



# YOUTH DIRECTORY

FOR  
LE SUEUR  
AND WASECA  
COUNTIES

# Table of Contents

CHILD CARE .....	4
COUNSELING .....	6
Counseling – Chemical Dependency .....	8
Counseling and Mental Health Services .....	8
Counseling – Domestic Abuse/Sexual Assault .....	11
Counseling – Financial .....	11
Counseling – Gambling .....	12
Counseling – Legal .....	12
Counseling – Pregnancy/Parenting .....	13
Counseling – Suicide Prevention .....	15
Counseling – Support Groups .....	15
DISABILITY SERVICES .....	17
EDUCATION .....	22
EMPLOYMENT .....	25
FOOD & NUTRITION .....	28
HEALTH SERVICES .....	31
HOUSING PROGRAMS .....	35
LIBRARIES .....	37
RECREATION AND LEISURE .....	40
THRIFT STORES .....	43
TRANSPORTATION .....	45
YOUTH ORGANIZATIONS .....	47
YOUTH SERVICES .....	48

# INTRODUCTION

This directory is a listing of resources for youth in Le Sueur and Waseca counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Michelle Forliti, Minnesota Valley Action Council  
Heather Gleason, South Central WorkForce Council  
Jeannie Meidlinger, South Central College  
Glenn Morris, South Central Service Cooperative  
Heather Sellner, Mankato Area Public Schools  
Deanna Steffensmeier, Vocational Rehabilitation Services

**For more information on area resources, contact United Way 2-1-1 at 211 or 1-800-543-7709, or on-line at [www.211.org](http://www.211.org). You can also find resources at [minnesotahelp.info](http://minnesotahelp.info).**

**If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at 507-345-2418.**

**This directory is also available online at [www.workforcecouncil.org/youth-council/projects/youth-directories/](http://www.workforcecouncil.org/youth-council/projects/youth-directories/)**

## CHILD CARE

---

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

### **For more information on child care contact:**

---

<b>Parent Aware</b>	<b>888-291-9811</b>
---------------------	---------------------

---

### Early Childhood Family Education

---

<b>Cleveland</b>	<b>507-931-5953</b>
------------------	---------------------

---

<b>Le Center</b>	<b>507-357-4421</b>
------------------	---------------------

---

<b>Le Sueur</b>	<b>507-665-4630</b>
-----------------	---------------------

---

<b>New Prague</b>	<b>952-758-1733</b>
-------------------	---------------------

---

<b>St. Peter</b>	<b>507-934-3048</b>
------------------	---------------------

---

---

<b>Tri-City United</b>	<b>507-364-8116</b>
------------------------	---------------------

---

<b>Waseca</b>	<b>507-835-2222</b>
---------------	---------------------

---

<b>Waterville-Elysian-Morristown</b>	<b>507-362-4403</b>
--------------------------------------	---------------------

---

---

<b>Le Sueur County Human Services</b>	<b>507-357-8288</b>
---------------------------------------	---------------------

88 S. Park Avenue  
Le Center, MN 56057

---

<b>Minnesota Prairie County Alliance</b>	<b>507-837-6600</b>
--	---------------------

299 Johnson Ave. SW  
Waseca, MN 56093

---

## **Child Care – Centers**

---

<b>Building Blocks</b>	<b>507-665-9919</b>
------------------------	---------------------

890 Kingsway Dr.  
Le Sueur, MN 56058

---

<b>Elm Care</b>	<b>507-835-1146</b>
-----------------	---------------------

900 4th St. SW  
Waseca, MN 56093

<b>Grace Garden</b> 300 E. Elm Ave Waseca, MN 56093	<b>507-835-1709</b>
<b>Growing in Grace Child Care Center</b> 719 E. Ferry Street Le Sueur, MN 56058	<b>507-665-0054</b>
<b>Hansel &amp; Gretel Preschool</b> 801 4th Ave NE Waseca, MN 56093	<b>507-833-2063</b>
<b>Sacred Heart Children's House</b> 308 West Elm Ave. Waseca, MN 56093	<b>507-835-2780</b>

## COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

## **When do I need counseling?**

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay.

