<b>St. James, MN 56081</b>	

**RECREATION AND LEISURE (cont.)**

- Putting Green Mini Golf–New Ulm ..... 507-354-7888**  
1915 S. Valley St.  
New Ulm, MN
- River Valley BMX ..... 507-217-7910**  
New Ulm, MN
- Sleepy Eye Community Education ..... 507-794-7873**  
400 4th Avenue SW  
Sleepy Eye, MN 56085
- Sleepy Eye Family Aquatic Center ..... 507-794-9501**  
201 Burnside St. SE  
Sleepy Eye, MN 56085
- Sleepy Eye Golf Club ..... 507-794-5249**  
27898 US Highway 14 W  
Sleepy Eye, MN 56085
- Sleepy Eye Park & Recreation..... 507-794-6900**  
**Springfield Community Education ..... 507-723-4286**  
12 So. Burns Avenue  
Springfield, MN 56087



**Springfield Community Swimming Pool ..... 507-723-3516**  
Riverside Park  
Springfield, MN 56087

**Springfield Golf Club..... 507-723-5888**  
651 S O'Connell Ave  
Springfield, MN 56087

**Springfield Lanes & Pro Shop..... 507-723-5616**  
7 N. Cass Ave.  
Springfield, MN 56087

**St. James Community Education..... 507-375-4517**  
500 3rd Avenue S., P.O. Box 509  
St. James, MN 56081

**St. James Golf Course ..... 507-375-7484**  
Highway 60 E.  
St. James, MN 56081

**St. James Municipal Pool ..... 507-375-1271**

**Vogel Fieldhouse/Indoor Pool ..... 507-359-8347**  
122 S. Garden St.  
New Ulm, MN 56073

Additional information can also be found on school district websites and chamber of commerce websites.

## THRIFT STORES

Thrift stores sell new and gently used clothing, housewares, and small furniture.

**For more information on thrift stores contact:**

**AGAIN Thrift & More..... 507-359-8009**

**1607 S. Broadway  
New Ulm, MN 56073**

**Enterprise Thrift Shoppe ..... 507-642-3660**

**6 E. Main  
Madelia, MN 56062**

**MRCI Bargains ..... 507-354-3289**

**1702 Westridge Road  
New Ulm, MN 56073**

**Next Tu Nu II..... 507-794-5881**

**205 Main St. E.  
Sleepy Eye, MN 56085**

**Treasure House Inc ..... 507-354-6108**

**1209 S. Broadway  
New Ulm, MN 56073**

Treasure Hunt Thrift Shop ..... 507-375-4100  
302 Tiell Dr.  
St. James, MN 56081

## TRANSPORTATION

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

**For more information on transportation contact:**

### Driver's License Road & Knowledge Test Sites

Drivers' License Exam Station ..... 507-237-4070  
400 Court Avenue  
Gaylord, MN 55334

Driver's License Exam Station ..... 507-359-6570  
1900 N. Franklin St.  
New Ulm, MN 56073

Driver's License Exam Station ..... 507-375-1219  
Watonwan County Courthouse  
710 Second Avenue S.  
St. James, MN 56081

## **Transportation Services**

**AmeriCare Mobility Van** ..... 507-625-6741  
350 Poplar Street ..... 1-800-963-7233  
Mankato, MN 56001  
(Non-emergency medical transportation for individuals with disabilities)