With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

## **For more information on counseling contact:**

## **Counseling – Chemical Dependency**

---

**Adolescent Treatment Center of Winnebago** **1-800-637-2460**

620 1st Avenue SW  
P.O. Box 278  
Winnebago, MN 56098

---

**Hazelden Betty Ford Foundation** **1-866-298-4931**

15251 Pleasant Valley Road  
Center City, MN 55012

---

**Mayo Clinic Health System – Fountain Centers** **507-377-6411**

408 W. Fountain Street  
Albert Lea, MN 56007

---

**1-888-999-2386**

---

**Mayo Clinic Health System – Fountain Centers** **507-625-3372**

1400 Madison Ave. Suite 326  
Mankato, MN 56001

---

**Mayo Clinic Health System – Fountain Centers** **507-451-0511**

215 S. Oak Ave.  
Owatonna, MN 55060

---

## **Counseling and Mental Health Services**

---

**Adult, Child and Family Services, LLC** **507-387-3777**

103 N. Broad Street  
Mankato, MN 56001



<b>Catholic Charities</b> 201 N. Broad St., Suite 100 Mankato, MN 56001	<b>507-387-5586</b>
<b>Counseling Services of Southern Minnesota</b> 1306 Marshall Street St. Peter, MN 56082	<b>507-931-8040</b>
<b>Fernbrook Family Center</b> 111 S. State St. Waseca, MN 56093	<b>507-201-2568</b>
<b>Leo Hoffmann Center, Inc.</b> 1715 Sheppard Drive, P.O. Box 60 St. Peter, MN 56082	<b>507-934-6122</b>
<b>Lutheran Social Service</b> 710 S. 2nd Street Mankato, MN 56001	<b>507-625-7660</b>
<b>Mankato Clinic - Main Street</b> 1230 E. Main Street Mankato, MN 56001	<b>507-625-1811</b>
<b>Mankato Psychology Clinic</b> 209 S. Second Street, Suite 306 Mankato, MN 56001	<b>507-387-1350</b>
<b>Mayo Clinic Health System - Albert Lea Medical Center</b> 404 W. Fountain Albert Lea, MN 56007	<b>507-373-2384</b> <b>1-888-999-2386</b>

---

**Minnesota Prairie County Alliance** 507-837-6600  
299 Johnson Ave. SW  
Waseca, MN 56093

---

**Philip Psychological Clinic** 507-345-5049  
526 S. Second Street, Suite 3  
Mankato, MN 56001

---

**Secure Base Counseling Center** 507-301-3412  
301 E. Main St.  
New Prague, MN 56071

---

**Sioux Trails Mental Health Center** 507-934-2652  
1301 Marshall Street 1-800-247-2809  
St. Peter, MN 56082

---

**South Central Crisis Center/Mobile Team** 507-344-0621 (info)  
521 Pfau Street 1-877-399-3040 (crisis)  
Mankato, MN 56001

---

**South Central Human Relations Center** 507-451-2630  
610 Florence Avenue 1-800-722-0590  
Owatonna, MN 55060

---

**South Central Human Relations Center** 507-835-7064  
204 2nd Street NW  
Waseca, MN 56093

---

## **Counseling – Domestic Abuse/Sexual Assault**

---

**Committee Against Domestic Abuse - CADA** 507-625-8688  
100 Stadium Court Crisis Line 1-800-477-0466  
P.O. Box 466  
Mankato, MN 56001

---

**CADA of Le Sueur/Sibley County** 507-237-5977  
223 4th Street 1-800-477-0466  
Gaylord, MN 55334

---

**CADA of Waseca County** 507-835-7828  
105 S. State St.  
Waseca, MN 56093

---

**Le Sueur County Human Services** 507-357-8288  
88 S. Park Avenue  
Le Center, MN 56057

---

## **Counseling – Financial**

---

**Catholic Charities** 507-387-5586  
201 N. Broad St., Suite 100  
Mankato, MN 56001

---

**Lutheran Social Service** 507-625-7660  
710 S. 2nd Street 1-888-577-2227  
Mankato, MN 56001

---

<b>University of MN Extension – Le Sueur Co</b> 88 S. Park Le Sueur, MN 56057	<b>507-357-8230</b>
---	---------------------

---

<b>University of MN Extension – Waseca Co</b> 900 3rd St. NE Waseca, MN 56093	<b>507-835-0600</b>
---	---------------------

---

### **Counseling – Gambling**

---

<b>Lutheran Social Service</b> 710 S. 2nd Street Mankato, MN 56001	<b>507-625-7660</b> <b>1-888-577-2227</b>
--	--

---

<b>Minnesota Gambling Hotline</b>	<b>1-800-333-HOPE</b>
-----------------------------------	-----------------------

---

### **Counseling – Legal**

---

<b>Southern MN Regional Legal Services</b> 12 Civic Center Plaza, Suite 3000 Mankato, MN 56001	<b>507-387-5588</b> <b>1-888-575-2954</b>
--	--

---

**Le Sueur County Attorney** **507-357-2278**  
65 S. Park Avenue  
Le Center, MN 56057

---

**Le Sueur County Victim Witness Program** **507-357-8512**  
88 S. Park Avenue  
Le Center, MN 56057

---

**Waseca County Attorney** **507-835-0520**  
307 N. State Street  
Waseca, MN 56093

---

### Counseling – Pregnancy/Parenting

---

**Birthright of Mankato** **507-387-7818**  
330 Stadium Road, Suite 201B National Hotline **1-800-550-4900**  
Mankato, MN 56001

---

**Catholic Charities** **507-387-5586**  
201 N. Broad St., Suite 100 **1-800-222-5859**  
Mankato, MN 56001

---

### Early Childhood Family Education

---

**Cleveland** **507-931-5953**

<b>Le Sueur</b>	<b>507-665-4630</b>
<b>New Prague</b>	<b>952-758-1733</b>
<b>St. Peter</b>	<b>507-934-3048</b>
<b>Tri-City United</b>	<b>507-364-8116</b>
<b>Waseca</b>	<b>507-835-5222</b>
<b>Waterville-Elysian-Morristown</b>	<b>507-362-4403</b>

---

**Exchange Club Center for Family Unit** **507-455-1190**  
 209 E. Main Street #1  
 Owatonna, MN 55060

---

**Help Me Grow Program** **507-835-2246**  
 501 E. Elm  
 Waseca, MN 56093

---

**Lutheran Social Service** **507-625-7660**  
 710 S. 2nd Street **1-888-205-3769**  
 Mankato, MN 56001

---

**Planned Parenthood of MN/ND/SD** **507-387-5581**  
 Belle Mar Center **1-800-230-7526**  
 201 N. Victory Dr., Ste. 211  
 Mankato, MN 56001

---

**Teenage Pregnancy & Parenting Program (TAPP)****507-387-3047**110 Fulton St.  
Mankato, MN 56001

---

**Counseling – Suicide Prevention**

---

**Yellow Ribbon Suicide Prevention****507-387-5020**SC MN Crisis Line **1-800-865-0606**National Crisis Line **1-800-784-2433**

---

**South Central Crisis Center Warm/Crisis Line****1-877-399-3040**

---

**Counseling – Support Groups**

---

Check with your local hospital for support groups for specific illnesses.

---

**Alcoholics Anonymous/Alanon – Le Center****507-357-4778**165 W. Ottawa Street  
Le Center, MN 56057

---

**Alcoholics Anonymous/Alanon/Alateen – Montgomery/  
New Prague****507-364-8016**

---

**Alcoholics Anonymous** 507-234-5842  
Waseca, MN 56093

---

**Cancer Support Group** 507-373-0941  
Mayo Clinic Health System – Albert Lea Medical Center  
404 Fountain Street – Lower Level  
Albert Lea, MN 56007

---

**Life-Work Planning Center** 507-345-1577  
127 S. 2nd St., Suite 210  
Mankato, MN 56001  
*Women in transition - personal growth & career development*

---

**Mayo Clinic Health System** 507-385-5725  
Cancer Support Group  
1025 Marsh Street  
Mankato, MN 56001

---

**Mayo Clinic Health System** 507-385-2691  
Support Group Programs

---

**Minnesota Brain Injury Force** 507-228-8161  
[www.mnbif.org](http://www.mnbif.org)

---

**NAMI** 507-317-3595  
National Alliance for the Mentally Ill  
P.O. Box 1175  
Mankato, MN 56001



## DISABILITY SERVICES

---

The National Collaborative on Workforce and Disability (NCWD) has identified Guideposts for Success based on what research tells us that all youth need to transition to adulthood including:

1. School-Based Preparatory Experiences
2. Career Preparation and Work Based Learning Experiences
3. Youth Development in Leadership
4. Connecting Activities
5. Family Involvement and Supports

There are many local resources available to help individuals with disabilities in these areas.

**For more information on disability services contact:**

## School-Based Preparatory Experiences

### Secondary

---

**Minnesota Valley Education District (MVED)** 507-934-5420  
811 Davis St.  
St. Peter, MN 56031

---

### Post-Secondary

---

**Bethany Lutheran College** 507-344-7431  
Student Support  
700 Luther Dr.  
Mankato, MN 56001

---

**Gustavus Adolphus College** 507-933-7027  
Disability Services  
Johnson Student Union 204  
St. Peter, MN 56031

---

**Minnesota State University - Mankato** 507-389-2825  
Office of Accessibility Resources  
132 Memorial Library  
Mankato, MN 56001