**Brown County Heartland Express** ..... 1-800-707-2717  
1900 N. Franklin ..... 507-359-2717  
New Ulm, MN 56073

**National Run Away Safeline** ..... 1-800-RUN-AWAY

**New Ulm Taxi** ..... 507-354-6319

**Take-Me-There (T-M-T)** ..... 507-375-7385  
1304 7<sup>th</sup> Avenue S.  
St. James, MN 56032

**Trailblazer Transit**..... 1-888-743-3828  
207 W. 11th Street  
Glencoe, MN 55336

**Wheel Get There –MVAC**..... 507-345-0446  
706 N. Victory Drive  
Mankato, MN 56001  
(Cars/car loans)

## YOUTH ORGANIZATIONS

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

**For more information on youth organizations contact:**

**4H Brown Co. Extension..... 507-794-7993**

**300 2<sup>nd</sup> Ave. SW**

**Sleepy Eye, MN 56085-1402**

**4H Sibley Co. Extension ..... 507-237-4100**

**111 8<sup>th</sup> Street, P.O. Box 207**

**Gaylord, MN 55334**

**4H Watonwan Co. Extension ..... 507-375-1275**

**108 8<sup>th</sup> Street S., Suite 1**

**St. James, MN 56031-0068**

**Boy Scouts of America ..... 507-387-3123**

**810 Madison Avenue**

**Mankato, MN 56001**

**Girl Scouts River Valleys ..... 507-625-7474**

**1-800-845-0787**

## **YOUTH ORGANIZATIONS (cont.)**

**Healthy Communities/Healthy Youth ..... 507-354-8632**

**125 S. Broadway**

**New Ulm, MN 56073**

**Brown County Area Youth Council ..... 507-354-8632**

**125 S. Broadway**

**New Ulm, MN 56073**

**Watonwan County Youth Council**

**St. James/Butterfield ..... 507-375-4517**

**Madelia ..... 507-647-3232**

## **YOUTH SERVICES**

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: [www.211.org](http://www.211.org) (or call 1-800-543-7709) for information on services that will meet your specific need.

**For more information on youth services contact:**

**Brown County Family Services ..... 507-359-6500**

**1117 Center Street**

**New Ulm, MN 56073**

<b>Families First Collaborative.....</b>	<b>507-359-6537</b>
<b>1117 Center Street</b>	
<b>New Ulm, MN 56073-0543</b>	
<b>Life-Work Planning Center .....</b>	<b>507-345-1577</b>
<b>201 N. Broad Street, Suite 100</b>	<b>1-800-369-5166</b>
<b>Mankato, MN 56001</b>	
<b>Lutheran Social Service.....</b>	<b>507-381-6670</b>
<b>710 S. 2nd Street</b>	<b>1-888-577-2227</b>
<b>Mankato, MN 56001</b>	
<b>(Independent living skills)</b>	
<b>Madelia Area Integration Collaborative .....</b>	<b>507-642-3232</b>
<b>320 Buck Avenue S.E.</b>	<b>x 204</b>
<b>Madelia, MN 56062</b>	
<b>MN Valley Action Council – Brown Co.....</b>	<b>507-354-3138</b>
<b>1618 S. Broadway, Suite 203</b>	<b>1-800-767-7139</b>
<b>New Ulm, MN 56073</b>	
<b>(Must be income eligible)</b>	
<b>MN Valley Action Council – Sibley Co. ....</b>	<b>507-237-2981</b>
<b>110 6<sup>th</sup> Street</b>	<b>1-800-767-7139</b>
<b>Gaylord, MN 55334-0087</b>	
<b>(Must be income eligible)</b>	

## **YOUTH SERVICES (cont.)**

**MN Valley Action Council – Watonwan Co..... 507-375-5748**  
**705 2<sup>nd</sup> Avenue S. 1-800-767-7139**  
**St. James, MN 56081**  
**(Must be income eligible)**

**Pro Kinship for Kids National Mentoring Program ..... 507-359-2445**  
**1400 S. State Street**  
**New Ulm, MN 56073**

**Sibley County Children’s Collaborative ..... 507-237-4000**  
**111 Eighth Street 1-866-396-9965**  
**Gaylord, MN 55334**

**Sibley County Public Health & Human Services ..... 507-237-4000**  
**111 8<sup>th</sup> Street**  
**Gaylord, MN 55334-0237**

**SMILES Center for Independent Living ..... 507-354-7106**  
**1618 S. Broadway**  
**New Ulm, MN 56073**

**Vocational Rehabilitation Services ..... 507-389-6099**  
**12 Civic Center Plaza #1600C**  
**Mankato, MN 56001**  
**(Individuals with disabilities)**



**Watonwan County Family Services Collaborative ..... 507-375-5974**  
**500 3rd Avenue S.**  
**P.O. Box 509**  
**St. James, MN 56081**

## NOTES

The funding to print the youth directory was made available through the MN Disability Employment Initiative.



**This Directory  
will help you find  
information about:**

**Child Care  
Counseling  
Disability Services  
Education  
Employment  
Food & Nutrition  
Health Services**

**Housing Programs  
Libraries  
Recreation  
Thrift Stores  
Transportation  
Youth Organizations  
Youth Services**

**Artwork on cover  
provided by:  
Mallorie Malenke  
South Central College**

**Scan this QR code with your smartphone to link to the youth  
directory online.**