---

**Rasmussen College** 507-625-6556

Campus Accommodations Coordinator  
130 Saint Andrews Drive  
Mankato, MN 56001

---

**South Central College** 507-389-7339

Student Support Services  
1900 Lee Boulevard  
North Mankato, MN 56003

---

## Career Preparation and Work Based Learning Experiences

---

**Lifeworks** 507-625-7522

201 N. Victory Drive  
Mankato, MN 56001

---

**MN Valley Action Council - Le Sueur Co.** 507-357-4246

125 E Minnesota St. 1-800-767-7139  
Le Center, MN 56057

---

**MN Valley Action Council Waseca Co.** 507-835-8240

108 10th Ave. SE 1-800-767-7139  
Waseca, MN 56093

---

**MRCI WorkSource** 507-386-5659  
15 Map Drive  
Mankato, MN 56001

---

**Vocational Rehabilitation Services** 507-344-2622  
12 Civic Center Plaza, Suite 1600C  
Mankato, MN 56001

---

## **Connecting Activities**

---

**LEEP – Leisure Education for Exceptional People** 507-387-5122  
929 N. 4th Street  
Mankato, MN 56001

---

## **Family Involvement and Supports**

---

**AmeriCare Mobility Van** 507-625-6741  
703 S. 2nd St.  
Mankato, MN 56001

---

**ARC of Minnesota** 507-345-4223  
501 S. 2nd St.  
Mankato, MN 56001

<b>NAMI</b> National Alliance for the Mentally Ill P.O. Box 1175 Mankato, MN 56001	<b>507-317-3595</b>
<b>PACER</b> 8161 Normandale Blvd. Minneapolis, MN 55437	<b>1-800-537-2237</b>
<b>SMILES Center for Independent Living</b> 709 S. Front St. Suite 7 Mankato, MN 56001	<b>507-345-7139</b>
<b>SMILES Center for Independent Living</b> 505 S. State St. #6 Waseca, MN 56093	<b>507-833-1339</b>
<b>Social Security Administration</b> 12 Civic Center Plaza, Suite 1550 Mankato, MN 56001	<b>1-877-457-1734</b>
<b>State of MN Deaf and Hard of Hearing Services</b> 12 Civic Center Plaza, Suite 1670 Mankato, MN 56001	<b>507-344-2840</b>
<b>State Services for the Blind</b> 12 Civic Center Plaza, Suite 1600B Mankato, MN 56001	<b>507-344-2604</b>

# EDUCATION

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

**For more information on education contact:**

## Secondary Schools

<b>Cleveland High School</b>	<b>507-931-5953</b>
<b>Janesville-Waldorf-Pemberton HS</b>	<b>507-234-5181</b>
<b>Le Sueur-Henderson High School</b>	<b>507-665-5800</b>
<b>MN New Country School (Charter)</b>	<b>507-248-3353</b>
<b>New Richland-Hartland-Ellendale-Geneva HS</b>	<b>507-465-3205</b>
<b>Tri-City United High School</b>	<b>507-364-3061</b>

<b>Waseca Area Learning Center</b>	<b>507-835-5588</b>
<b>Waseca High School</b>	<b>507-835-5470</b>
<b>Waterville-Elysian-Morristown HS</b>	<b>507-362-4431</b>
<b>Ziebarth Alternative Learning Center</b>	<b>507-665-4640</b>

### **Post-Secondary Schools**

<b>Bethany Lutheran College</b>	<b>507-344-7000</b>
<b>Gustavus Adolphus College</b>	<b>507-933-8000</b>
<b>Martin Luther College</b>	<b>507-354-8221</b>
<b>Minnesota State University, Mankato</b>	<b>507-389-1866</b>
<b>Rasmussen College</b>	<b>507-625-6556</b>
<b>Riverland Community College</b>	Albert Lea <b>507-379-3300</b> Austin <b>507-433-0600</b> Owatonna <b>507-455-5880</b>
<b>South Central College</b>	Mankato <b>507-389-7200</b> Faribault <b>507-332-5800</b>

## Community Education

<b>Cleveland Community Education</b>	<b>507-931-5953</b>
<b>Janesville-Waldorf-Pemberton HS</b>	<b>507-231-7777</b>
<b>Le Sueur Adult Basic Education/GED</b>	<b>507-665-6244</b>
<b>Lincoln Community Center (GED Testing)</b>	<b>507-345-5222</b>
<b>New Prague Community Education</b>	<b>952-758-1734</b>
<b>New Richland-Hartland-Ellendale-Geneva HS</b>	<b>507-417-2667</b>
<b>St. Peter Adult Basic Education/GED</b>	<b>507-934-3048</b>
<b>Tri-City United Community Education</b>	<b>507-364-8107</b>
<b>Waseca Community Education</b>	<b>507-835-5626</b>
<b>Waterville-Elysian-Morristown Community Ed</b>	<b>507-362-4403</b>

## Head Start

<b>MN Valley Action Council – Le Sueur County</b> 125 E. Minnesota Street Le Center 56057	<b>507-357-4246</b>
<b>MN Valley Action Council – Waseca County</b> 108 10th Ave. SE Waseca 56093	<b>507-835-8240</b>



## Job Corps

**Humphrey Job Corps Center**  
1480 N. Snelling Avenue  
St. Paul, MN 55108

**651-642-1133**  
**1-800-733-5627**

## EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can baby-sit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local WorkForce Center can provide information on completing applications, resumes, and interviews (see [www.mnwfc.org](http://www.mnwfc.org)). To see available jobs go to [minnesotaworks.net](http://minnesotaworks.net).

## For more information on employment contact:

---

<b>Fairmont WorkForce Center</b> 400 S. State St., Suite 180 Fairmont, MN 56031	<b>507-235-5518</b>
---	---------------------

---

<b>Faribault WorkForce Center</b> 201 S. Lyndale Avenue, Suite 1 Faribault, MN 55021	<b>507-333-2047</b>
--	---------------------

---

<b>Mankato WorkForce Center</b> 12 Civic Center Plaza, Suite 1600A Mankato, MN 56001	<b>507-344-2622</b>
--	---------------------

---

<b>MN Valley Action Council – Le Sueur Co</b> 125 E. Minnesota Street Le Center, MN 56057	<b>507-357-4246</b>
---	---------------------

---

<b>MN Valley Action Council – Waseca Co</b> 108 10th Ave. SE Waseca, MN 56093	<b>507-835-8240</b>
---	---------------------

---

<b>New Ulm WorkForce Center</b> 1618 S. Broadway, Suite 203 Mankato, MN 56001	<b>507-354-3138</b>
---	---------------------

---

<b>Owatonna WorkForce Center</b> 965 Alexander Dr. SW Owatonna, MN 55060	<b>507-431-2275</b>
--	---------------------

---

## **Staffing Agencies**

---

**Doherty Staffing** 507-665-3720

113 N. Main St.  
Le Sueur, MN 56058

---

**Doherty Staffing** 507-387-5009

1400 Madison Ave., Suite 332  
Mankato, MN 56001

---

**Express Employment Professionals** 507-387-5620

113 Monroe Ave.  
North Mankato, MN 56003

---

**Jeane Thorne** 507-625-8800

1600 Madison Ave. Suite 104  
Mankato, MN 56001

---

**People Ready** 507-344-0600

210 E. Walnut St. Suite 100  
Mankato, MN 56001

---

**Manpower** 507-345-4201

111 Star St. Suite 110  
Mankato, MN 56001

---

**Masterson Staffing Solutions** 507-625-3600

612 N. Victory Drive  
Mankato, MN 56001

---

**Spherion****507-387-2200**

709 S. Front St. Suite 2  
Mankato, MN 56001

---

**TEAM Personnel****507-720-6556**

121 E. Main St. Suite 301  
Mankato, MN 56001

---

**Volt****507-304-6514**

1985 Lookout Drive  
North Mankato, MN 56003

---

## FOOD & NUTRITION

---

Eating nutritious food is essential to proper growth and good health. There are many programs that provide access to food, a healthful diet and nutrition education.

**For more information on food and nutrition contact:**

---

**Cleveland Food Shelf****507-931-5989**

Township Hall Basement  
Cleveland, MN 56017

<b>Food @ Faith</b> Faith United Methodist Church 801 4th Ave. NE Waseca, MN 56093	<b>507-835-3167</b>
<b>Grace Lutheran Church</b> 300 Elm Ave Waseca, MN 56093	<b>507-835-1709</b>
<b>Janesville Community Food Shelf</b> 418 N. Main Janesville, MN 56048	<b>507-234-5189</b>
<b>Le Center Food Shelf</b> 15 S. Park Avenue Le Center, MN 56057	<b>507-357-4076</b>
<b>Le Sueur County Human Services</b> 88 S. Park Avenue Le Center, MN 56057	<b>507-357-8288</b>
<b>Le Sueur Food Shelf</b> 890 Kingsway Drive (mailing) 427 S. 5th St. (pick-up/donations) Le Sueur, MN 56058	<b>507-665-6393</b>
<b>Minnesota Prairie County Alliance</b> 299 Johnson Ave. SW Waseca, MN 56093	<b>507-837-6600</b>

<b>Montgomery Food Shelf</b> 105 3rd Street NW Montgomery, MN 56069	<b>507-364-7321</b>
<b>New Richland Food Shelf</b> Trinity Lutheran Church 204 NW 1st Street New Richland, MN 56072	<b>507-465-3635</b>
<b>Second Harvest Heartland - Le Sueur Co</b>	<b>1-888-339-3663</b>
<b>Simply Good Eating - Waseca Co</b>	<b>507-835-0602</b>
<b>University of MN Extension - Le Sueur Co.</b> 88 S. Park Avenue Le Center, MN 56057	<b>507-357-8230</b>
<b>University of MN Extension - Waseca Co.</b> 900 3rd St. NE Waseca, MN 56093	<b>507-835-0600</b>
<b>Waseca Area Neighborhood Service Center</b> Food Shelf 113 2nd Avenue NW Waseca, MN 56093	<b>507-833-4022</b>
<b>Waterville/Elysian Food Shelf</b> 132 E. Main Street Elysian, MN 56028	<b>507-267-4486</b>

---

**Women, Infants & Children – Le Sueur Co****507-357-8246**88 South Park Avenue  
Le Center, MN 56057

---

**Women, Infants & Children – Waseca Co****507-835-0685**299 Johnson Avenue SW, Suite 160  
Waseca, MN 56093

---

## HEALTH SERVICES

---

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parents' permission? Also check with your school nurse.

**For more information on health services contact:**

## **Public Health Clinics**

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

---

<b>Le Sueur County Public Health</b>	<b>507-357-2251</b>
--------------------------------------	---------------------

88 South Park Avenue  
Le Center, MN 56057

---

<b>Waseca County Public Health</b>	<b>507-835-0646</b>
------------------------------------	---------------------

299 Johnson Ave SW Suite 160  
Waseca, MN 56093

---

## **Medical Clinics/Hospitals**

---

<b>Le Sueur Medical Clinic</b>	<b>507-665-4017</b>
--------------------------------	---------------------

500 N. Main Street  
Le Sueur, MN 56058

---

<b>Mankato Clinic - Daniels Health Center</b>	<b>507-934-2325</b>
---	---------------------

1901 N. Old Minnesota Ave.  
St. Peter, MN 56082

---

<b>Mankato Clinic - Main Street</b>	<b>507-625-1811</b>
-------------------------------------	---------------------

1230 E. Main Street  
Mankato, MN 56001



---

**Mayo Clinic Health System – Mankato** 507-625-4031  
1025 Marsh Street 1-800-327-3721  
Mankato, MN 56001 (appointments) 1-877-412-7575

---

**Mayo Clinic Health System – Northridge Clinic** 507-385-5700  
1695 LorRay Drive (appointments) 1-877-412-7575  
North Mankato, MN 56003

---

**Mayo Clinic Health System – Janesville** 507-231-5118  
312 N. Main Street (appointments) 1-877-412-7575  
Janesville, MN 56048

---

**Mayo Clinic Health System – Le Sueur** 507-665-6299  
625 S. 4th Street (appointments) 1-877-412-7575  
Le Sueur, MN 56058

---

**Mayo Clinic Health System – Montgomery** 507-364-5600  
501 Fourth Street NW (appointments) 1-952-758-9355  
Montgomery, MN 56069

---

**Mayo Clinic Health System – New Prague Clinic** 952-758-4461  
212 County Road 37 (appointments) 1-952-758-9355  
New Prague, MN 56071

---

**Mayo Clinic Health System – New Prague Hospital** 952-758-4431  
301 Second St. NE 1-800-584-6667  
New Prague, MN 56071 (appointments) 1-952-758-9355

---

**Mayo Clinic Health System – New Richland** 507-465-3216  
318 1st Street SW  
New Richland, MN 56072

---

**Mayo Clinic Health System – St. Peter** 507-507-931-2110  
1900 Sunrise Drive, Suite 200 (appointments) 1-877-412-7575  
St. Peter, MN 56082

---

**Mayo Clinic Health System – Waseca** 507-835-1210  
501 N. State Street (appointments) 1-877-412-7575  
Waseca, MN 56093

---

**Mayo Clinic Health System – Waterville** 507-362-4221  
212 E. Lake Street (appointments) 1-877-412-7575  
Waterville, MN 56096

---

**Open Door Health Center** 507-388-2120  
309 Holly Lane  
Mankato, MN 56001

---

**Rivers Edge Hospital & Clinic** 507-931-2200  
1900 N. Sunrise Drive  
St. Peter, MN 56082

---

**Student Health Services/Medical Clinic** 507-389-6276  
Minnesota State University – Mankato  
21 Carkoski Commons  
Mankato, MN 56001

---

# HOUSING PROGRAMS

---

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

- Maximum Rent/Mortgage Payment
- Type of lease
- Space needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security systems
- Cost of utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- "Apartments" in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

**For more information on local housing programs contact:**

---

**Habitat for Humanity**

1730 Bassett Drive  
Mankato, MN 56001

**507-388-2081**

---

**Salvation Army & Food Shelf** 507-364-7321  
105 3rd St. NW  
Montgomery, MN 55069

---

**Minnesota Housing Finance Agency** 651-296-7608

---

**Minnesota Valley Action Council - Le Sueur Co** 507-357-4246  
125 E. Minnesota Street  
Le Center, MN 56057  
*Must be income eligible*

---

**Minnesota Valley Action Council - Waseca Co** 507-835-8240  
108 10th Ave. SE  
Waseca, MN 56093  
*Must be income eligible*

---

**Partners for Affordable Housing** 507-387-2115  
151 Good Counsel Drive, Suite 130  
Mankato, MN 56001  
*Transitional housing*

---

**Salvation Army** 507-345-7840  
700 S. Riverfront Drive.  
Mankato, MN 56001

---

**Salvation Army of Waseca & Steele Co.** 507-455-2023  
1810 Cedar Ave.  
Owatonna, MN 55060

---

**Section 8 Rental Assistance****1-800-767-7139**

Minnesota Valley Action Council  
706 N. Victory Drive  
Mankato, MN 56001

---

**South Central MN Multi-County HRA****507-345-1977**

422 Belgrade Ave. Suite 102  
North Mankato, MN 56003

---

**1-800-733-9564****The REACH Drop-In Center****507-381-6670**

Lutheran Social Service  
125 E. Liberty St.  
Mankato, MN 56001

*Homeless youth*

---

## LIBRARIES

---

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

**For more information on libraries contact:**

<b>Blue Earth County Library</b> 100 E. Main Street Mankato, MN 56001	<b>507-304-4001</b>
<b>Elysian Public Library</b> 106 West Main Street Elysian, MN 56028	<b>507-267-4411</b>
<b>Henderson Public Library</b> 110 S. 6th Street Henderson, MN 56044	<b>507-248-3880</b>
<b>Janesville Public Library</b> 100 W. 2nd Street Janesville, MN	<b>507-234-6605</b>
<b>Le Center Public Library</b> 10 W. Tyrone Street Le Center, MN 56057	<b>507-357-6792</b>
<b>Le Sueur Public Library</b> 118 E. Ferry Street Le Sueur, MN 56058	<b>507-665-2662</b>
<b>Montgomery Public Library</b> 104 Oak Avenue SE Montgomery, MN 56069	<b>507-364-7615</b>
<b>New Prague Public Library</b> 400 Main Street E. New Prague, MN 56071	<b>952-758-2391</b>

---

**New Richland Public Library** 507-465-3708  
129 S. Broadway  
New Richland, MN 56072

---

**North Mankato Taylor Public Library** 507-345-5120  
1001 Belgrade Avenue  
North Mankato, MN 56003

---

**St. Peter Public Library** 507-934-7420  
601 S. Washington Avenue  
St. Peter, MN 56003

---

**Waldorf Public Library** 507-239-2248  
119 S. Main Street  
Waldorf, MN 56091

---

**Waseca-Le Sueur Regional Library – Waseca** 507-835-2910  
408 N. State Street  
Waseca, MN 56093

---

**Waterville Public Library** 507-362-8462  
210 E. Paquin Street  
Waterville, MN 56096

---

## **Library Systems**

---

**SMILE Library System** 507-625-7555

---

**Traverse Des Sioux Library System** 507-625-6169

---

## RECREATION AND LEISURE

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

**For more information on recreation and leisure contact:**

---

<b>300 Club Bowling Alley</b>	<b>507-665-6015</b>
504 N. Main Street Le Sueur, MN 56058	

---

<b>Cleveland Community Education</b>	<b>507-931-5953</b>
400 6th St Cleveland, MN 56017	

---

<b>Hoot Lanes</b>	<b>507-362-4625</b>
204 Hwy. 13 North Waterville, MN 56096	

---

<b>Janesville Bowl</b>	<b>507-231-5247</b>
307 N. Minnesota Janesville, MN 56048	

*September - May only*



<b>Janesville Community Education</b> 110 E. 3rd Janesville, MN 56048	<b>507-234-5181</b>
<b>Le Center Swimming Pool</b> 205 E. Derrynane Street Le Center, MN 56057	<b>507-357-6344</b>
<b>Le Sueur Community Center</b> 821 E. Ferry Street Le Sueur, MN 56058	<b>507-665-3325</b>
<b>Le Sueur Community Education</b> 821 E. Ferry Street Le Sueur, MN 56058	<b>507-665-4620</b>
<b>Tri-City United Community Ed</b> 101 2nd St. NE Montgomery, MN 56069	<b>507-364-8110</b>
<b>Montgomery National Golf Club</b> 900 Rogers Drive Montgomery, MN 56069	<b>507-364-5602</b>
<b>New Prague Community Ed</b> 420 Central Avenue N. New Prague, MN 56071	<b>952-758-1734</b>

<b>New Richland-Hartland-Ellendale-Geneva</b> Community Education 600 School St. Ellendale, MN 56026	<b>507-684-3107</b>
<b>PLA-Mor Lanes</b> 314 First Street S. Montgomery, MN 56069	<b>507-364-7762</b>
<b>Prairie Ridge Golf Course</b> 2000 N. Main St. Janesville, MN 56048	<b>507-234-5505</b>
<b>Waseca Arts Center</b> 200 N. State St. Waseca, MN 56093	<b>507-835-1701</b>
<b>Waseca Community Arena</b> 1501 2nd Street NW Waseca, MN 56093	<b>507-835-3251</b>
<b>Waseca Community Education</b> 501 E. Elm Avenue Waseca, MN 56093	<b>507-835-5626</b>
<b>Waseca Water Park</b> 200 26th Ave. NE Waseca, MN 56093	<b>507-833-0210</b>

---

**Waterville-Elysian-Morristown****507-362-4403**

Community Education

500 E. Paquin

Waterville, MN 56096

---

Additional information can also be found on school district and chamber of commerce websites.

## THRIFT STORES

---

Thrift stores sell new and gently used clothing, housewares, and small furniture.

**For more information on thrift stores contact:**

---

**Barrels of Hope****507-412-9871**

210 Lake Street W

Waterville, MN 56096

---

**Common Thread****507-362-4227**

126 2nd Street S

Waterville, MN 56096

<b>Hands of Friendship</b> 27980 Koeper Ave NE New Prague, MN 56071	<b>952-758-5114</b>
<b>Lady Bug Thrift Store</b> 116 Broadway Ave S. New Richland, MN 56072	<b>507-463-3443</b>
<b>Peace Center</b> 313 Columbus Ave. N New Prague, MN 56071	<b>952-758-4688</b>
<b>Simply Saved Thrift Store</b> 107 W. 1st St. Janesville, MN 56048	
<b>St. Mary's Thrift Store</b> 69 E. Minnesota St. Le Center, MN 56057	<b>507-341-4236</b>
<b>Treasures in Town</b> 206 S. Main St. Le Sueur, MN 56058	<b>612-423-3583</b>
<b>Waseca Area Neighborhood Service Center</b> Thrift Store 203 Third Avenue NW Waseca, MN 56093	<b>507-833-4119</b>

# TRANSPORTATION

---

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

**For more information on transportation contact:**

## Driver's License Road & Knowledge Test Sites

---

<b>Driver's Exam Station</b>	<b>507-357-2251</b>
Courthouse	
88 S. Park Avenue	
Le Center, MN 56057	

---

<b>Driver's Exam Station</b>	<b>507-835-0625</b>
County East Annex Building	
300 N. State Street	
Waseca, MN 56093	

---

## Transportation Services

---

<b>AmeriCare Mobility Van</b>	<b>507-625-6741</b>
703 S. 2nd St.	<b>1-800-963-7233</b>
Mankato, MN 56001	

*Non-emergency medical transportation for individuals with disabilities*

---

**Minnesota River Valley Transit** 507-665-6211  
601 S. Fifth Street  
Le Sueur, MN 56058

---

**National Run Away Safeline** 1-800-RUN-AWAY  
*Must be youth initiated between the ages 12-20*

---

**SMART Bus** 855-762-7821  
105 3rd Ave. NE  
Waseca, MN 56093

---

**Waseca Transportation Project** 507-835-4551  
308 N. State Street  
Waseca, MN 56093

---

**Wheel Get There - MVAC** 507-345-0446  
706 N. Victory Drive  
Mankato, MN 56001  
*Cars/car repair assistance*

---

## YOUTH ORGANIZATIONS

---

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

**For more information on youth organizations contact:**

---

**4-H University of MN Extension – Le Sueur Co.** **507-357-8230**

88 S. Park Avenue  
Le Center, MN 56057-1620

---

**4-H University of MN Extension – Waseca Co.** **507-835-0600**

900 3rd St. NE  
Waseca, MN 56093-2933

---

**Boy Scouts of America** **507-387-3123**

810 Madison Avenue  
Mankato, MN 56001

---

**Girl Scouts River Valleys** **507-720-6456**

1-800-845-0787

---

## YOUTH SERVICES

---

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: [www.211.org](http://www.211.org) (or call 1-800-543-7709) for information on services that will meet your specific need.

### For more information on youth services contact:

---

<b>Le Sueur County Social Services</b>	<b>507-357-8288</b>
--	---------------------

88 S. Park Avenue  
Le Center, MN 56057

---

<b>Life-Work Planning Center</b>	<b>507-345-1577</b>
----------------------------------	---------------------

127 S. 2nd St., Suite 210  
Mankato, MN 56001

---

<b>Lutheran Social Service</b>	<b>507-381-6670</b>
--------------------------------	---------------------

710 S. 2nd Street  
Mankato, MN 56001

---

*Independent living skills*

---

<b>Minnesota Prairie County Alliance</b>	<b>507-837-6600</b>
--	---------------------

299 Johnson Ave. SW  
Waseca, MN 56093

---

<b>MN Valley Action Council – Le Sueur Co.</b>	<b>507-357-4246</b>
--	---------------------

125 E. Minnesota St.  
Le Center, MN 56057

---



---

<b>MN Valley Action Council – Waseca Co.</b>	<b>507-835-8240</b>
108 10th Ave. SE	<b>1-800-767-7139</b>
Waseca, MN 56093	

---

<b>SMILES Center for Independent Living</b>	<b>507-833-1339</b>
505 S. State St. #6	
Waseca, MN 56093	

---

<b>Vocational Rehabilitation Services</b>	<b>507-344-2622</b>
12 Civic Center Plaza #1600C	
Mankato, MN 56001	

---

*Individuals with disabilities*

---

# NOTES

---



## **This Directory will help you find information about:**

Child Care	Housing Programs
Counseling	Libraries
Disability Services	Recreation
Education	Thrift Stores
Employment	Transportation
Food & Nutrition	Youth Organizations
Health Services	Youth Services

**Artwork on cover  
provided by:  
Alyssa Lynch  
South Central College**

**Scan this QR code with your smartphone  
to link to the youth directory online.**

